



# St Joseph's School, Chelsea

Term 2, Week 7 Friday 29th May 2020





Dear Families,

What a fantastic return to school for our prep - year 2 students from remote learning. They have settled back in so well and look really happy to be back. It is really heartening to hear the sounds of children's voices once again on the playground.

Congratulations to the parents for helping make the transition so easy dropping off in the street and pick ups have gone very smoothly. So smoothly we are going to tweak the times for next week.

**Drop off Argyle ave for all Prep-Yr 2 families with siblings 8.30-8.45am**

**Drop off Argyle ave for all Prep only children 8.45-8.50am.**

Pick up is a little more challenging but we have all done a great job. Times for next week as below:

**2.50pm 1/2M & 1/2OF**

**2.55pm 1/2B & 1/2J**

**3.00pm 1/2DR**

**3.05pm Prep CG**

**3.10 Prep L**

A big thank you to all the teachers for all their efforts in helping manage the transition back to school and also managing 1.5 metre physical distancing guidelines. Michael Carr Gregg has also released a quick 10 minute video on how to help with transitioning back to school.

Please copy and paste the following link:

[https://schooltv.me/wellbeing\\_news/special-report-coronavirus-transition-back](https://schooltv.me/wellbeing_news/special-report-coronavirus-transition-back)

**BETHANY JEWSON**

Beth, teacher of 1/2J, will be finishing up next Tuesday 2nd June and begins preparing for her first baby in July.

We wish Beth and Matt all the best. Enjoy the next few week's and good luck with the birth. We welcome Mrs Monique Lefevre who will be taking over from Beth, starting next Wednesday 3rd June.

## **SECOND HAND UNIFORM ITEMS**

The second hand uniform shop will not reopen at this stage. If you require anything please email [info@sjchelsea.catholic.edu.au](mailto:info@sjchelsea.catholic.edu.au) and we will have a look at what is in stock. Items will be sent home with your child and the money can be sent back in an envelope with your child the following day. Each item is \$5 unless marked separately. Please be patient as we fill any orders.

## **HANDWASHING**

Increased hand washing and cleaning will be incorporated into our daily activities. The constant use of hand sanitisers and soap is critical in protecting us all. These will be available on entry to classrooms, buildings etc. Reminders will be given and practised regularly during the day.

## **CLEANING**

Increased cleaning will be carried out during the day with the support of the children.

## **LIMITED ACCESS TO SCHOOL**

Parent access to school will be limited during the remainder of the school term. Parents will be required to drop off children and leave and pick up and leave as well. Parents will not be permitted to stay and chat in the yard. Social distancing practices will need to be followed by all adults. The chief medical officer has said that social distancing is not possible between children in classrooms.

Parents will need to practice social distancing when entering the office area open from 8.30-4pm only and will generally not be permitted into the school buildings or classrooms.

## **COMMUNICATION**

All communication between teachers and parents will continue to be remote, via email, notes, google meets, phone calls to the office where you will be able to leave voicemail messages or talk to teachers on the phone.

## **CANTEEN**

The canteen will be open for lunch orders only on Thursday and Friday. Over the counter sales will not operate for the moment but you can still order using a brown paper bag for snacks and lunch orders.

## **BREAKFAST CLUB**

There will be no breakfast club for the remainder of the term.

## **STAGGERED DROP OFF & PICK UP**

We have been talking with council and Chelsea Primary to trial how we can arrive and leave school safely. I am still awaiting some clarification from the council around a few things but in the meantime we will trial the following staggered Drop Off and Pick Up. The following arrangements will be trialed from Tuesday 26th May until Friday 29th May, when they will be reviewed. Have the children in your car with their bags on their lap ready to disembark quickly and safely. Cross the road at the crossing if required. Children walking or riding on their own will need to arrive during the designated times and will be dismissed at the allocated times. They will

need to wear the uniform advised in their weekly news update.

### **DROP OFF - ARGYLE AVE (Gates Open 8.30 not before)**

**1/2 Families including Prep Siblings** will arrive at school via Argyle Avenue only between 8.30 and 8.45am.

Staff will greet children at their cars or gate on Argyle Avenue and escort them to their rooms where they will sanitise their hands and prepare for the day.

**Families with Prep children only** arrive at school via Argyle Avenue between 8.45-8.50am

Staff will greet children at their cars or gate on Argyle Avenue and escort them to their rooms where they will sanitise their hands and prepare for the day.

### **PICK UP - ARGYLE AVE (Gates Open 2.45pm not before)**

Classes will be brought to the footpath for you to collect your children -

Brothers and sisters will be together with the eldest sibling.

**2.50pm**                    1/2M & 1/2OF

**2.55pm**                    1/2B & 1/2J

**3.00pm**                    1/2DR

**3.05pm**                    PrepCG

**3.10pm**                    PrepL

These times have been organised to help traffic flow and coordinate with Chelsea Primary School.

### **LATE ARRIVALS EARLY DEPARTURES**

Late arrivals will enter via the office and sign in. If you are collecting early please phone ahead so they can be ready for you. Please avoid early pick ups at lunchtime between 1.30 and 2.15pm.

### **DRINKING TAPS**

Drinking taps in the yard will be turned off for the foreseeable future. ALL children must have water bottles. They can be refilled in classrooms.

### **SICK CHILDREN**

If your child is sick please do not send them to school. If they fall sick during the day you will be contacted to come and collect them.

### **FEES**

We are very mindful of the financial implications COVID-19 has had on many families and reassure members of the St Joseph's school community that we can provide assistance with the payment of school fees. This assistance includes allowing additional time to make payments and/or offering fee discounts where needed. If you wish to discuss further please contact Gavan via phone or [principal@sjchelsea.catholic.edu.au](mailto:principal@sjchelsea.catholic.edu.au).

### **CHILDREN OF ESSENTIAL SERVICES WORKERS IN YEARS 3-6**

During the next two weeks the children of essential service workers can still attend school. Please make sure

during the next few weeks. Children or essential service workers can still attend school. Please make sure you have completed the form [Essential Service Workers Form](#). They will need to attend in sports uniform, enter via Argyle Avenue from 8.30am and be collected by 3.15pm from Argyle Avenue.

### **BEFORE AND AFTER SCHOOL**

Before and After School will operate as normal and the children will be delivered to school after 8.30 and collected at 3.10pm at the entry of the office on Argyle Avenue.

### **BUS**

Argyle Avenue bus will operate as usual. Children will assemble in the normal area outside the window of the Principal's office.

### **SCHOLASTIC BOOKCLUB**

To have a look at the catalogue please click on the following link:

[https://www.scholastic.com.au/media/5608/bc\\_420.pdf](https://www.scholastic.com.au/media/5608/bc_420.pdf)

Families can still order scholastic books through the Scholastic website on [scholastic.com.au/LOOP](https://www.scholastic.com.au/LOOP)

Orders will be sent to school to be collected once your child arrives back. Orders MUST be placed by Thursday 11th June in order to receive the books prior to the school holidays.



## **National Reconciliation Week**

National Reconciliation Week (NRW) is a time for all Australians to learn about our shared histories, cultures and achievements and to explore how each of us can contribute to achieving reconciliation in Australia.

The dates for NRW remain the same each year - 27 May to 3 June. These dates commemorate two significant milestones in the reconciliation journey - the successful 1967 referendum and the High Court Mabo decision respectively.

Reconciliation must live in the hearts, minds and actions of all Australians as we move forward, creating a nation strengthened by respectful relationships between the wider Australian community and the Aboriginal and Torres Strait Islander peoples.

**Our Australian Aborigines**

**I ask you, God, to bless and look after our Indigenous peoples,**

**our Aborigines**

our Aborigines,  
who were the first peoples to live in this land,  
Australia.

Thousands of years ago, they heard your Spirit speaking to them  
in their Dreaming,  
and today they still hear your Spirit speaking to them  
in their Dreaming.

Give those of us who are not Aborigines  
the courage to say that we have not been just to them in the past,  
and that we are sorry.

I pray that all Australians will respect  
the sacred land, the culture,  
and the dignity of Aborigines.

May we all live in peace with one another.

Amen.



## Parish News....

### UPDATE: GENERAL GUIDELINES COVID-19

Implications for the Catholic Archdiocese

of Melbourne Wednesday 27 May 4.00pm

The following Guidelines are approved by Most Rev Peter A Comensoli, Archbishop of Melbourne, to assist Clergy and Faithful with questions pertaining to specific areas of liturgy and ministry in the Archdiocese of Melbourne during this time of the COVID-19 pandemic.

In relation to the latest directives announced by Government (Sunday 24 May 2020), there are THREE KEY POINTS that directly affect churches, places of worship and liturgical celebrations and ceremonies held within

POINTS that directly affect churches, places of worship and liturgical celebrations and ceremonies held within.

From 11:59pm on 31 May 2020 restrictions on gatherings at places of worship and ceremonies will be eased:

- Places of worship can open for private worship or small religious ceremonies for up to 20 people in a single undivided indoor space, subject to the four square metre rule plus the minimum number of people reasonably required to perform the service or ceremony.
- 20 people in addition to the celebrant and couple being married can attend a wedding. If a wedding is held in a home, a maximum of 20 people is allowed, including the celebrant and the couple.
- 50 people can attend a funeral in addition to the officiant and funeral staff, subject to the four square metre rule. If a funeral is held in a home, a maximum of 20 people can be present (including the officiant and funeral staff).

Parishioners who have no access to the Internet can book through St Joseph's Parish Office on Tuesday, Thursday and Friday 9am-2pm. Please ring 9772 2211 during office hours. Bookings are essential. Please only use the landline number to contact the parish office.

**To book a WEEKEND MASS please copy and paste <https://www.trybooking.com/BJTRM>**

**To book a WEEKDAY MASS please copy and paste <https://www.trybooking.com/BJTPB>**

When you attend Mass please observe the following rules:

Enter at the choir door entrance (ramp side).

All family members, living together can sit together.

Please follow the 1.5 m social distance guide.

Please use the hand sanitiser provided.

If you have flu like symptoms please do not attend Mass and please ring 9772 2211 to notify your cancellation, so another parishioner can attend.

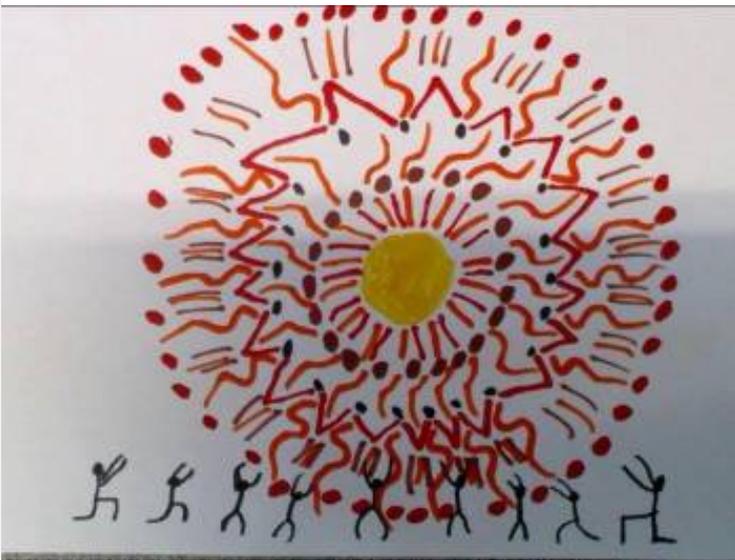
## Our learning

This is an aboriginal picture, there are symbols showing people around a waterhole, kangaroos, wombats, spears, shield, honey ants, animal track, etc.



It is drawn on black paper with white-out. I added the hands on google slides.





We have been learning to measure.



Measuring using "informal units"



Remote Learning in 3/4

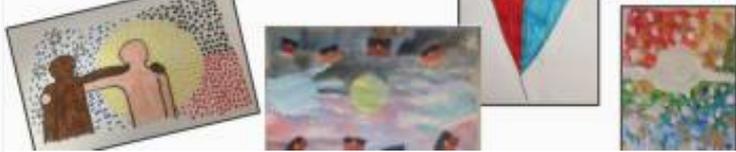


5/6 Visual Art



5/6 Writing





Remote Learning in PREP



5/6 Writing

# Prep 2021

We would like all families who have children starting school in 2021 to email [enrolments@sjchelsea.catholic.edu.au](mailto:enrolments@sjchelsea.catholic.edu.au) and let us know your child is starting. If you have already let us know - thank you. We have emailed an enrolment form to you and require it to be scanned/posted back to us with a copy of the birth, baptism and immunisation certificates. We do not require a deposit for current families. We aim to put the information into our system asap.

## A little mindfulness for this week....

### STRETCHY BREATHS



- \* Using a rubber band stretch it over your thumb and fingers.
- \* As you breathe in stretch out the rubber band using just one hand.
- \* Then as you breathe in, contract the rubber band as you bring your fingers and thumb closer together.
- \* Pair up with someone and try to breath and move the rubber band at the same time.

Breath Meditations



# Charting a new course for kids post COVID-19

by Michael Grose

While we've been denied access during the COVID-19 pandemic to activities such as playing group sport, spending time in a café or meeting with friends, there's been plenty of upside too.

Discussions with friends reveal that family life has been a big beneficiary from the physical distancing measures. Comments such as "It's so good to slow down," "I cherish the time I'm spending with my children," and "I'm discovering the joy of having real conversations with my teenager" point to the positive side of getting off the family roundabout many of us have been on.

Though the restrictions placed on society are of course challenging, the imposed period of social isolation has provided an opportunity for parents to forge new habits that have potential to bring more joy and less stress to their children's lives once the threat has subsided. Here are some ideas to consider while charting a new course for kids post COVID-19.

## Significant personal hobbies

Our previous reliance on organised, adult-initiated activity to keep kids busy came at the expense of child-initiated hobbies and interests. The rise of personal digital entertainment and communication technology in recent years has also contributed to the demise of hands-on hobbies such as collecting, crafts and music.

The Scandinavians have long valued the positive impact of hobbies on a person's wellbeing and quality of life. In turn they encourage (and in Sweden's case heavily subsidise) the uptake of hobbies and personal interests from a very young age.

## Personal learning centres

Experts agree that the future of work will be characterised by constant change, requiring workers to continually learn and upskill if they are to adapt. Our children will need to see themselves as continuous learners if they are to succeed in this uncertain future.

The home is a great place to plant this concept in young minds and there's no better way to do this than establishing their own personal learning centre. Start small with a bean bag, a small book shelf and build from there. It's the idea rather than the physical setting where the learning significance lays.

## Mental health practices

This period in isolation has offered an opportunity to embed good mental health practices in children and young people. Three key health practices to continue include healthy eating, plenty of exercise and good sleep patterns. Add regular mindfulness practice, deep breathing and the opportunity to spend plenty of time in nature and you'll be establishing a strong mental health and wellbeing framework for life.

## Mix of alone and group activities

Life in social isolation has meant family members have had to compromise. Extroverts who love to be surrounded by people have had to give parents and siblings the space they need. Introverts who prefer their own company have been sharing their time, space and company with other family members. Post COVID-19, consider encouraging kids to experience a mixture of alone time, allowing for personal reflection and family

time, which promotes family connection. Both are essential for healthy wellbeing.

### Deep eldership connection

Increased one-on-one time between parents and kids has been a positive side effect of life in social isolation. The opportunity for parents to connect with children and young people with greater depth and meaning is a return to eldership, practised by past generations. Eldership, where parents shared their wisdom and their vulnerabilities with young people, when combined with healthy rites of passage is a time-honoured way of preparing young people for adulthood.

This period of social isolation has provided a rare opportunity for parents to renew and refresh their children's lifestyles, and in some circumstances, reboot family lives as well. It would be a waste to climb back on the busy roundabout of life once the COVID-19 pandemic has subsided, without making some positive changes to the way we live.

# Community News....



**PSW**  
WELCOME BACK!  
**Welcome Back!**  
**ALL PSW STORES ARE REOPENING FROM WEDNESDAY MAY 20th**  
Wed, Thurs & Fridays / 9am-5pm and Saturdays 10am-1pm  
(Closed Sundays, Mondays and Tuesdays)  
OUR ONLINE STORE IS OPERATIONAL AT [PSW.COM.AU](http://PSW.COM.AU)  
& SHIPPING ORDERS WITHIN 72 HRS!

School Uniform Details



**Virtual Open Morning**  
Friday 12 June • Commencing 9:00am

**Applications for Year 7, 2022**  
close Friday 21 August 2020

We invite you online to explore the quality education and programs that your daughter will experience as a Kilbreda girl, all in the comfort of your own home!

Register today at [kilbreda.vic.edu.au](http://kilbreda.vic.edu.au)

**Kilbreda College**  
A Kilbren Education Ministers School for the Daughters of the Blessed Virgin Mary



**ENROLMENTS ARE OPEN**  
For current Year 5 students who will be attending Year 7 in 2022

**CLOSING DATE 21 AUGUST 2020**

Applications available on our website:  
[www.stbedes.catholic.edu.au](http://www.stbedes.catholic.edu.au)

**St Bede's College**  
Contact: Deb Campion  
Phone: 9582 5999  
Email: [enrol@stbedes.catholic.edu.au](mailto:enrol@stbedes.catholic.edu.au)