John Paul College & Partner Parish Primary Schools

Biennial Conference 2015

Parent Information Evening

Monday May 4th 6.30 - 8.00pm
rsvp: email casr@jpc.vic.edu.au by Thursday April 30th
Venue: (tbd) - either Ngargee Centre or Kealy Centre - dependent on numbers

Mental Health & Wellbeing

Michael Carr-Gregg

presents

"The Ten Most Important Things you Should Tell your Children to Build Resilience and Happiness"

Dr Michael Carr-Gregg is one of Australia's highest profile psychologists who specialises in the area of parenting adolescents and adolescent mental health. He sits on the Board of the Young and Well Cooperative Research Centre and is the Parenting expert for Channel 7’s top rating Sunrise and Morning Show, a columnist for Girlfriend Magazine and Psychologist on 3AW's Morning Show. Michael founded the world's first national teenage cancer patients support group, CanTeen. He was a founding member of the National Centre Against Bullying. He has worked in private practice as a family therapist, child psychologist and adolescent clinical psychologist, and as an academic and researcher.