Year 1/2 excursion to the Botanical Gardens and the Shrine of Remembrance.

FROM THE PRINCIPAL

Dear Families,

Bookings will close at 10.00am on Tuesday 21st June.

Go to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) and enter the code 94d9y. Enter your details, choose teachers and choose your time. An email will be sent to you once you have finished your booking.

Circus Change
From next week 1/2DO and 1/28 will have Little Devils Circus on Wednesday and 1/2FG & 1/2DL will have it on Thursday.
Hello All from Ireland.
We arrived in a cool Dublin last Thursday and continued to walk the streets. The people were friendly and we visited the sites of particular note including the historical sites of St Patrick's Cathedral a Church of Ireland where Saint Patrick who converted to Catholicism baptised converts. Trinity College a current university where the long room (old library) was used in a Star Wars movie as the Jedi library! And of course we had to visit the Guinness factory and learn how to pour a Guinness. While Dublin had more history than Melbourne it did remind me a little bit of Melbourne.

Next we picked up a car and started our tour of Ireland. We replaced our walking shoes for driving. A long drive to Cork via Kilkenny and our first look at the countryside. I now know why green is the colour of Ireland as the countryside is a beautiful lush green. Stayed at a really cute B&B in Cork. It was also near the Blarney Castle which was where one of the Harry Potter films was filmed. We kissed the Blarney Stone at the top of blarney castle and according to legend, kissing the stone endows the kisser with the gift of the gab (great eloquence or skill at flattery). Blarney is said to be something more than mere flattery. It is flattery sweetened by humour and flavoured by wit. We shall see how it impacts on my conversation.

We left Cork and drove the coast road around the beautiful ring of Kerry. All day driving then headed to Dingle for the night, a seaside village where a dolphin named Fungi visits each day since 1986.

Then onto Galway around more beautiful seaside scenery, crossing the river Shannon on a ferry and onto the truly breathtaking Cliffs of Moher which we viewed in clouds, rain & sunshine!

On the road early from Galway we headed to the home of my ancestors and the famous O'Donnell clan in Donegal. Our historic Castle sits in the middle of this quaint small town. While we couldn’t stay at our castle as it is purely an historic sight we did lash out and stay at our own castle. A former castle rebuilt as a hotel which has links back to the O'Donnells. We stayed at Solis Lough Eske Castle a beautiful hotel with it’s own lock.

Today Thursday we finish our tour of Ireland with a long drive back to Dublin to fly to a warm Barcelona in Spain.

Will touch base next week! Sláinte (Irish for cheers) from Ireland

Mr O'Donnell
Teaching Kids to be problem solvers

One important area that is vital to help children become more resilient is to help them become ‘problem solvers’. If children can solve their own problems their confidence grows as they realise that they are able to cope with anything that comes their way. If children don’t get the opportunity to solve their own problems, they can form a belief that they are not capable of coping with struggles. Once children solve a problem independently they remember this for the rest of their lives and take this learning to new and more difficult situations. Below is a list of suggestions to help your child solve problems.

HELPING CHILDREN TO BECOME PROBLEM SOLVERS!

• If your child is faced with a problem, sort through possibilities together by asking questions.
• Ask “what could you do?” “What would happen if you did this?…”
• Let them try out possibilities on their own first – give them the chance to try out their solutions even if you know they may not work!
• Treat difficulties as though you are both trying to solve it together.
• Discuss situations together by using reflective listening (“it sounds as though you had a tough day today”)
• Let children discover life through trial and error – this is vital to develop resilience!
• Let children make lots of MISTAKES! We don’t want to protect children from difficult emotions as they need to cope with them at some stage of their lives.
• Step back when mistakes are made. (Only step in if you have to!)
• Give children chances to develop independence by allowing them to make small decisions and larger ones as they grow.

Problem Solving Checklist for Kids!
✓ I try to figure out how to solve problems
✓ I keep going even when things are difficult
✓ I try to resolve conflict with others
✓ I have an attitude where I know that if I work at something I will reach my goals
✓ I learn from my mistakes and plan for the future
✓ I see past mistakes as learning opportunities
✓ I use trial and error to find things out for myself
✓ I treat difficulties as though I am trying to solve it rather than give up or get too upset
✓

What aspects of family engagement in education make the most difference?

Part 2: Parent-child conversation

Family conversation is one of the simplest forms of parental engagement and there is emerging evidence suggesting it can have a strong influence on children’s cognitive skills, the value they place on learning and their enjoyment of learning. The literature suggests that different themes of conversation and types of communication can be beneficial: conversations around learning (what children are learning, problem-solving around challenges, relationships with teachers, exploring areas of interest); conversations about social issues (politics, things in the news, culture and religion, science and nature, ‘big ideas’); and telling stories and family stories (reminiscing about times the family spent together, stories about the child and the parents when they were young, about other family members, about the family’s home country). Here is an article about the art of storytelling with your children.

Stay tuned to your school newsletter and other communication forums for part 3. In the meantime please follow the Boon Wurrung Family School Partnership Cluster Facebook page for articles on parenting, education, health and anything that will support us to support our young people. Here you will also find information on supports and events within your local community and hear a little bit about the other cluster schools. We are a cluster of 8 Catholic schools in the Frankston area working together to improve outcomes for our young people.
MANAGING STRESS AND ANXIETY IN CHILDREN
Barbara Biggelaar from Anglicare Victoria will facilitate an interactive workshop for parents of children aged 5 - 12 years to share and learn new ideas and strategies to support their child.

Wednesday, 22 June 2016 from 6:45 PM to 9:00 PM

Further information and registration

CHELSEA GULLS JUNIOR HOLIDAY CAMP
Run by our USA imports Corey Standerfer & Jasmine Lovejoy
Monday 27th & 28th June and 4th & 5th July
$60 for 2 days or $35.00 per day
10.00am – 3.00pm
Bonbeach basketball stadium
Cannes Ave Bonbeach
Email: manager@chelseabasketball.com.au for details
FUN FILLED ACTION PACKED
Bring basketball & lunch

For memberships and club programs visit
www.chelseheightstennis.com.au

Contact
E: leigh_holland@hotmail.com
M: 0439 616 748
W: www.chelseheightstennisacademy.com.au

*Present this flyer upon payment and receive a free can of tennis balls.
**IMPORTANT DATES**

- **Thursday 16th June**
  - Little Devils Circus #4

- **Friday 17th June**
  - Yr 5/6 Lightening Premiership all day, NO assembly

- **Monday 20th June**
  - Yr 5/6 selected students girls AFL 9-1.30pm, Fete meeting 7pm

- **Tuesday 21st June**
  - Yr 3/4 Incursion Mark Wilson, Family Conferences

- **Wednesday 22nd June**
  - Little Devils #5, Family Conferences

- **Thursday 23rd June**
  - Little Devils #5

- **Friday 24th June**
  - School Mass 9.15am John the Baptist, Term 2 finishes at 1pm

- **Monday 11th July**
  - Term 3 commences

- **Wednesday 13th July**
  - Little Devils Circus #6

- **Thursday 14th July**
  - Little Devils Circus #6

- **Friday 15th July**
  - 2.30pm Assembly Yr 5/6 performing

- **Tuesday 19th July**
  - Prep – Yr 2 9.15am Mass

- **Wednesday 20th July**
  - Little Devils Circus #7

- **Thursday 21st July**
  - Little Devils Circus #7

- **Friday 22nd July**
  - Yr 5/6 winter sport rd 5, NO assembly

- **Saturday 23rd July**
  - Yr 1/2 6pm Mass

- **Wednesday 27th July**
  - Little Devils Circus #8

- **Thursday 28th July**
  - Little Devils Circus #8, Confirmation session 1 begins 7pm

- **Friday 29th July**
  - Yr 5/6 winter sport rd 6, 2.30pm Assembly Yr 1/2 performing

- **Saturday 30th July**
  - Working bee 8-10am, Mass for Confirmation candidates 6pm

- **Sunday 31st July**
  - Mass for Confirmation candidates 9.30am or 11am

- **Tuesday 2nd August**
  - Yr 3/4 9.15am Mass

- **Wednesday 3rd August**
  - Yr 5/6 MJR (Make Jesus Real), Little Devils Rehearsal at school

- **Thursday 4th August**
  - Little Devils Rehearsal at Chelsea Town Hall

- **Thursday 4th August**
  - Little Devils Circus Performance @ Chelsea Town Hall 6pm & 7:45pm

- **Friday 5th August**
  - SCHOOL CLOSURE, Olympics Rio begin

- **Thursday 11th August**
  - Confirmation session 2 at 7pm

- **Friday 12th August**
  - Yr 5/6 winter sport rd 8, 2.30pm Assembly Prep performing

- **Saturday 13th August**
  - 6pm Mass for Confirmation candidates

- **Sunday 14th August**
  - 9.30am or 11am Mass for Confirmation candidates

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**Term Dates**

Term 2 11th April – 24th June

Term 3 11th July – 16th September

Term 4 3rd October – 15th December