



St Joseph's School, Chelsea

Term 4, Week 1 Thursday 7th October 2021

Old Worlds, New Worlds, Other Worlds - Celebrating Book Week





Dear Families

It will not be too long before we are all back at school learning together. In the meantime we have some remote learning to get through and then manage our staggered returns.

Bookweek

Reuben had a great day presenting to all our students yesterday as part of our Book Week celebration. The children dressed up and were involved in the spirit of the day even though it was remote.

It was great to see the staff getting involved to enjoy the day as well. Special thanks to Ms Lazzaro for organising Reuben to visit us.

Reuben's book "A Hero is Born" gives a great message for the children. He will also join us for assembly on Friday to make some special awards.

If your child enjoyed his presentation and would like to purchase one of his books here is a special one week offer.

For 1 week starting on October 6 and finishing at midnight on October 13 his books can be purchased from his website using the code - **STJOSEPHS** which will provide a 20% discount on the purchase.

Also, below are the links to all of his website and social pages:Website:

<https://reubencullenkids.com/>Facebook: <https://www.facebook.com/reubencullenkids> Instagram:

<https://www.instagram.com/reubencullenkids>

On all three of the platforms Reuben's activity hub can be accessed to view his online activities for the kids to do at their leisure. They are all quite fun and have a nice underlying meaning behind them teaching the kids a good message.

Instagram and his website have dedicated pages for these activities and can be found quite easily.

Roadmap back to school

Week 2 - remote except for children of essential workers.

Week 3 starting 18th October

- we have children of essential workers
- Monday 18th, Tuesday 19th, Wednesday 20th **All Prep children**
- Thursday 21st, Friday 22nd **All Year 1/2 children**

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Week 4 starting 25th October

- we have children of essential workers
- Monday 25th, Tuesday 26th, Wednesday 27th **All Prep children**
- Tuesday 26th, Wednesday 27th **All Year 3/4 children**
- Thursday 28th, Friday 29th **All Year 1/2 and 5/6 children**

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Week 5 starting Monday 1st November

- Monday 1st November **School Closure No Children**
- Tuesday 2nd November **Cup Day**
- Wednesday 3rd November **School Closure Planning 2022 No Children**
- Thursday 4th November **All 1/2 and 5/6 Children**
- Friday 5th November **All Children at School P-6**

I hope this helps but is still subject to change. I will keep you updated.

Sunsmart

Hats need to be worn from the beginning of Term 4 for those attending school.

Second Hand Uniform Shop

The uniform shop will not be open as we are unable to have Wendy in the shop. If there are any orders please email info@sjchelsea.catholic.edu.au

Scholastic Book Club

Issue 8 will come out prior to issue 7. Ordering can be done online now.

Issue 7 has Christmas items and Scholastic book club have chosen to hold off on this issue until the children return and catalogues can be sent out as there are some wonderful Christmas books and games.



MACSSIS

Our annual surveys will be completed over the next 3 weeks. All staff and year 4-6 children will be surveyed and a random selection of families will also receive an email inviting you to participate. We value all your feedback so please support us by completing this survey.



24 Hour Level Crossing Update....

Please have a read regarding the impacts of the level crossing works....

[Download](#)



Helping siblings resolve their fights

by Michael Grose

With family members living in close proximity during the current COVID-19 pandemic, parents may find an increase in sibling squabbles. This is understandable as any relationship is tested to its limits by excess time and lack of space. Sibling squabbles usually arise over low level issues such as space (“He’s sitting in my seat.”), possessions (“That’s my book!”) and fairness (“It’s not fair. I was here first!”). It’s enough to send most parents around the twist.

While it seems that kids in families are programmed to fight with each other, the good news is that parents have the power to facilitate learning.

According to a recent study, sibling fights teach kids important conflict resolution skills. In fact, parents who stop their children from arguing may well be depriving them of important learning opportunities. Researcher Laurie Kramer from the University of Illinois in the US found that kids who learned how to argue with their siblings had more advanced emotional development.

Many parents also worry that their children who fight with each other will not get along as adults. The evidence doesn't support this view. The test for strong families is more about the willingness for kids to pull together when the chips are down, rather than the frequency of the squabbling.

Healthy families know how to fight well. When parents take an active approach to helping their children resolve their fights, they are teaching them a valuable life skill as well as reducing the incidence of fighting over the long term. Here are some practical strategies to use:

Model good conflict resolution skills

Kids wear L plates when it comes to solving disputes. Some kids will yell, get abusive or even get physical when they are settling disputes. Show them better ways of sorting out problems by talking things through with your partner, compromising and apologising when you've said something upsetting to your partner or your children.

Help kids manage their emotions

"Yep, it would make me mad too if someone said that to me." Usually someone's feelings get hurt when siblings argue so make sure you recognise their emotions without taking sides. This focus on feelings helps kids develop emotional literacy and promotes empathy in siblings as well.

Monitor sibling relationships

Keep your antenna up for the signs of discord within sibling relationships. Some disputes kids can sort out themselves, but you need to be ready to intervene and assist kids in the

peace-brokering, or at least to act as a safety net when one child continually appears on the wrong end of a power imbalance.

Mentor them to sort out disputes

Kids need the chance to sort their conflict out themselves, but sometimes they need a little coaching. They often invite their parents to take sides, which is usually counter-productive. Rather than trying to sort out who started an argument, focus on possible solutions, provide suggestions such as taking turns, giving way, bargaining, swapping or even walking away.

Encourage them to make up

Kids often get over disputes far quicker than adults. They can be squabbling one minute and cuddling up the next, so it gets tricky intervening sometimes. However there are times when you need to encourage a child to mend bridges with an aggrieved sibling. This can mean kids have to swallow their pride, admit that they may be wrong, make an apology or make some sort of restitution such as doing a special favour. This type of restoration means kids must take responsibility for their behaviours and is a sign of growing maturity.

Conflict and siblings tend to go together. While sibling squabbles can be annoying, they also offer parents great opportunities to help kids to handle conflict effectively, which is a great life skill.

Music Program



Presents:

Music lessons

At

St Joseph's Chelsea



Benefits of learning music:

- improves academic skills. ...
- uses every part of the brain. ...
- develops physical skills. ...
- cultivates social skills. ...
- refines discipline and patience. ...
 - boosts self-esteem. ...
- introduces children to other cultures
 - improves lateral thinking
 - improves co-ordination



Students are tutored in one-on-one or group lessons at the piano, violin, flute or guitar during school time.
No driving around after school to take your child to their lessons, it is all done for you.

We cater for all levels from beginners to advanced (15-minute lessons for younger children available)

Study for leisure or study for exams

lessons include the following:

music theory

proper technique

sight reading

preparation for AMEB exams

All lessons include basic music theory

instrument hire available



half hour lessons one-on-one: \$35.20 per lesson, and & \$13.20 for group lessons; payable by the term

Keyboards, flutes, violins and half size guitars that are small and comfortable for young children available to hire for a small fee.

Call Carol 0411 402 102 to enrol

Or email carol@orangetreemusic.com.au

2021 Term Dates

Term 4

Week 2 Remote Learning continues except for children of essential workers.

Week 3

Children of essential workers

Mon 18th - All prep children

Tues 19th - All prep children

Wed 20th - All prep children

Thurs 21st - All year 1/2 children

Fri 22nd - All year 1/2 children

Week 4

Children of essential workers

Mon 25th - All prep children

Tues 26th - All prep children and all year 3/4 children

Wed 27th - All prep children and all year 3/4 children

Thurs 28th - All year 1/2 children and year 5/6 children

Fri 29th - All year 1/2 children and year 5/6 children

Week 5

Mon 1st Nov - School Closure no children

Tues 2nd Nov - Cup Day Holiday

Wed 3rd Nov - **School closure planning 2022 NO children**

Thur 4th Nov - All year 1/2 children and year 5/6 children

Fri 5th Nov - All children at school prep-year 6.

T4 4th October - 15th December