



St Joseph's School, Chelsea

Term 3, Week 5 Thursday 13th August 2020



5 Woodbine Grove....

Just over 12 months ago Pauline Eden, who lived her whole life at 5 Woodbine Grove, passed away. Pauline went to school here, was married to Ron here, was our crossing lady and loved her community. With the support of her family, neighbours and the Parish Education Board we have been able to purchase her home next to the grass.

Our plan is to knock down the house and increase our grass area available for the children. Pauline loved the children and would be so happy to see that her land will be part of the St Joseph's community forever. Thank you to Pauline, her family and her neighbours for allowing Pauline's legacy to live on here at St Joseph's.

Dear Families,

Last night I sent out a skoolbag notification with some wellbeing activities and conversation starters for parents.

Looking after ourselves is critical during this time. Six Key elements to well being are:

1. Understanding Emotions

2. Personal Strengths

3. Positive Coping

4. Problem Solving

5. Stress Management

6. Help Seeking

The attached document gives some ideas about how you could have a conversation with children of different ages

[Wellbeing Activities and conversation Starters](#)

Also I need to gather information about the children attending school from next Monday 17th August for two weeks.

If you need your child to be supervised at school in weeks 6 and 7 during this remote learning time and meet the required criteria as a: **Permitted Worker (Please email Permitted Worker Permit to principal@sjchelsea.catholic.edu.au) or Vulnerable student or Student with a diagnosed disability** please complete this form by Friday 14th August at 3.00pm: [Intentions Form Weeks 6&7](#)

Your child will need to arrive in school uniform at 8.30am via Argyle Avenue entry, be temperature checked and head to the designated area to be supervised for the day.

Their lunch and drink bottle will need to be supplied.

Collection will be between 3.00 and 3.15pm from the Argyle Avenue entry.

Please be aware there are no crossing supervisors during this stage 4 lockdown.

Yesterday fee statements were sent out. Thank you to those who have paid. Many of you are struggling and we appreciate the difficult financial position you are managing. Please contact us for support if you need to regarding the payment of fees. We will make a decision regarding relief for all families early in Term 4 when hopefully we can look at our financial position when hopefully things are back to normal. In the meantime if you are struggling please contact me.

Secondary Transition Change of Dates

Please note Kilbreda Colleg, St Bede's College and John Paul College have extended their dates for Year 5 students looking to enrol in Year 7 2022.

The new date for the closing of applications for Year 7, 2022 is now Friday 9th October 2020.

Virtual tours will continue to be offered. Please see the flyers below and visit the websites for more information.

Science Week - Wednesday 19th August

St Joseph's is celebrating National Science Week with an afternoon of family fun and discoveries. Check the flyer below.

As part of the Science in Primary Program, JohnPaul College has shared some fun and easy experiments you can do at home:

[Science Experiments](#)

St Joseph's is celebrating
National Science Week with an afternoon
of family fun and discoveries



15-23 AUG 2020

scienceweek.net.au #scienceweek



How you can join in:

- This week, explore the videos as per the above Science Experiments link and choose at least one experiment your family could investigate
- Gather the equipment and material
- Get ready, because on...
- Wednesday 19th August** all classes will stop their scheduled lessons by 12:00pm
- Step away from the screen and start experimenting together
- Take photos of your family's discoveries and share them with your teachers on SeeSaw

Poulson Street, Carrum

The site of the old Church in Poulson Street Carrum has been redeveloped by Villa Maria Catholic Homes and Catholic Archdiocese of Melbourne. The Parish still owns the property and receives income from Villa Maria.

After delays due to coronavirus pandemic, construction of the Villa Maria Catholic Homes and Catholic Archdiocese of Melbourne jointly funded Poulson Street Carrum project has now been completed and the site opened at the beginning of August. The original commencement date was delayed a month due to problems with the NBN. The development comprises the construction on St Joseph's Parish owned land (Our Lady Of Lourdes Church now demolished) of a disability support facility for residents aged 25 - 35 years.



The Feast of The Assumption

August 15th 2020





**Let us pray
The Hail Mary**



+ In the name of the Father and of the Son
and of the Holy Spirit

Hail Mary, full of grace, the Lord is with you.
Blessed are you among women,
and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners, now
and at the hour of our death.

Amen

The Feast of the Assumption....

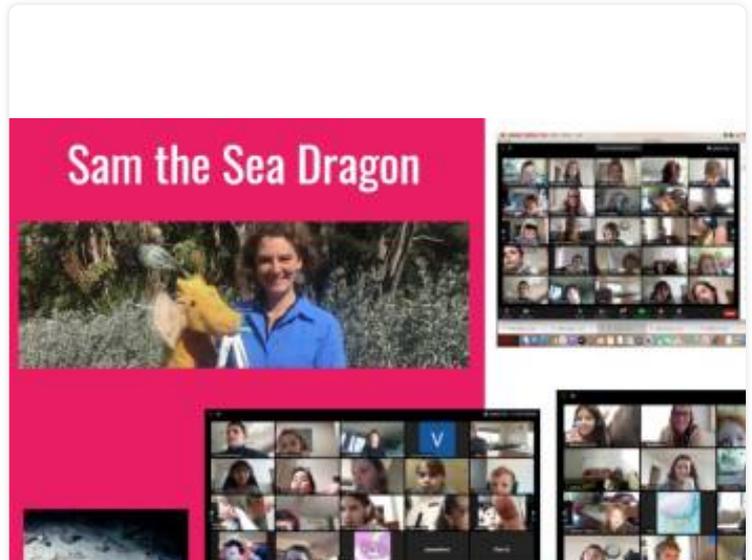
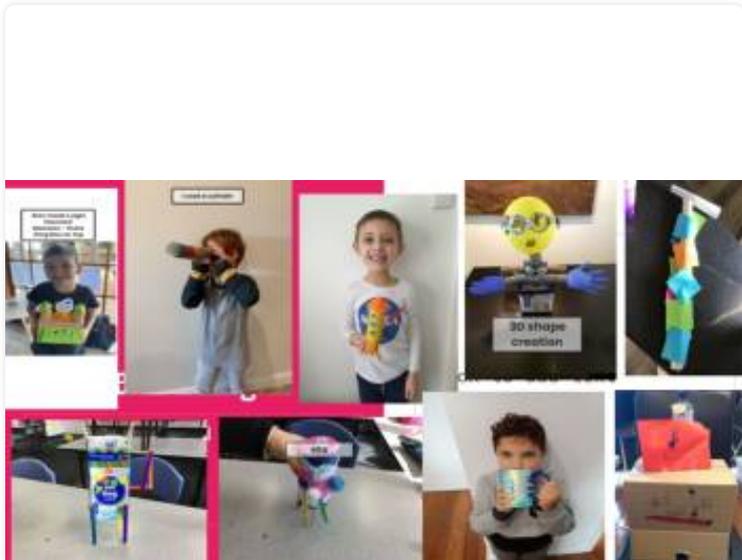
Hail Mary - Gentle Woman

Today we gather together to honour Mary, the mother of Jesus. This Saturday, August 15th is the feast day to celebrate Mary's Assumption into heaven.

God chose Mary to be the mother of his son, Jesus. Mary was always ready and willing to do whatever God wanted. Because she was so special and so loved by God that when she died she was taken up body and soul to be with Jesus in Heaven – this is what 'Assumption' means.

Mary was chosen by God to be the mother of His son. She was so loved by God that when she died she was taken up to Heaven, body and soul.

Today we ask Mary, the Queen of Heaven, to pray for us all.



Remote Learning in 3/4

Week 5 Visual Arts- Mary McKillop



WALA Time



Remote Learning in 5/6

Mary was an inspirational woman who devoted her life to caring for the marginalised, and was at the forefront of developing the Sisters of St Joseph. Her outreach was as far and as wide to what was needed in providing care and Catholic Education for countless children over many years. We recognised that Mary Mackillop had a strong love for God, and through her countless acts of kindness was recognised as Australia's first saint.



Last week in Performing Arts the we watched a Buster Keaton clip. We then had to put together our own chasing/hiding scene. In Physical Education we practised outdoors while having fun.





Encourage kids to occupy themselves

by Michael Grose

A child's ability to fill in their own time and cope with moments of boredom are important independence skills to develop. Children have less practise at keeping themselves occupied than those of past generations. You have many jobs as a parent, but constantly entertaining your child, should not be one of them. These ideas will help:

Invite them to keep themselves busy

When your child tells you that he or she is bored they are bringing you a problem to solve. Boredom is your child's problem, not yours. If this happens, encourage your child to keep themselves busy by asking questions such as "How can you keep yourself amused?"

Make a list

If your child is stuck for ideas make a list of activities that they can refer to when they're bored. Include a variety of activities such as creative tasks, performance tasks, crafts, sports, indoor and outdoor games, music activities, reading and helping. Place the list in a convenient place with easy access and visibility.

Make a boredom buster jar

Cut up a list of boredom busting activities and place them in a jar. When your child is stuck for an idea to keep him or herself amused invite them to select an activity from the boredom buster jar. Ask your child to add enjoyable activities to the jar over time.

Encourage plenty of green-time

Today's children spend more time in front of screens, and less time outdoors than those of previous generations. Not only is time spent in natural environments refreshing, relaxing and rejuvenating, but It's also a wonderful way for kids to relieve boredom. Encourage your child to spend some of their free time outside in natural environments to promote good mental health and develop their confidence.

Help find their interests

If your child struggles to keep him or herself occupied, consider helping them identify a hobby or interest that they enjoy. Often finding that one activity a child loves or excels in makes a huge difference to their self-esteem and wellbeing, and can become the driver for future career choice.

Build in downtime

A trait common among healthy families is the propensity for everyone to enjoy spending downtime or unstructured time together. It's during downtime that parents and children share activities together, which promotes better relationships and helps children's informal learning.

Most children when given unstructured time will rise to the occasion (even after some complaining) and will find interesting things to do. By encouraging them to find something "to do", other than filling their time with screen-

Nationally Consistent Collection of Data (NCCD)



NCCD Information Sheet for Parents, Carers and Guardians

Nationally Consistent Collection of Data (NCCD) On School Students with Disability

What is the Nationally Consistent Collection of Data?

Schools must now complete the *Nationally Consistent Collection of Data on School Students with Disability (NCCD)* every year. It counts the number of students who receive additional adjustments or "help" at school because of a disability. The NCCD helps governments plan for the needs of students with disability.

Who is counted in the data collection?

To count a student in the NCCD, schools must think through some key questions:

1. Is the student getting help at school so that they can take part in education on the same basis as other students?
2. Is the help given because of a disability? The word 'disability' comes from the [Disability Discrimination Act 1992 \(DDA\)](#) and it can include many students.
3. Has the school talked to you or your child about the help that they provide?
4. Has the school kept records about the help they provide, the student needs and the reasons that the student needs this help? The school will need to keep copies of tests, student work, assessments, records of meetings, medical reports or other paperwork and information about how the student's learning is moving along over time.

Once the school decides that the student should be counted in the NCCD, they then choose a disability group and one of four levels of help that has been given to the student.

What does the word 'disability' mean in the NCCD?

In the NCCD the word 'disability' comes from the [Disability Discrimination Act 1992 \(DDA\)](#). There are four types of disability that the school can choose from: sensory, cognitive, social-emotional and physical.

Many students that need help at school can be counted in the NCCD. For example, students with learning problems, e.g. specific learning disability or reading difficulty (sometimes called dyslexia), health problems (e.g. epilepsy or diabetes), physical disability (e.g. cerebral palsy), vision/hearing loss and social-emotional problems (e.g. selective mutism, Autism Spectrum Disorder, anxiety).

Letters from doctors or specialists can be very helpful for schools as they plan how to support students with their learning. Schools do not need to have these letters before they can count a



Victorian Premiers' Reading Challenge

The Victorian Premiers' Reading Challenge is now open and St Joseph's is excited to be participating. A new application is being used this year that offers a range of exciting features including:

- access to a library catalogue (including book images and blurbs)
- a modern user-friendly interface
- rewarding students with badges as challenge milestones are achieved
- the option for students to mark books as a favourite, give them a star rating or complete a book review

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 4 September 2020.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

To read the Premier's letter to parents, view the booklists and for more information about the Victorian Premiers' Reading Challenge, visit:

www.education.vic.gov.au/prc

A little mindfulness for this week....

LONG OUT BREATH



- * Begin by focusing on your breath for 1 minute and simply notice how your breath feels.
- * Now keeping your focus on your breath, try to make your out breath twice as long as the in breath.
 - * Take as much air in as you breathe out.
 - * Do this for 2 minutes.
- * Return to your normal breathing and simply notice the natural flow of breathing for a few minutes.

Breath Meditations



Scholastic Bookclub

Scholastic Bookclub is still available to order.

Issue 5 and Issue 6 are online and can be purchased for a home delivery. Each delivery is \$5.99 and will be available indefinitely unless items are out of stock.

With many book shops and libraries closed it may be another option for families.

To order online please go to

www.scholastic.com.au/LOOP

Thankyou....

From Mike Eising, on behalf of Friends of Dents Reserve Group:

Just a quick note to thank **YOU** for being part of our campaign to bring a new park to Chelsea. Your signing of our Tarella Road parkland petition in February 2017, played a small but significant part in helping us to lobby council to purchase the land for our new park. This has now occurred and we will look forward to seeing the site returned to the Kingston community in due course.





Virtual Meet and Greet with the Principal, Mr John Finn

We invite you and your sons to meet with our Principal, Mr John Finn and some of our College leaders via a Virtual Meet and Greet. This will provide you with an opportunity to experience our College first hand, ask questions and gather information whilst we cannot offer onsite visits.

For bookings: www.stbedes.catholic.edu.au
or phone 9582 5999



St Bede's
College

Mentone Campus
2 Mentone Parade, Mentone Vic 3194 P: 9582 5999



ENROLMENTS ARE OPEN

For current Year 5 students who
will be attending Year 7 in 2022

CLOSING DATE 9 OCTOBER 2020

Applications available on our website:
www.stbedes.catholic.edu.au



St Bede's
College

Contact: Deb Camplon
Phone: 9582 5999
Email: enrol@stbedes.catholic.edu.au



Virtual Visits

Wednesday 5 August - 9.00am • Wednesday 12 August - 4.00pm
Thursday 3 September - 4.00pm • Tuesday 15 September - 9.00am

Applications for Year 7, 2022
close Friday 9 October 2020