



St Joseph's School, Chelsea

Term 2, Week 9 Thursday 11th June 2020



Dear Families,

Thank you for all your support with the staggered drop offs and pick ups. It has all gone very smoothly so far. Just contact the office before 2pm if you need to make changes to the arrangements. The children from Yr 3-6 have settled in very well. Please read the details outlined in this newsletter for pick ups and drop offs for week 10.

FAMILY CONFERENCES

Family Conferences will take place on Tuesday 23rd and Wednesday 24th June online.

Today I have attached information for parents to log on and book their online family conference. Log onto www.schoolinterviews.com.au and use the code **rejsm**. Once booked you will receive an email with a link to the online family conference. Click the link and your teacher will be there.

STAGGERED DROP OFF & PICK UP

The following arrangements will be in place for the remainder of term 2 unless advised differently. Have the children in your car with their bags on their lap ready to disembark quickly and safely. Cross the road at the crossing if required. Children walking or riding on their own will need to arrive during the designated times and will be dismissed at the allocated times. They will need to wear the uniform advised in their weekly news update. As pick up times will be different for the remainder of term 2 adjustments have been made to lunch breaks.

- 1.10-1.20pm eating time
- 1.20-2.00pm lunchtime
- 2.00-2.45pm teaching time
- 2.55-3.15pm staggered pick up as outlined below

DROP OFF and PICK UP for St JOSEPH'S for weeks 9-11 term 2 2020

DROP OFF Argyle Ave

All Prep-2 families (+ siblings from 3-6) 8.30am-8.50am

DROP OFF Woodbine Grove

All Year 3-6s without P-2 siblings 8.30-8.45am

AT 2.45PM ALL CHILDREN WITH SIBLINGS MOVE TO THE YOUNGEST SIBLING'S CLASS

PICK UP Argyle Avenue

All P-2 families (+ siblings from P-6) 2.55pm-3.10pm

2.55pm 1/2M & 1/2OF

3.00pm 1/2B & 1/2L

3.05pm 1/2DR

3.10pm Prep CG & Prep L

PICK UP Woodbine Grove

All Year 3-6 Families (without P-2 siblings) 2.55pm-3.10pm

2.55pm 3/4LC & 3/4S

3.00pm 3/4CM & 3/4W

3.05pm 5/6KG & 5/6B

3.10pm 5/6BH & 5/6AB

LATE ARRIVALS EARLY DEPARTURES

Late arrivals will enter via the office and sign in. If you are collecting early please phone ahead so they can be ready for you. Please avoid early pick ups at lunchtime between 1.30 and 2.15pm.

ICON

St Joseph's is currently transitioning to a new platform called ICON (Integrated Catholic Online Network). This platform will gradually start to manage all our systems - human resources, finance etc. Please be patient while this process occurs. In the first stage receipting of transactions will be delayed until the beginning of next term.

REPORTS will be sent home on Monday 22nd June, the last week of term 2. This will be followed by an opportunity for a remote family conference on Tuesday 23rd June or Wednesday 24th June. Details to register are with this week's newsletter. The report will be significantly different to previous reports due to the remote

learning climate we have been in. Ongoing assessment and feedback you have received during term 2 and the report will give you an overview of your child's learning. The end of year report will give a more detailed overview of your child's progress.

FEAST OF THE SACRED HEART, our non perishable food drive is on as per the flyer to the right. This week baskets were placed in each classroom to collect non perishable food items for St Vincent de Paul to distribute. The items donated help support needy families in our area. We are aware these times have been challenging for many and we ask you provide items (can of soup, pasta) to fill our class baskets. We would greatly appreciate your support.

SECOND HAND UNIFORM ITEMS

The second hand uniform shop will not reopen at this stage. If you require anything please email info@sjchelsea.catholic.edu.au and we will have a look at what is in stock. Items will be sent home with your child and the money can be sent back in an envelope with your child the following day. Each item is \$5 unless marked separately. Please be patient as we fill any orders.

HANDWASHING

Increased hand washing and cleaning will be incorporated into our daily activities. The constant use of hand sanitisers and soap is critical in protecting us all. These will be available on entry to classrooms, buildings etc. Reminders will be given and practised regularly during the day.

CLEANING

Increased cleaning will be carried out during the day with the support of the children.

LIMITED ACCESS TO SCHOOL

Parent access to school will be limited during the remainder of the school term. Parents will be required to drop off children and leave and pick up and leave as well. Parents will not be permitted to stay and chat in the yard. Social distancing practices will need to be followed by all adults. The chief medical officer has said that social distancing is not possible between children in classrooms.

Parents will need to practice social distancing when entering the office area open from 8.30-4pm only and will generally not be permitted into the school buildings or classrooms.

COMMUNICATION

All communication between teachers and parents will continue to be remote, via email, notes, google meets, phone calls to the office where you will be able to leave voicemail messages or talk to teachers on the phone.

CANTEEN

The canteen will be open for lunch orders only on Thursday and Friday. Over the counter sales will not operate for the moment but you can still order using a brown paper bag for snacks and lunch orders.

BREAKFAST CLUB

There will be no breakfast club for the remainder of the term.

DRINKING TAPS

Drinking taps in the yard will be turned off for the foreseeable future. ALL children must have water bottles. They can be refilled in classrooms.

SICK CHILDREN

If your child is sick please do not send them to school. If they fall sick during the day you will be contacted to come and collect them.

FEES

We are very mindful of the financial implications COVID-19 has had on many families and reassure members of the St Joseph's school community that we can provide assistance with the payment of school fees. This assistance includes allowing additional time to make payments and/or offering fee discounts where needed. If you wish to discuss further please contact Gavan via phone or principal@sjchelsea.catholic.edu.au before the end of term2.

CSEF

CSEF (Camp, sports, education fund) is available for families who have a current healthcare/concession card. The funding of \$125 per child is paid directly to the school and receipted against your fee account. Application forms are available on our website under Current parents and then forms. Applications close at the end of term 2.

BEFORE AND AFTER SCHOOL

Before and After School will operate as normal and the children will be delivered to school after 8.30 and collected at 3.10pm at the entry of the office on Argyle Avenue.

BUS

Argyle Avenue bus will operate as usual. Children will assemble in the normal area outside the window of the Principal's office.

School Interviews Flyer



Book School Interviews Online



Dear Parents

Semester One Teacher, Child and Parent Conferences for St Joseph's Primary School Chelsea will be available online on **Tuesday 23rd June from 3.30pm - 8pm and Wednesday 24th June 2020 from 3.30pm – 6pm.**

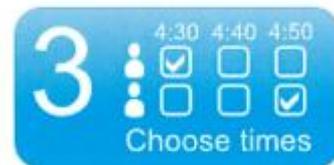
You can book a time that suits **YOUR FAMILY BEST** from 7.30am on **Tuesday 16th June**

Go to www.schoolinterviews.com.au and follow these simple instructions.

BOOKINGS OPEN Tuesday 16th June at 7.30am
BOOKINGS CLOSE Tuesday 23rd June at 1pm

 School event code

Go To:
www.schoolinterviews.com.au
Enter THIS school event code.
Then follow the 3 simple steps.



When you click **finish**, your interview timetable will be emailed to you automatically - **check your junk mail folder** if you do not receive your email immediately. You can return to www.schoolinterviews.com.au at any time, and change your interviews - until bookings close.

For parents may also call the school on 8773 1111. Interviews are strictly 10mins and spaces are limited. If you require more time, please contact your teacher directly to make alternative arrangements.

Parents can change their interview bookings, any time prior to the closing date, by re-visiting the www.schoolinterviews.com.au website, and using the event code. Remember to use the same name and email address, you used when you made your original booking. Parents wishing to change their interview times after the closing date, should contact their teacher via email or call: 8773 1111

We would love to hear what you think about online booking. If you get time, click on the "contact us" button on the www.schoolinterviews.com.au website, and leave some feedback - anonymously if you wish, but please include the school's name and suburb.

Some tips from Rochel, our school counsellor

Dear Parents of St Joseph's Primary,

After an extended period of time at home, returning to school for children can elicit mixed emotions. This can range from feeling excited and eager to be back at school, to feeling anxious and fearful, or a combination of these feelings. Some things that may help ease children back into school may include:

- Talking about going back to school. This could be a conversation that includes discussing together what parts of school your child looks forward to and enjoys, and what parts of school worries them. This is an opportunity to validate and normalise their experience of school. It can also be an opportunity to identify what these worries

are and troubleshoot together on how they can tackle them.

- Talking about the changes to their school routine and environment. Given that this term will look different to normal, it will be helpful to prepare your child for these changes and encourage any questions your child might have about what school may be like.

- Answer questions they have about the current situation in an age-appropriate manner. Maintain open communication where your children feel comfortable coming to you with their questions. In general, it is best to answer your child's questions with simple facts along with positive messages, without giving more information than they have asked for. Be led by your child - younger children will need less information, older primary school children may ask more specific questions and you may need to help them separate fact from fiction and rumour.

You might discuss:

- That the government, on the advice of health experts, have determined that it is safe for us to return to school
- That there are many scientists, doctors and medical personnel all around the world working to keep us safe and healthy
- That studies have shown that fewer children get the virus and when they do the symptoms are mild
- Most people who get the virus experience flu-like symptoms and get better in a few weeks
- Empower your children by going through the steps they can take to keep themselves and those around them healthy.

- Managing your own concerns about going back to school. Some of you may be feeling worried about the return to school. While this is completely understandable, how you manage your anxiety will have a big impact on how your children feel about returning to school. You can play an active role in reducing your child's anxiety by changing your own behaviour and modelling effective coping skills. For those moments when you do catch yourself feeling anxious, try to avoid talking about your concerns within earshot of your children. If you're feeling overwhelmed, step away and take a break. Children can pick up on parents' own worries about returning to school, even when these aren't verbalised. Pick a time to talk to your child about school when you are feeling calm and relaxed.

- Setting up a back-to-school routine prior to returning to school. This could be creating healthy and consistent sleep habits where bedtime and wakeup times line up with what would happen on a school day. If your child's current sleep/wake schedule is very different to the school routine, it is a good idea to start making bedtime a little bit earlier each day, starting now. You might also want to create a "getting ready" chart that plans out the tasks needed to be done in the evenings and mornings to get ready for school.

- Be enthusiastic and excited about your child's return to school. Speak positively about the school and their teachers. A special first day back family breakfast or dinner, a note in their lunchbox, a special after school activity are a few ideas of how you can create a positive association with being back at school.

- Encourage a sense of belonging and fostering social connections. Maintaining contact with friends and classmates prior to returning to school will help make the transition back to school easier. You can also pair your child with a buddy, such as a student in their class, who can be their social contact during the school day.

- Importantly, you can draw on your knowledge and experiences on how to best support your child through a period of change and in their previous transitions back to school after time away. Remember, you and your child have already had practice getting back into school mode after the summer holidays. Reassure and reinforce to your child that they will cope with starting school again and remind them that they have already done so successfully in the past.

It is common for children to experience some level of stress and worry about returning to school after a period of time away. If you have tried the above suggestions and you are still concerned about the level of anxiety your child is experiencing, please contact me on rochel.baker@ccam.org.au and we can set up a time to discuss some targeted strategies that might be helpful for your child.

Wishing you all the best,

Rochel Baker

School Counsellor CatholicCare



Collaborative parenting style wins the day during COVID-19

by Michael Grose

The close quarter living that most of us have experienced during the COVID-19 pandemic has tested the patience and communications skills of even the most assured parent. The constancy of members living together is a test of family management skills, revealing any flaws or limitations that exist.

Those that rely on a coercive (“do as I say”) approach probably discovered that dominance works well in small doses, but fails miserably over the long-term, with family harmony severely impacted.

Parents who use a laissez-faire (“she’ll be right”) approach may have found that one or more children struggled with a lack of structure. In the absence of positive leadership, a child more than likely stepped up to fill the void, rendering parents with limited influence.

Those who used a parallel (“you go your way, I’ll go mine”) approach may have experienced a relatively quiet parental existence, but this will more than likely come at the expense of group cohesion and children’s mental health.

Collaborative family leadership

Life in the family cocoon has suited parents that use a more inclusive, collaborative parenting style. This is a style that gives children a voice, commensurate with their developmental stages, in how the family conducts

itself.

Features of a collaborative family

Parents who adopt a collaborative approach impact family culture in positive ways, so that their family becomes a collaborative unit. Here are some features shared by collaborative families:

Respect is a key value

This style of leadership treats kids with respect but importantly, expects respectful, considerate behaviour from children in return. When kids fail or forget to practise respectful treatment of others they are respectfully brought into line and reminded of their responsibility to others.

Kids contribute

Kids in collaborative families generally help out without being paid. A jobs' roster is the preferred method for ensuring kids contribute as authority is diverted from parent and rests with the group instead.

Language is cooperative

Parents who adopt a collaborative approach generally use language that invites children to cooperate. They also use the word "We" a great deal. "We're relying on you to set the table before dinner" reminds a child or teenager of their contribution to the family good.

Rituals are strong

Collaborative families also use rituals such as mealtimes, special days and the like to build strong family bonds. These structured get-togethers are balanced with plenty of informal, fun activities where members can enjoy each other's company.

Decision-making is shared

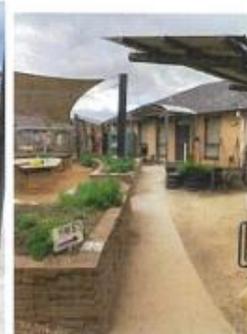
Most parents who successfully adopt a collaborative leadership style have a process that engages kids in family decision-making and resolution of conflict between siblings. A regular family meeting or council is a common forum used by collaborative family leaders. These meetings may take time to get right and some effort to convince all family members of their benefits, however once they're embedded they become an invaluable part of a family's culture.

There are many ways and methods you can use to successfully raise a family, however not every method stands up to the scrutiny close of quarter living we've been encountering. With more time at our disposal, a wonderful opportunity exists to implement a collaborative leadership style, that will bring benefits well after the COVID-19 pandemic.

Our Garden

St Joe's Sustainable Garden

Welcome back to term two! We are really excited to get our beautiful St Joes Sustainable Garden up and blooming again! We need your help. If anyone can donate plants/herbs/veggies or time please let us know. There is always something to do there. We look forward to reintroducing chickens into our garden, Worm Wee and also our St Joes Sustainable market as well. When you are allowed into the school grounds, please feel free to take a look in our garden but we ask that children are supervised after school. We have just freshly planted beautiful flowers as part of honouring Reconciliation Week. Unfortunately much of the damage to the garden is happening after school.



Our Garden

St Joseph's Banana Tree

Guess what!!!!!! We have bananas growing in our garden! A big thank you to Eric who has been a parishioner for over 30 years at St Joes. He planted a banana tree in our Sustainable garden two years ago and has nurtured it with the help of our students. So take a look but PLEASE do not touch as they are not quite ready to be eaten! (very green!)



Nude Food!

St Joseph's is continuing to encourage everyone to go NUDE FOOD! We really need your support to make St Joseph's waste free. We are encouraging every family to get rid of the plastic cling wrap and use reusable **containers** or **beeswax wraps** to place their children's lunch and snack each day. The benefits of NUDE FOOD include:

- reducing our environmental footprint
- recycling - reducing, reusing, recycling and repeating this process each day
- it's much more cost effective
- more nutritious food will be eaten
- less rubbish in our school
- most importantly, we are creating a sustainable world!

Please do not bring your lunch wrapped in plastics. Any plastic wrapping will be sent home in lunch boxes.





SSV Virtual Cross Country

SSV is excited to launch our Virtual Cross Country event so you can now have a school sport place where you can add your run/walk for a new personal best or just run/walk for fun & fitness - #SSVVXC

Please ensure you familiarise yourself with the current [Victorian mandates & restrictions from SSV](#) and the Department of Education & Training's [advice to schools](#) and the [State Government of Victoria](#) in regards Sport, Cultural & Recreational Activities restrictions.

Please make sure you have your parent/guardians permission before heading out for a run/walk or better take them along & maybe also a friend with you.

Getting started

Find a suitable park, recreation reserve, oval, athletics track, green space, trails, the footpaths of the street on the block that you live to make a circuit (be safe out there if crossing streets) or even a treadmill.

See the [Virtual Cross Country Primary & Secondary School Age Groups & Course Distances](#)

You will need to measure out the length of your own course. There are many Apps available on Smartphones, ipads or pcs such as Google Earth, Garmin, Fitbit, a GPS, Strava etc or go old school & use a trundle wheel or a tape measure. You could always get someone to measure the distance using a bike computer or a bicycle or a speedo of a car. It doesn't have to be exactly perfectly accurate. And of course, you need an accurate way of recording the time it takes to run/walk your distance. The main thing is to get out there to get active & have a run/walk.

Important Information

You can do as many runs as you like but enter each separate run you do. It's free to enter. We hope to be able to track the total km's you & your fellow school members &/or the whole SSV community run/walk by age group, gender, primary or secondary/school/region/state.

It's open to all students from Prep - Year 12. It has been made so you can (virtually) run/walk in the same age group as you. You can do it when at home or maybe you might also do it with your class in school with your teacher.

Remember to warm up, stretch & cool down.

After all, your overall health, well-being & safety are most important.

Your name, school, age group & performance (distance & time) will be displayed on the [Virtual Cross Country Standings](#) and will be updated periodically on <https://ssv.vic.edu.au/state/Pages/StateResults.aspx> - Cross Country/Virtual in accordance with the [SSV Privacy Policy](#)



We have been learning about shapes



Parish News....

UPDATE: GENERAL GUIDELINES COVID-19

The following Guidelines are approved by Most Rev Peter A Comensoli, Archbishop of Melbourne, to assist Clergy and Faithful with questions pertaining to specific areas of liturgy and ministry in the Archdiocese of Melbourne during this time of the COVID-19 pandemic.

In relation to the latest directives announced by Government (Sunday 24 May 2020), there are THREE KEY POINTS that directly affect churches, places of worship and liturgical celebrations and ceremonies held within.

From 11:59pm on 31 May 2020 restrictions on gatherings at places of worship and ceremonies will be eased:

- Places of worship can open for private worship or small religious ceremonies for up to 20 people in a single undivided indoor space, subject to the four square metre rule plus the minimum number of people reasonably required to perform the service or ceremony.
- 20 people in addition to the celebrant and couple being married can attend a wedding. If a wedding is held in a home, a maximum of 20 people is allowed, including the celebrant and the couple.
- 50 people can attend a funeral in addition to the officiant and funeral staff, subject to the four square metre rule. If a funeral is held in a home, a maximum of 20 people can be present (including the officiant and funeral staff).

Parishioners who have no access to the Internet can book through St Joseph's Parish Office on Tuesday, Thursday and Friday 9am-2pm. Please ring 9772 2211 during office hours. Bookings are essential. Please only use the landline number to contact the parish office.

To book a WEEKEND MASS please copy and paste <https://www.trybooking.com/BJTRM>

When you attend Mass please observe the following rules:

Enter at the choir door entrance (ramp side).

All family members, living together can sit together.

Please follow the 1.5 m social distance guide.

Please use the hand sanitiser provided.

If you have flu like symptoms please do not attend Mass and please ring 9772 2211 to notify your cancellation, so another parishioner can attend.

A little mindfulness for this week....

TAI CHI WALKING



- * Walk slowly around the room or outside.
- * Pay attention to each foot moving on the ground.
- * After 2 minutes, move to Tai Chi Walking:
- * When you step forward, rock forward slowly on your front foot.
- * Then rock back on your back foot slowly.
- * With each step rock forward and then rock back.
- * Repeat with all steps.
- * Perform each step slowly and mindfully.

Mindful Movements

Community News....

Virtual Open Morning

Friday 12 June • Commencing 9:00am

Applications for Year 7, 2022

close Friday 21 August 2020

We invite you online to explore the quality education and programs that your daughter will experience as a Kilbreda girl, all in the comfort of your own home!

Register today at kilbreda.vic.edu.au



ENROLMENTS ARE OPEN

For current Year 5 students who will be attending Year 7 in 2022

CLOSING DATE 21 AUGUST 2020

Applications available on our website:

www.stbedes.catholic.edu.au



St Bede's
College

Contact: Deb Campion
Phone: 9582 5999
Email: enrol@stbedes.catholic.edu.au



Chelsea Community Support Services



- Do you need help with food, bills, or experiencing a unexpected financial crisis?
- Are you looking for local information?
- Have you suffered job loss due to COVID-19 and don't know where to go?

WE ARE OPEN DURING COVID-19

We are assisting the community with phone assessments until all restrictions are lifted.

Monday 9:30am–3:30pm call on 0490 330 395
Tuesday to Friday 9:30am–2pm call on 9772 8939
last client interview at 1:30pm
Email: info@chelsea.org.au
Web: www.chelsea.org.au

Emergency Relief
Community Information
Justice of the Peace (Tuesdays)
Tax Help (July–October)