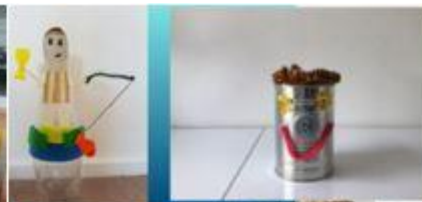




St Joseph's School, Chelsea

Term 3, Week 8 Thursday 2nd September 2021



National Health and PE day!



Dear Families,

Happy Father's Day to all the fathers, stepfather's, grandfathers and significant others for this Sunday. Yesterday I sent home a letter regarding father's and father's day coming up. It is attached below if you missed it.

Congratulations on your perseverance and all you are doing to support your child's learning with teacher and LSO support. The announcement yesterday of the continuation of the lockdown and remote learning doesn't come as a big surprise. The staff have however been preparing for this possibility. While not desirable staff have been talking about the different ways we can keep the children engaged and support parents.

If you are running out of workbooks in Prep to Year 6 we have them available from the office. Just pop up to school and we can give you one. If you need a device please come and collect one. The Prep packs are currently available for pick up at the Argyle Avenue entrance for weeks 9 and 10.

We continue to encourage all children to follow the online expectations being cameras on, microphones off unless directed in all classes. See the outlined Online Expectations attached. If you could read and go through with your child that would be great.

Keep checking your email and seesaw notifications for updates on google meets and learning arrangements for each day.

Next Wednesday the 8th September will be a school closure day as the staff gather remotely to prepare for term 4 which will hopefully be Face to Face. This means there will be no supervision for children at school. We apologise for the short notice but due to the demands on and health and wellbeing of the staff we feel that this is a necessary step to take.

Next Friday 10th September we will be having our annual footy day. We encourage all the children to dress in their favourite footy colours and join us for our footy assembly at 2.20pm.

Next Tuesday at 8.30am the 7th September we will open the bookings for online Learning Conferences in Week 10. Logon to www.schoolinterviews.com.au using the code **5w8cn**. Details below.

If you require your child to be at school and either Category A or B below please complete this form. Especially for tomorrow Friday 3rd September.

Attendance Form Friday 3rd September -Friday 10th September

Permits for onsite supervision Parents and carers will only be able to request onsite supervision at school for their children in the below categories.

Category A (Permits Required) Children where both parents and/or carers are considered authorised workers who cannot work from home, work for an authorised provider and where no other supervision arrangements can be made.

Where there are two parents/carers, both must be authorised workers, working outside the home for their children to be eligible for onsite provision at school.

For single parents/carers, the authorised worker must be working outside the home for their children to be eligible for onsite provision at school.

An authorised worker permit is now required for parents in regional Victoria requesting onsite supervision for their child/ren under Category A as an authorised worker.

In rare circumstances, a parent/carer does not need a worker permit. This includes people employed in law enforcement, emergency services or health care workers who carry employer-issued photographic identification. More information is available at Authorised provider and authorised worker permit.

Category B Children experiencing vulnerability, including:

- in out-of-home care
- deemed vulnerable by a government agency, funded family or family violence service, and assessed as requiring education and care outside the family home identified by a school or early childhood service as vulnerable (including via referral from a government agency, or funded family or family violence service, homeless or youth justice service or mental health or other health service)
- where a parent/carer indicates that a student with a disability is vulnerable because they cannot learn from home, and/or informs the school the student is vulnerable due to family stress, the school must provide on-site supervision for that student.
- An authorised worker permit is not required for accessing onsite supervision under Category B.

Take Care and Keep Safe

Gavan

Scholastic Bookclub

We have been unable to send the catalogue home with your child but please continue to support Scholastic Bookclub via the link below. Families have the opportunity to order online and delivered to the school or delivered to home.

If you would like to order please go to the Scholastic Bookclub website and order online, Issue 6 will stay open until next Wednesday. If you choose to have the books delivered to school they will be sent home with your child when we return. Please click on the link: Scholastic Catalogue Issue 6

Take Care and Keep Safe

Gavan

Father's Day

Many Australians observe Father's Day on the first Sunday of September.

This year, Sunday the 5th of September, will be a day for people to show their love and appreciation for fathers and father figures, which may include significant males and females.

We firstly want to honour and celebrate each and every father for all that you are and the contributions that you continue to make not only to your family, but also the community at St. Joseph's. We are very grateful for all that you do and wish you a great Father's Day!

Whilst Father's Day is usually an occasion for children, and their families, to celebrate the important father figures in their life, we would also like to acknowledge that for some, these celebrations can trigger different emotional reactions such as sadness, anger and confusion, especially when a father or significant other is absent. This might be due to different reasons such as a death or residing elsewhere. This day can also be especially challenging for fathers themselves due to their own experiences of grief and loss.

For many of us, this year is likely to be particularly challenging, as the restrictions related to COVID-19 will likely limit our ability to connect with our loved ones in the way that we would have liked. For others, it might bring up more intense and deep human emotions, as the day is associated with other significant life experiences.

We are especially mindful of a family in the foundation year level who is grieving a loved one on this special occasion and we keep them in our thoughts and prayers. This also extends to other students and members of our school community who have been affected by the loss of a loved one.

We would also like to take this opportunity to let you know that the teachers, school leadership and wellbeing team, which includes a school counsellor, are always here to provide any help or support. If you have any questions or concerns about any of the above, or would like to seek further clarification, we encourage you to contact your child's class teacher.

We have also listed additional confidential support services if you would like to reach out for support.

Service	Description	Contact
Lifeline	24-hour crisis support and suicide prevention service	13 11 14
Lifeline Text	Open 12pm to 2am (AEST), 7 days a week	0477 13 11 14
Lifeline webchat	Open 12pm to 2am (AEST), 7 days a week	https://www.lifeline.org.au/crisis-chat/
Kids Helpline	A free, private and confidential, telephone and online counselling service specifically for young people aged between 5 and 25	1800 55 1800
Headspace	Free online and telephone service that supports young people aged between 12 and 25 and their families going through a tough time.	1800 650 890
Griefline	Phone counselling for anyone who is experiencing grief, loss, trauma and associated feelings	1300 845 745
Parentline Victoria	Phone counselling for parents and carers of children from birth to 18 years	13 22 89
Relationships Australia	A provider of relationship support services for individuals, families and communities	1300 364 277
Beyond Blue	Provides brief support, information and advice, and points you in the right direction	1300 22 4636
Beyond Blue chat	Open 1pm to midnight (AEST), 7 days a week	https://online.beyondblue.org.au/#/chat/start
Mensline	A telephone and online support, information and referral service, for Australian men. Open 24 hours a day, 7 days a week	1300 78 99 78



Learning Conferences 2021

Term 3 Learning Conferences will be in week 9.

Mon 13th Sep - Thurs 16th Sep between 12-7.00pm.

When you click finish your online link and time will be emailed to you.

[Download](#)

ST JOSEPH'S POSITIVE BEHAVIOUR FOR LEARNING	
VALUE MATRIX - ONLINE SECTION	
Values	Online
Safety	<ul style="list-style-type: none">I ask a trusted adult for helpI follow the Acceptable Use PolicyI keep my password private
Respect	<ul style="list-style-type: none">I follow the instructions of trusted adultsI follow the Acceptable Use PolicyI speak and act kindlyI take care of property
Responsibility	<ul style="list-style-type: none">I follow the instructions of trusted adultsI follow the Acceptable Use PolicyI keep my password privateI take care of propertyI stay on taskI work to the best of my abilityI tell an adult if I need help solving a problem



pbl

Click on the above link to see what PBL means to us....



Nutrition for women's health - Live webinar

In support of Women's Health Week, Clarinda and Patterson Lakes Community Centres are hosting a free 60-minute webinar with nutritionist, Elly Mclean on Wednesday, 8 September 2021 at 1:00pm. Click on the download button for more information.

[Download](#)



Upcoming FREE webinar - Taming digital distractions 8th September at 8pm

Our school has a membership with Parenting Ideas, one of Australia's most trusted sources of parenting education and support. As part of this membership, all the parents in this school community can attend some fantastic webinars in 2021 at no cost. We're pleased to let you know about an upcoming webinar. Taming digital distractions Technology is an integral part of life for our children – it's the portal for their leisure, learning and connection. However, digital technologies can also disrupt a child's focus, put a dent in their learning and compromise their wellbeing. In this webinar, Dr Kristy Goodwin helps parents and carers understand why children and adolescents are vulnerable to digital distractions. She provides science-backed solutions to help kids and teens develop healthy digital behaviours so that they can focus, learn and thrive online.

Please hit the download button.

[Download](#)



Longbeach Place Community News....

Click on the download button for local community news.

[Download](#)

Sex Ed 4 Schools -NOW Wednesday 15th Sep ONLINE



Family Programs

Cath McCallig is delighted to offer her Family Program to Primary School Communities. Cath has worked in schools as a teacher, theatre in education presenter, and more recently, as a sexuality educator with Family Life Victoria. Cath is now branching out on her own and offering both Family Evenings and School Programs. With four children of her own, Cath understands and fully support the role families have in the sexuality education of children.

Below is a quick run down of what is covered over the 2 sessions of the Family Program. These sessions are **attended by children and their adult(s)** and are an opportunity to discuss the topics listed. The sessions are designed to be fun and informal. Families can choose to attend one or both sessions. **Parents know their children best, and so are encouraged to attend the session(s) that are most suitable for their child.** Each session runs for an hour with a 15 minute break in between.

Session 1 Families, Bodies and Babies.

- *Ideas of what makes a family are shared.
- *Similarities and differences in male and female bodies are looked at.
- *Body parts are named and the term 'private parts' discussed as a lead-in to keeping ourselves safe.
- *Conception, foetal development and birth are discussed. This will include a brief and basic explanation of sexual intercourse.

Session 2 Puberty: Growing and Changing.

- *The Who ,What, When and Why of Puberty (including the pituitary gland and hormones).
- *A quick recap of body parts and their names for those who didn't attend Session 1
- *The physical, social and emotional changes of puberty are discussed allowing time for students to talk with their attending adult(s) about management strategies.
- *The gender specific changes are explained and again, students have the opportunity to discuss management with their adults.

If you have any queries, please feel free to contact:

Cath McCallig

Sexuality and Protective Behaviours Educator Sex Ed 4 Schools

cath.mccallig@gmail.com



Dad and Kids deadline extension - 10 spots left

IT'S ON AGAIN!!

Dads and Kids

Camp 2021



**BACK BY
POPULAR
DEMAND!**

**Confirm by
15th August**



Dad's and Kid's Camp - Please click for details on how to book

Download



In praise of fathers: the place of the modern dad....

by

Michael Grose

Fatherhood has been transformed from the breadwinner and disciplinarian role of the past to a far more complex framework. Here's how:

Diversity rules

A look at different cultures even within our shores shows there's no one 'right way' to be a dad. Fathers have a strong biological urge to ensure their children's survival, which drives dads to be protective, some to have high expectations and others to promote self-sufficiency. Fathers may differ in how they parent, but ultimately, we all belong to the same valued club. Fathers almost universally want what's best for their child.

Recognising dads

Being a dad is not given the same attention as motherhood. The parenting advice industry is often skewed toward mothers as the direct or primary carers. The lack of recognition can also at times be seen in the mental health field. It's now recognised that men experience heightened anxiety at all stages of fatherhood, however, most simply suffer in silence because 'that's what men do.' The recent advances in mental health promotion still have some way to go when it comes to fathers.

Playtime is crucial

Fathers have long been seen as the kings of play. Science now shows that play is a critical part of the fathering toolkit. Whether it's engaging in rough and tumble play with toddlers, sharing pizza night with primary-school kids or laughing with teens over the latest cat video, dads bond best with their children through play. Oxytocin, the bonding chemical that

promotes strong relationships is released most intensely for men when playing with kids. On the other hand, oxytocin spikes for women are prompted by affectionate activities such as stroking, cuddling and talking softly to kids. Activity is at the heart of effective fathering as it's through play that many men do their best fathering work.

Part of team parent

'I wish my partner raised children like me' is a common parent comment. While usually uttered out of sheer frustration this comment misses the point that evolution dislikes duplication. Put simply, if one parent is the disciplinarian the family doesn't need another. Better for the other parent to focus on nurturing, teaching or arranging daily timetables. In busy families it's better to ensure all the parenting bases are covered rather than duplicating roles and leaving out important functions. Working together as one part of team will ensure that most of the needs of a child are met. Alternatively, if you are parenting a child on your own stay connected with other families and reach out for assistance when required.

The school of dad

Traditionally, fathers have been heavily linked with children's learning, but not necessarily of an academic kind. The reinforcement of values, real-world problem-solving and teaching for self-sufficiency have been the usual domain of dads. Recent studies show that dads can also positively impact their children's academic achievement, but in different ways to mothers. While mothers are more likely to be involved in at home learning activities such as hearing children read and supervising homework, fathers are more likely to positively impact their children's attitude to learning. According to American educational researcher William Jeynes, dads focus more (than mothers) on moulding and modelling correct mindsets and behaviours, which provide the foundation upon which children and teens can build their academic journeys. It's this bigger picture focus where fathers

can do their best work, particularly changing boys' attitudes to women and giving their daughters the confidence to stand up and be heard.

Dads and kids' development

If a father wants to positively influence children and teenagers, it's important to ensure that their relationship is warm and supportive. While this may be at odds with men's natural tendency to push children's developmental boundaries, fathers should lean on their well defined ability to relate to their kids through play. As Australian educational leader Dr. Tim Hawkes noted in his book "Ten conversations you should have with your son" dads who engage in banter and fun are better placed to discuss issues of real substance with their children.

Dads and resilience

Fathers who promote children's self-sufficiency are well placed to develop resilience in their children. In fact, a key role for modern fathers is to ensure, as part of team parent, that their children can confront and overcome the hardships, frustrations and difficulties that life throws at them. This is done less by adopting tough, hard-nosed tactics, and instead allowing kids to take physical and emotional risks in the knowledge that they can return to a warm and secure base.

Dad is a social role

With children growing up in step, adaptive, single parent and same sex families fatherhood has become less a biological and more a social role. As society changes and assisted parenting techniques continue to advance, whoever answers to father takes on importance in a child's life. This is not denying the rights of a biological father, but rather acknowledges that for many children the person who shows up whether stepfather, relative or family friend, or even a single parent doing both roles, is the social father for a child.

In closing

As society changes the role of fathers is also shifting as well. While the place of a father in a child's life has always been important, there's never been a greater need for fathers to be supported in their role and to widen our view of what it is to be a dad.

Community News

Team Kids EDITHVALE PRIMARY						
7:30AM START 6:00PM END		PLEASE ARRIVE BY 6:00 ON EXCURSION DAYS		IN-HOUSE	McCURSton	ExcURSton
20 th SEPT - MON	21 st SEPT - TUE	22 nd SEPT - WED	23 rd SEPT - THU	24 th SEPT - FRI		
 <p>FINALS FEVER + SHOOT SOME HOOPS!</p> <p>With Finals Fever in the air, we're celebrating all things SPORTS! So, come dressed in your faveest jersey or team colours as we jump into a day of sporting madness with games galore & more!</p> <p>Base Fee: \$70.00 Exp Fee** \$10.00 Daily Fee! \$10.00 Other Fee \$\$\$* \$2.50</p>	 <p>MOVIE: THE BOSS BABY FAMILY BUSINESS + SKELETON MARCH</p> <p>TeamEdith is getting the show on the road & we're bringing the popcorn! We're off to the movies to see The Boss Baby: Family Business. What will Ted get up to this time? *Bring your - jacket spores around!</p> <p>Base Fee: \$70.00 Exp Fee** \$10.00 Daily Fee! \$10.00 Other Fee \$\$\$* \$2.50</p>	 <p>MĀORI WELCOME CEREMONY + BELLY BARRIUMS GAME</p> <p>Did you know that the Māori culture of New Zealand is over 1000 years old? We'll learn all about a traditional New Zealand Māori welcome through song and the Haka in this fun, high energy interactive session.</p> <p>Base Fee: \$70.00 Exp Fee** \$10.00 Daily Fee! \$10.00 Other Fee \$\$\$* \$2.50</p>	 <p>THE MYSTERY OF HAGMETTS + 30 SECOND DANCE</p> <p>You'll want to stick with us for The Mystery of Hagmetts! We're exploring the magical/magical/magical field through a series of games & challenges. Will you be able to make something besides life magic?</p> <p>Base Fee: \$70.00 Exp Fee** \$10.00 Daily Fee! \$10.00 Other Fee \$\$\$* \$2.50</p>	 <p>PUBLIC HOLIDAY</p>		
27 th SEPT - MON	28 th SEPT - TUE	29 th SEPT - WED	30 th SEPT - THU	1 st OCT - FRI		
 <p>CYPHER + 3D HAND ART</p> <p>TeamEdith is dancing on air today with CYPHER! This high energy workshop will have us up on our feet as we learn a range of awesome street dance moves before creating</p>	 <p>BOWLING + CMAA FOOTBALL CLEAN OUT</p> <p>There's no time to spare! TeamEdith is heading our very own bowling tournament & we need your help to knock down as many pins as possible! Are you & your friends up for the</p>	 <p>LIFE'S A PUZZLE + HAZEL BUNNIES</p> <p>What goes up & down, but never moves? Climb! Today we'll work together to solve brain teasers & riddles in Climb a Puzzle. We'll make Sherry Tache Biscuits to create</p>	 <p>TEAM EXTREME + OBSTACLE COURSE</p> <p>The starting line is ready for us all TeamEdith, the gear is set, GO! We'll have stacks of fun with Team Lettuce as we play a range of team games & take on wild challenges over</p>	 <p>SWING INTO SPRING + SCISSORPORE</p> <p>The weather is getting warmer & we're ready to swing into Spring! So plant yourself at TeamEdith for some outdoor fun! We'll play the Duck Shovels & Trasher team</p>		

2021 Term Dates (red indicates additions/changes)

Week 9

Fri 10th Sep - 2.20pm Footy assembly

Week 10

Mon 13th Sep - Learning Conference Online 12-7.00pm

Tues 14th Sep - Learning Conference Online 12-7.00pm

Wed 15th Sep - Learning Conference Online - 12-7.00pm

6pm Sex Ed 4 Schools, 7.15pm Sex Ed 4 Schools

Thurs 16th Sep - Learning Conference Online - 12-7.00pm

Fri 17th Sep - End of term 3 1 pm.

T4 4th October - 15th December