



St Joseph's School, Chelsea

Term 1, Week 2 Thursday 3rd February 2022

Welcome to 2022....



Dear Families,

It has been a smooth start to the new year. The children have great big smiles on their faces. Thank you to all the effort you have put in to get them ready for school.

We welcome Steve Edkins into Yr 5/6, Sophie Malignaggi into Yr 1/2 and Sarah Didus as a new Learning Support Officer. We welcome back from maternity leave Beth Jewson in Yr 1/2, Kim Wilson in Yr 5/6 and Rochelle Morey in the library. We also welcome our preps and new families into our community.

At the start of the new year the children are adjusting to their new classes, teachers and routines. The consistent expectations from all teachers will help our children learn better. The PBL (Positive Behaviour for Learning) lessons are helping us all be more positive. Our school values of safety, respect and responsibility will help our children and our school create a more welcoming environment.

Year levels are also doing assessments at the start of the year. Different teachers will be assessing your children, including our speech pathologist Sarah Gravina, who works on a Tuesday.

Swimming Carnival

On Monday we have the Yr 3-6 swimming carnival at Mentone Aquatic Centre. We will be leaving school at about 11.20 and return by 3.15pm. Unfortunately only parent helpers will be allowed to attend, **no parent spectators** due to COVID restrictions. Ms Coletti has sent home jobs to parents who have offered to help. Any queries about helping or jobs please contact Ms Coletti on mcoletti@sjchelsea.catholic.edu.au

Brainstorm Productions

On Monday all levels will be visiting the hall to watch 'Saving Lil & Archie', a live educative theatre performance supporting us in teaching social and emotional learning at St Joseph's. The children will be taken on an adventure promoting balance, positive connections and responsible use of technology.

Sacramental Dates 2022

Reconciliation Yr 3's - Wednesday 23rd March at 10am and 6pm. Parent/child preparation night details to follow.

First Eucharist Yr 4's - Friday 17th June at 6pm

- Saturday 18th June at 4pm and 6pm.

Confirmation Yr 6 - Sunday 9th October at 3pm.

Canteen News

The canteen will resume next Thursday 10th Feb. Please see below for price list.

Take Care and Keep Safe

Gavan

St Joseph's OSHC 2022

- Name of Program: St Joseph's Catholic Primary School OSHC
- Enrolments for 2022 please visit <https://www.kingston.vic.gov.au/Services/Family-and-Children/Before-and-After-School-Program> to enrol.
- The Before School Program will remain onsite at Chelsea Primary School unless demand increases. Please complete this form in regard to finding interest for Before School Care onsite at St Joseph's. Before School Care Use in 2022 at St Joseph



Positive Behaviour for Learning

Last year at St Joseph's we made a commitment to the Positive Behaviour for Learning (PBL) framework for our school community. We are a community of learners and this year we continue to learn and bring together the whole-school to contribute to developing a positive, safe and supportive learning culture.

What is PBL? Positive Behaviour for Learning (PBL) is a whole-school framework that promotes positive behaviour across a school and helps schools develop safe and

supportive learning environments. The PBL framework makes sure all students are explicitly taught the expected behaviours and establish clear and consistent boundaries. Our teachers take a proactive, preventative approach to ensure all students receive the appropriate level of support to help them to be successful at school. Student outcomes are monitored so identified students can receive additional support when needed, and a minority of students can access intensive support to enable them to engage successfully at school. PBL is an international evidence-based whole school process and as a school we are being supported to implement this framework by an external PBL Coach from the Melbourne Archdiocese Catholic Schools (MACS).

What does PBL involve?

To begin, St Joseph's have created clear expectations and rules that use positive language, for example "walk" instead of "don't run". This is done for all areas across the school and all people involved in the school community. Once everyone has agreed to the expectations, a system is designed to acknowledge students for following the expectations.

This clearly defined set of expected behaviours is backed up by teaching procedures and procedures for acknowledging expected behaviours as well as responding to other behaviours. School communities also work together to decide on what happens when things don't go according to plan. PBL uses an educational approach so there is the opportunity for students to get back on track. We support students to learn when they find areas of the curriculum challenging and we also aim to provide similar opportunities for behaviours.

What are the benefits of PBL?

When PBL is implemented well, teachers and students have more time to focus on relationships and classroom instruction. Students and staff benefit from:

- increased time focused on instruction

- improved social-emotional wellbeing
- positive and respectful relationships among students and staff
- reduced inappropriate behaviour
- better support for teachers to teach, model and respond effectively to student needs
- a predictable learning environment where staff and students know what is expected
- a continuum of support that helps students with diverse academic and social needs

What is the evidence base for PBL?

PBL has a longitudinal research base in achieving positive outcomes for students and school (and system) improvement. Specific outcomes are:

- enhanced school climate
- increased student engagement in learning with improved learning outcomes
- lower rates of minor and major inappropriate behaviours
- increased attendance rates
- greater connection with key stakeholders (students, staff and community)

Our teaching focus for this week is introducing our core values: safety, responsibility and respect. We really look forward to sharing our journey with PBL each week in the newsletter.

ST JOSEPH'S SUSTAINABLE GARDEN

We would like to say a big thank you to all the families who took the time to care for our chickens over the Christmas holidays! They are very healthy and excited to see all of the students back at school!





Helping kids settle back into school

The start of the new school year brings a variety of challenges – from teacher and class changes, through to the transition from holiday mode back into the routine of school. This can make settling back into school difficult for some children and young people, especially after the extended summer break.

Naturally, as a parent you want to help your child settle back into school as seamlessly as possible, but it can often be hard to know where to start. So, we've asked the experts- primary and secondary school teachers – for their top tips.

Get kids involved in the organisation process

Being organised for school isn't a parent-only activity. Involve your kids as fully as practical in the process. By doing this, you will be encouraging them to take responsibility for and ownership of their schooling, not to mention reducing your workload.

Specific tasks include:

- preparing their uniform for each day
- packing their school bag
- helping organise their lunch

- ensuring they have the correct school resources for each day

Use positive language

It's critical to use positive language when discussing school because children who hear their parents discuss education in a negative way typically model that behaviour. This is especially important in the first few weeks back. Sharing your own positive school memories is an authentic and relatable way to do this.

Add a personal touch

If your child is struggling being away from you, consider giving them a bit of you to take with them can help the transition.

Whether it's a personal item of yours that they carry with them, or even a positive note that you leave in their lunchbox, a personal touch is a helpful way for your child to stay connected with you throughout the school day. It's a great reminder that it will be okay.

Trust and communicate with your child's teacher

Trust your child's teachers as they have their best interest at heart and know children well! Couple this trust with regular communication, which is particularly helpful at the start of the year when back to school worries are identified and addressed.

Continue this communication throughout the years, especially if any issues or concerns arise.

It may be beneficial to arrange a meeting between you, the previous teacher and the current teacher to enable a smooth transition, particularly if problems emerge. It's a team effort,

so working together is key.

Talk about how they are feeling

It is important to discuss with your child how they are feeling about being back at school. So be prepared to listen and be guided by your child's responses.

Avoid shutting them down if they are feeling unsettled, nervous or scared and validate their emotions and work through them.

This is especially important with the added complexity of the pandemic. Ensure you offer problem solving advice about what they can control, such as washing their hands regularly, or wearing a mask if this is a school requirement. Provide some time after school for your kids to talk with you about their day. This also provides an opportunity for them to decompress.

Maintain a consistent routine at home

Moving from holiday mode into a more structured school mode is one of the biggest struggles for many kids. One way to reduce the impact of this transition is the maintenance of consistent routines at home over the weekends, especially in the first term.

Some specific ways include:

- Regular reading
- Limiting screen time
- Keeping mealtimes and bedtimes consistent

Using a visual 'back to school' schedule board or weekly planner can also assist in reminding kids what is coming up each week.

Limit after school activities in Term 1

As kids readjust to being back at school, they will probably be tired. So, limiting after school activities such as sport and music, at least in the first term, helps them maintain a sense of balance.

Avoid overloading the weekends with activities so they can really use that time to relax and prepare for the week ahead.

In closing

It is normal for every child to settle back into school differently. Some kids will be excited, and some may feel unmotivated or even anxious.

As parents, there is a variety of ways you can support your child as they transition back into the school routine. A critical first step is to work with your child and their teachers as a team and to keep those lines of communication open. This will also be beneficial throughout the school year as well, especially if any issues arise.

Shona Hendley

Shona Hendley is a freelance writer and a former secondary school teacher. Her work appears in Kidspot, ABC Everyday, The Guardian, Body + Soul, and News.com.au amongst others. Shona currently lives in regional Victoria with her family, including husband, two daughters, two cats, and three super cheeky goats. You can follow her on instagram.



Year 1/2 Visual Arts

In Visual arts this week, the 1, 2 students created observational paintings by working in the sustainable garden area and looking at bunches of fresh sunflowers. We talked about how Vincent Van Gogh was inspired by sunflowers and you can see from our masterpieces that we were too! Each

Monday the students will be having art classes across a range of learning areas. Please remember to bring a smock each Monday, as we plan to get very creative which means wonderful mess and magic mistakes being made. Students completed observational drawings of fresh sunflowers and were inspired by Van Gogh on Monday. They enjoyed creating their masterpieces in the garden area. In the following weeks, we will be spending time in our "Sistine Chapel" and drawing some Creation stories, just as Michalangelo did by laying on his back. We will also be painting portraits of Inspirational people who have been recognised for the services in their areas of passion across their communities. We are going to have a lot of fun and do some wonderful learning this Term. I look forward to working with all the students.

Kind regards, Mrs Egan



PSW new price list

Please find PSW's current price list attached.

[Download](#)



Canteen Price List

Please find the current Canteen price list. The cantten will resume next Thursday 10th Feb.

[Download](#)



2022 Term Dates

TERM 1 - 31st January - 8th April 2022

Week 2

Thur 3rd Feb Gym4Hire 1

Friday 4th Feb 2.30pm online assembly

Week 3

Mon 7th Feb Brainstorm Productions P-Yr 6 'Saving Lil and Archie'

 Yrs 3-6 Swimming Carnival

Tues 8th Feb Gym4Hire2

Wed 9th Feb No Preps, Gym4Hire2

 7pm Prep Information Night

 7.30 Parish Pastoral Council (PPC) meeting

Thurs 10th Feb Gym4Hire2, Yr 5/6 Leadership assembly in library

Friday 11th Feb No Assembly

Blackberry Jam sessions P-Yr 6

5pm Classrooms open and sausage sizzle

6pm Blackberry Jam - Family Bushdance outside

Week 4

Tuesday 15th Feb Gym4Hire 3

Wed 16th Feb No preps, Gym4Hire 3,

Thurs 17th Feb Gym4Hire 3

Week 5

Tues 22nd Feb Gym4Hire 4, Learning Conferences online

Weds 23rd Feb Gym4Hire 4, Learning Conferences online, No preps

Thurs 24th Feb Gym4Hire 4

Week 6

Mon 28th Feb School Photos

Tues 1st Mar Gym4Hire 5, Shrove Tuesday,

Wed 2nd Mar Ash Wednesday, Gym4Hire 5

Thurs 3rd Mar Gym4Hire 5, 7pm Parent only Reconciliation session

Fri 4th Feb Working Bee 4-6pm

Week 7

Week 8

Mon14th Mar Labour Day Holiday

Tues 15th Mar 7pm Maria Forde Reconciliation (1 parent & Yr 3 Child)

Wed16-Fri18 Mar Yr 5/6 Mt Evelyn Camp

Fri 18th Mar No assembly

Week 9

Wed 23rd Mar 10am and 6pm Reconciliation

Friday 25th Mar No assembly

Week 10

Week 11

Wed 6th Apr P-Yr 6 Athletics Carnival

Thur 7th Apr Paraliturgy Easter 2.30pm

Fri 8th Apr 1pm finish end of term.

Term 2 Tuesday 26th April-Friday 24th June

Term 3 Monday 11th July-Friday 16th September

Term 4 Monday 3rd October - Friday 16th December