



St Joseph's School, Chelsea

Term 3, Week 6 Thursday 22nd August 2019



Safe Travel on Metro

Congratulations to Samia (5/6BH) who was selected 10th in the State for the Safe Travel on Metro Trains Poster Competition. Metro invited Yr 5/6 students throughout Melbourne metropolitan primary schools to join in.

Joseph from Metro trains popped in yesterday and presented Samia with a prize in front of the Yr 5/6 students and teachers. It is an amazing photo. Well done Samia.

Suggested Rail Safety Messages include

- Mind the gap;
- Stay behind the yellow line;

• Stay behind the yellow line;

- Remove headphones at level crossings;
- Level crossings – Lights? Bells? Gates? Wait!
- Walk your wheels (bikes, scooters, skateboards and rollerblades);
- Authorised Officers – Here to Help.

Dear Families,

Fee Statements were emailed two weeks ago. The third instalment is due today.

If you did not receive your statement please check in your junk mail.

Edithvale Golf Course free program on offer....

There is a great opportunity for students to have **a free come and try experience** with golf that is on offer at **Edithvale Golf Course**, delivered by our 2018 Australian MyGolf Deliver of the Year Paul Boxall.

Kids will have the opportunity to learn the basics of the game through a fun games based approach which can be modified for all levels of ability.

A full list of free come and try programs at Edithvale Golf Course are available at <https://www.mygolf.org.au/programs/edithvale>

The above URL is a direct link to booking pages for parents to enrol students.

If you would like further information on the [MyGolf Program](#) or Golf Australia's MyGolf Sporting Schools program, please feel free to contact me on 96265069

Christian Hamilton

Inclusion Senior Manager

City of Kingston School Holiday Program

kingston.vic.gov.au/schoolholidayprogram

Father's Day Breakfast next week

Next Friday, 30th August we will be holding our annual Father's Day breakfast from 7:30am. See the flyer below!

Please note that all orders must be PRE-PAID online using the trybooking link.

<https://www.trybooking.com/BEUFQ>

We will be looking for parent helpers to help run the BBQ from 6.30am. If you can help please contact the office.

Father's Day Breakfast

On Friday 30th August



*St Joseph's School presents the
Father's Day Breakfast and
we welcome our
Father's and special persons.*

Please meet in the school grounds from 7.30am-8.30am.

| | |
|---------------------------------------|--------|
| Sausage (only) in Bread | \$2.70 |
| Sausage with onions & bacon in a roll | \$3.20 |

Complimentary tea/coffee and juice available from the canteen

**FOR CATERING PURPOSES ALL ORDERS MUST BE
PRE-PAID ONLINE**

Please pre-order online through [trybooking](#) link above

*No need to print out your try booking tickets as your tickets
will be available for collection on the morning of the breakfast
from the ticket booth in the school grounds.*

There will be a few games for dads and kids to participate in and
classrooms will be open from 8.00am to view.

St Joe's Sustainable Garden WORM TEA!

Don't forget St Joseph's Organic Market will be open at our next assembly selling eggs, fresh produce and WORM WEE! Yes our hard working Preps have been nurturing our worm farms. Worm farms produce huge amounts of worm wee, a super-rich liquid fertiliser-like rocket fuel for your garden and pot plants. They also produce solid worm castings (worm poo) that you can harvest and use as a powerful nutrient additive for your soil. Worm castings and worm wee are the very best source of natural, organic fertiliser in existence. They are packed with beneficial microorganisms that create healthy, fertile soil. So don't miss out! Please remember to return your bottle so we can refill and take care of our environment!



Are you raising nice kids? A Harvard psychologist gives 5 ways to raise them to be kind. (part1)

By [Amy Joyce](#)

July 18, 2014

Earlier this year, I wrote about [teaching empathy, and whether you are a parent who does so](#). The idea behind it is from Richard Weissbourd, a Harvard psychologist with the graduate school of education, who runs the [Making Caring Common](#) project, aimed to help teach kids to be kind.

I know, you'd think they are or that parents are teaching that themselves, right? Not so, according to a new study released by the group.

About 80 percent of the youth in the study said their parents were more concerned with their achievement or happiness than whether they cared for others. The interviewees were also three times more likely to agree that "My parents are prouder if I get good grades in my classes than if I'm a caring community member in class and school."

Weissbourd and his cohorts have come up with recommendations about how to raise children to become caring, respectful and responsible adults. Why is this important? Because if we want our children to be moral people, we have to, well, raise them that way.

"Children are not born simply good or bad and we should never give up on them. They need adults who will help them become caring, respectful, and responsible for their communities at every stage of their childhood," the researchers write.

Here are the first two of the five strategies to raise moral, caring children, according to Making Caring Common:

1. Make caring for others a priority

Why? Parents tend to prioritize their children's happiness and achievements over their children's concern for others. But children need to learn to balance their needs with the needs of others, whether it's passing the ball to a teammate or deciding to stand up for friend who is being bullied.

How? Children need to hear from parents that caring for others is a top priority. A big part of that is holding children to high ethical expectations, such as honoring their commitments, even if it makes them unhappy. For example, before kids quit a sports team, band, or a friendship, we should ask them to consider their obligations to the group or the friend and encourage them to work out problems before quitting. **Try this** • Instead of saying to your kids: "The most important thing is that you're happy," say "The most important thing is that you're kind." • Make sure that your older children always address others respectfully, even when they're tired, distracted, or angry. • Emphasize caring when you interact with other key adults in your children's lives. For example, ask teachers whether your children are good community members at school.

2. Provide opportunities for children to practice caring and gratitude **Why?** It's never too late to become a good person, but it won't happen on its own. Children need to practice caring for others and expressing

gratitude for those who care for them and contribute to others' lives. Studies show that people who are in the habit of expressing gratitude are more likely to be helpful, generous, compassionate, and forgiving—and they're also more likely to be happy and healthy. **How?** Learning to be caring is like learning to play a sport or an instrument. Daily repetition—whether it's a helping a friend with homework, pitching in around the house, or having a classroom job—make caring second nature and develop and hone youth's caregiving capacities. Learning gratitude similarly involves regularly practicing it.

Try this • Don't reward your child for every act of helpfulness, such as clearing the dinner table. We should expect our kids to help around the house, with siblings, and with neighbors and only reward uncommon acts of kindness. • Talk to your child about caring and uncaring acts they see on television and about acts of justice and injustice they might witness or hear about in the news. • Make gratitude a daily ritual at dinnertime, bedtime, in the car, or on the subway. Express thanks for those who contribute to us and others in large and small ways.

ST JOSEPH'S PRIMARY SCHOOL
TWILIGHT MARKET
CNR WOODBINE GROVE & STATION STREET CHELSEA

FREE ENTRY

STALL HOLDERS REQUIRED. \$30 PER STALL

SELL YOUR GOODS.
FAMILIES AND LOCAL
BUSINESSES INVITED
TO HOLD A STALL.

**FRIDAY 22ND
NOVEMBER
4.00PM-7.30PM**

PH: 9772 8251 OR EMAIL
INFO@SJCHELSEA.CATHOLIC.EDU.AU

Made with PosterMyWall.com

St Joseph's Primary School Twilight Market

We are having a Twilight Market on Friday 22nd November from 4.00pm-7.30pm.

We would like to invite school families to have a stall and sell your goods. \$30 per stall.

We anticipate there will be stalls such as pre loved goods, candles, craft items, jewellery, toys, clothing etc.

We will also offer local businesses the opportunity to have a stall.

School will finish at normal time of 3.15pm and stalls will begin to set up from 3.30pm.

St Joseph's School will run a BBQ/cake stall and will look for a few volunteers to help run the stalls on the night.

In the next month we will have a few boards up advertising this for the wider community to take part, so if you would like a stall please speak to the office asap to secure your spot.

9 WEEK PARENT WORKSHOP

STRENGTHENING & RAISING

~ healthy families ~

THIS WORKSHOP IS DESIGNED FOR FATHERS/MALES ONLY

PLEASE NOTE: REGISTRATIONS CLOSED AT 10:00AM ON THE 10th WEEK

Join us for an informative 9-week free program focusing on the importance of raising healthy families

Key topics from a range of guest speakers

- respectful relationships
- importance of play
- safety for parents and children
- healthy eating
- child development & needs
- school age behaviour- what to expect
- family rules - encouraging good behaviour/ logical consequences
- family routines - morning & bedtime
- mindful parenting

...and more!

9 week program every Thursday
Places limited to 20 participants
10:00am - 12:00pm
10 October to 8 December 2019
Wentworth Community Hub, 31 Parkside Road Clayton South

Morning tea provided

FREE
Catering provided

Registrations close Thursday 20 September 2019
Kingston Family Support Service
11811 11800 • Family Support@kingsston.govt.nz
Clayton 03 947 1000 • Clayton South 03 947 4667




PIT STOP

Parenting Tune-Up

It's a life-changing course designed and delivered by men for every father who wants to see his family firing on all cylinders

Who said children don't come with an instruction manual?



BETTER MEN

Brought to you by City of Kingston Family Support Service in partnership with Better Men Australia

NEXT COURSE STARTS OCT-NOV-DEC 2019



PIT STOP

Parenting Tune-Up

NEXT COURSE

Oct-Nov-Dec 2019

VENUE: City of Kingston Council
Wentworth Community Hub
31 Parkside Road
Clayton South

DATE: 3 x Thursday night sessions
Oct - 11, 18, 24
Nov - 12, 19, 26 &
Dec - 3rd

TIME: 7:00pm - 9:00pm
Please arrive on time

REGISTRATION ESSENTIAL
Registrations close Thursday 28 September 2019
Email: Family.Support@kingsston.govt.nz
Phone: 11811 11800
Text: 03 947 1000
Form: Family.Support@kingsston.govt.nz

WHY DOES MATTER TO MEN?

- Developing a healthy parenting style
- Improving family communication and closeness
- Steering your children through stressful stages
- Developing children's mental wellbeing... or their!
- Redefining life, work and family
- Working as a team (partner rights)
- Identifying and engineering change (graduation)

PLUSES TO GET TO SCHOOL

- Entertaining multi-media presentation and interaction
- Practical insights and strategies
- Receipt for 3hrs of leave to high schoolers
- Daily report without children, partner and next week
- Complimentary practical manual included
- Highly visual - good for all levels of literacy. No sound
- Relevant for guys just starting to raise kids, through to men in desperate need of a complete reboot!

“It was great to get together with other dads. The guys on that day were brilliant, I'm now all back to creating a better future for my kids.”

“I’d be the last to think to do a parenting course, “what dad?” like the idea of someone telling me how to parent. But I soon discovered PIT Stop is different... I look forward to it every week!”

“The bond I have with my wife and son since I started PIT Stop has been amazing... She is telling all her friends about it!”

“What a great course! ...many thanks! ... I would strongly recommend it to every dad!”

Blockes - do this! Our kids are worth it.





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JUNIOR SUMMER SEASON 2019-20
COME & TRY BASEBALL
FRIDAY EVENINGS IN AUGUST
16TH, 23RD, 30TH
5PM - 630PM

CHELSEA BASEBALL CLUB | EDITHVALE RECREATIONAL RESERVE, EDITHVALE ROAD, EDITHVALE
0450-784-728 | INFO@CHELSEABASEBALLCLUB.COM.AU

BONBEACH ST CHAD'S BASEBALL CLUB

LOOKING FOR JUNIORS + T-BALLERS
(T-BALL U12, U14, U16, U18)

Come and Try Days
Sun 25/8: 9:30am
Sun 1/9: 9:30am
Sun 8/9: 9:30am

BONBEACHSTCHADS@GMAIL.COM

the art room

Classes for Adults, Kids, and Teens
with Bernadette Greenwood (B.Ed. Art & Craft)



Beginners Drawing (Adults)
Tues 1-3pm
Sept 3, 10 & 17 incl. \$75

Art Room for Kids (6 - 12yrs)
Thurs 4-5pm
Sept 5, 12 & 19 incl. \$45

Art Room for Teens (13-18yrs)
Thurs 5:15-6:15pm
Sept 5, 12 & 19 incl. \$45

**Be inspired, learn new skills,
expand your imagination!**

To find out more or book your spot
today, ring Bern on 0427 820 609

Chelsea Heights Community Centre
Beasley Reserve, 160 Thames
Promenade, Chelsea Heights 3196
ph. 9772 3391
www.chelseahighscommunitycentre.com.au



DE LA SALLE
1719 - 2019
ONE HEART.
ONE COMMITMENT.
ONE LIFE.

St Bede's College

Enrolments Are Now Open

For current Year 5 students who will be entering Year 7 in 2021

Closing date 23 August 2019

Applications can be downloaded on: www.stbedes.catholic.edu.au



St Bede's
College

2 Mentone Parade, Mentone VIC 3194 P: 03 9582 5999 F: 03 9582 5757 E: stbedes@stbedes.catholic.edu.au www.stbedes.catholic.edu.au

Strength and Kindness

*Educating girls in
the Brigidine tradition since 1904*



**Year 7
2021**
applications close
23 August 2019

**TERM 3
Open Mornings 12 August | 12 September | 9:00am**

118 Mentone Pde, Mentone VIC 3194
03 9581 7766 www.kilbreds.vic.edu.au



Kilbreds College
A Kilbreds Education School in the Brigidine Tradition

An Afternoon with Sr Theresia

Sunday 15 September 12.15pm

after 11am Mass

St Joseph's Parish Centre

Come and join Morning Tea and a presentation of photos and videos of Sr Theresia's Perpetual Religious Profession

-Morning Tea is hosted by St Pio Prayer Group & The Sisters of St Paul de Chartres

IMPORTANT DATES

Term 3

AUGUST

Week 6:

Book week: Reading is my secret power across Victoria. St Joseph's will celebrate in Term 4 on Universal Children's Day Wednesday 23rd October

Fri 23rd Yr 5/6 Sport v's Chelsea

Applications close for current year 5's enrolling for year 7 in 2021 in Catholic Secondary Colleges

Assembly 2:30pm: Prep

Week 7: Have you booked for the Father's Day brekkie? (link above)

Tues 27th 5/6 Mass

7pm Parent Confirmation session 3

Wed 28th Year 6 Confirmation excursion to JPC

Thur 29th Year 6 Reconciliation

Fri 30th 7.30-8.30am Father's Day Breakfast (see above booking link),

District Athletics at Ballam Park

No Assembly

Sat 31st 6pm Confirmation Mass

SEPTEMBER

Sun 1st Father's Day

9.30am & 11am Confirmation Mass

Week 8:

Mon 2nd 3/4's Hands on science

Tues 3rd 3/4's Hands on science

Wed 4th PJ fundraiser day for St Vincent de Paul

Thur 5th Confirmation 7pm

Uniform shop: last day selling from school (more details next week)

Fri 6th Yr 5/6's sport vs Aspendale

Assembly 3/4's at 2.30pm

Sat 7th Dad's Footy day v's St Louis. 3pm at Beardsworth Avenue

Youth Group Yrs 5-8 from 7.30pm to 9pm: Mini Olympics

Sun 8th Child Protection Sunday

Week 9:

Tue 10th Yr 3/4 Mass

Yr 5/6 excursion to Southland

Fri 13th Special Footy Day assembly

Week 10:

Tue 17th Marine Ambassadors Mordialloc Life Saving club

Wed 18th Multicultural Day (details coming home soon)

Fri 20th PSW launch uniform shop, Carrum Downs (more details next week)

Yr 1/2 tabloid Sports 9-11am

end of term 3

school finishes at 1pm