



# St Joseph's School, Chelsea

Term 3, Week 3 Thursday 29th July 2021



Dear Families,

It has been great to see all the happy faces back at school. Schools without children can be lonely places.

Congratulations on the great job you all did during remote learning, you are to be commended.

The restrictions are still impacting on us all but we are working through this. Sport, exercises and sacraments all have guidelines of how to proceed. Please be patient and as soon as we work out solutions we will let you know.

Our Confirmation parent night next Tuesday will be held online. A link to the meeting will be sent out Tuesday.

### **Prep School Nursing Program Health Questionnaires**

Yesterday we sent health questionnaires home to prep families. Please fill these out and return as soon as possible.

### **Second Hand Uniform Shop**

The uniform shop will not be open as we are unable to have Wendy in the shop. If there are any orders please email [info@sjchelsea.catholic.edu.au](mailto:info@sjchelsea.catholic.edu.au)

### **Parking on Woodbine**

New parking restrictions will come into place in the near future on Woodbine Grove. See the attached drawing,

### **School Fee Statements**

School fee statements were emailed to families a couple of weeks ago. If you did not receive your account please check your junk mail. Fees are to be finalised at the end of this term. If you are experiencing financial difficulties please contact the office or email [accounts@sjchelsea.catholic.edu.au](mailto:accounts@sjchelsea.catholic.edu.au)



**PBL has arrived at St Joseph's - What is it?  
More details in next week's newsletter**



## **School Shuttle Bus**

The shuttle bus in the morning and after school to transport children from Maury Road to Argyle Ave before school and Argyle Ave to Maury Road after school has worked well. The times may be tweaked slightly next week but we will let you know.

[Download](#)

## **LXRP - Argyle Level Crossing closed**

Click on the link: [Brochure regarding travel Changes around St Joseph's](#)

**IT'S ON AGAIN!!**

**Dads and Kids**

**Camp 2021**



BACK BY  
POPULAR  
DEMAND!

Confirm by  
15<sup>th</sup> August



**Dad's and Kid's Camp - Please click  
for details on how to book**

Download

# Music Program

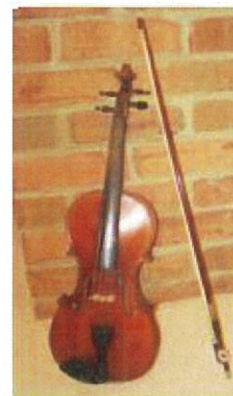


## Presents:

Music lessons

At

St Joseph's Chelsea



### Benefits of learning music:

- improves academic skills. ...
- uses every part of the brain...
- develops physical skills. ...
  - cultivates social skills. ...
- refines discipline and patience. ...
  - boosts self-esteem. ...
- introduces children to other cultures
  - improves lateral thinking
  - improves co-ordination



Students are tutored in one-on-one or group lessons at the piano, violin, flute or guitar during school time.  
No driving around after school to take your child to their lessons, it is all done for you.

We cater for all levels from beginners to advanced (15-minute lessons for younger children available)

Study for leisure or study for exams

lessons include the following:

music theory

proper technique

sight reading

\*\*\*preparation for AMEB exams\*\*\*

All lessons include basic music theory

instrument hire available



\*\*\*half hour lessons one-on-one: \$35.20 per lesson, and & \$13.20 for group lessons; payable by the term\*\*\*

Keyboards, flutes, violins and half size guitars that are small and comfortable for young children available to hire for a small fee.

Call Carol 0411 402 102 to enrol

Or email [carol@orangetreemusic.com.au](mailto:carol@orangetreemusic.com.au)



## The perks and pitfalls of being born first

by

Michael Grose

The birth of a first child is a big event. Such is the excitement and emotion that parents often don't realise that the baby that they bring home is a ground breaker, taking them headlong into every stage of development.

First-borns are born into a privileged position. Living in the spotlight, they get piles of attention and as they grow up, they are given more responsibility than other children in other positions. They lead the way, break new ground, and rule the roost if others follow. Parents expect a great deal from first-borns, so to avoid disappointing them many become low risk-takers. Parental expectation and their tendency for perfectionism and conscientiousness can make first-borns more anxiety prone than children in other birth order positions.

First-born children can be bossy, responsible, and achievement-oriented but they are more neurotic, more intense, and more inflexible than children in any other birth order position. Taking life and themselves too seriously is a problem for many first-borns. Here are some tips for parenting children and young people in this privileged but anxiety-prone position:

#### **Encourage rather than praise or criticise**

First-borns respond to encouragement as it releases the pressure on them to perform. When they know that effort, improvement, and contribution matter more to parents than good results they're more likely to take risks and stretch themselves as learners.

#### **Save responsibilities for others**

First-borns know all about responsibility, as they get more than their fair share of jobs and reminders to be good role models. Share chores, responsibilities, and expectations among all children in the family, including youngest children.

### **Enjoy two-on-one time**

First-borns love having both parents to themselves, if applicable, as that's the way life was until a second-born came along and robbed them of their privileged position. Only children are fortunate that they don't experience the 'disgrace' of dethronement.

### **Embed wellbeing practices into family life**

Help anxiety prone first-borns develop positive wellbeing habits including healthy eating, adequate exercise, and sleep and relaxation techniques such as mindfulness and meditation.

### **In Closing**

The drive, leadership and attention to detail of first-borns contributes enormously to society. We need to help them lighten up and enjoy themselves as well.

## Community Updates



CARRUM BOWLING CLUB-NEPEAN HIGHWAY,  
KEAST PARK, CARRUM

Your community gathering place for a most enjoyable  
lawn bowls and social experience

**BOWLING BY THE BAY-AFTER SCHOOL JUNIOR PROGRAM**

The Club continues to offer a bowling program for children in the local area with our Fridays @ Five, which includes **skill development** and **fun activities** for children of Primary and Secondary School age. Qualified **free coaching and use of equipment** is included in the program.

Children and Parents are most welcome to come along for an hour on Friday evenings

**The Club will recommence Fridays @ Five on...**

## Community Updates



### **ENROLMENTS ARE OPEN**

For current Year 5 students who  
will be attending Year 7 in 2023

**CLOSING DATE 20 AUGUST 2021**

Applications available on our website:

[www.stbedes.catholic.edu.au](http://www.stbedes.catholic.edu.au)



# 2021 Term Dates (red indicates additions/changes)

## Term 3

### Week 3

Fri 30th July - 2.30pm assembly 5/6 online, National Tree Day

### Week 4

Tuesday 3rd Aug - 7pm Confirmation Parent Session-online

Wed 4th Aug - Yr 4 Reconciliation TBC

- 7.30pm Parish Pastoral Council (PPC) TBC

Thurs 5th Aug - 1.30pm Fire Carriers Ceremony Online Library

- Yr 6 Confirmation children sessions

Fri 6th Aug - Holy Eucharist 4.30pm & 6pm TBC,

2.30pm Assembly 3/4

Sat 7th Aug - Holy Eucharist 4pm & 6pm TBC

Sun 8th Aug - Holy Eucharist 3pm TBC

### Week 5

Mon 9th Aug - Yr 1/2 Scienceworks Excursion

- Chickens arrive for preps

Thurs 12th Aug - 2pm Yr 6 Confirmation children

Fri 13th Aug - 2.30pm assembly 1/2

Sat 14th Aug - 8-10am Working Bee TBC

Sun 15th Aug - Feast of the Assumption

**T2 19th April - 25th June**

**T3 12th July - 17th September**

**T4 4th October - 15th December**