



St Joseph's School, Chelsea

Term 4, Week 3 Thursday 21st October 2021

Some happy students returning to school....



Dear Families,

It has been great to see our Yr 1/2 students back today. They bounced in very happy to be at school and seeing all their friends. Thank you to all of our parents and families for the great job you have all done. You are nearly there.

Tomorrow we welcome the 5/6s back. Please make sure they are in their sports uniform and wear their hats and masks. If parents do not want their child to wear masks please forward an email to your child's class teacher and myself to let us know that. The instructions from the government and MACS are years three to six are to wear their masks indoors.

Our constant focus at school is students' learning. Social, emotional, academic, spiritual and physical learning. The whole wellbeing is critical. As we open up families, children, teachers may be a little apprehensive about the return to school and socialising. Our staff are well prepared for your child's return and aware of many of your concerns. We will attempt to support you as best we can with your child's learning. Please communicate these with your child's class teacher and we will be able to support you if you are forced into isolation or not able to attend school. If parents wish to speak with me regarding this please contact me.

Some things to be aware of are:

- Make sure the 1/2s return their library books on Friday ready for the Library.
- Hats are to be worn by all children.
- Canteen will reopen for lunches on Thursday 4th November
- 3/4s are back next Tuesday in their sports uniform.
- All school devices do not need to be returned until Friday 5th November.
- P-2s may wear a mask if they wish but this is not mandated
- Children are not to be excluded from school/class for not wearing masks
- Children will need to supply their own masks

If parents wish to speak with me regarding this please contact me.

The school gates on Argyle and Woodbine will open at 8.30 in the morning and close at 8.50am. Entry after that will be via Argyle Avenue main entrance.

Children are to be dropped off at the school gates or at the entry to the school buildings. (Parents may enter the school grounds to drop off their child/ren and leave).

All children will go straight to their classroom in the morning including the children of essential workers.

Pick up will be from the playground at 3.15pm for all children. School gates on Argyle and Woodbine will open at 3.10pm. Parents will enter the school grounds to collect their children who will be brought out by the classroom teacher to be collected. All families need to vacate the school grounds by 3.30pm. No use of the playground after school until further notice.

I have outlined again the next few weeks of school including the phased planned return to school outlined by the government.

Week 3 starting 18th October

- we have children of essential workers
- Friday 22nd All Year 1/2 children
- Friday 22nd All Year 5/6 children

Week 4 starting 25th October

- we have children of essential workers (Complete attached Form)
- Monday 25th, Tuesday 26th, Wednesday 27th All Prep children
- Tuesday 26th, Wednesday 27th All Year 3/4 children
- Thursday 28th, Friday 29th All Year 1/2 and 5/6 children

Week 5 starting Monday 1st November

- Monday 1st November School Closure No Children
- Tuesday 2nd November Cup Day
- Wednesday 3rd November School Closure Planning 2022 No Children
- Thursday 4th November All 1/2 and 5/6 Children
- Thursday 4th November children of essential workers (Complete Form 28/10)
- Friday 5th November All Children at School P-6

I hope this helps but is still subject to change. I will keep you updated.

If you plan to send children next week and fit the criteria outlined below PLEASE COMPLETE THIS FORM Attendance Form Week Beginning 25th October

It is critical that we know our numbers so we can make sure we have enough staff on board to supervise. I would hate to have to turn families away if they have not registered.

Permits for onsite supervision

Parents and carers will only be able to request onsite supervision at school for their children in the below categories.

Category A (Permits Required - Please forward updated copies to principal@sjchelsea.catholic.edu.au)

- Children where both parents and/or carers are considered authorised workers who cannot work from home, work for an authorised provider and where no other supervision arrangements can be made.
- Where there are two parents/carers, both must be authorised workers, working outside the home for their children to be eligible for onsite provision at school.
- For single parents/carers, the authorised worker must be working outside the home for their children to be eligible for onsite provision at school.

In rare circumstances, a parent/carer does not need a worker permit. This includes people employed in law enforcement, emergency services or health care workers who carry employer-issued photographic identification. More information is available at Authorised provider and authorised worker permit.

Category B

Children experiencing vulnerability, including:

- in out-of-home care
- deemed vulnerable by a government agency, funded family or family violence service, and assessed as requiring education and care outside the family home identified by a school or early childhood service as vulnerable (including via referral from a government agency, or funded family or family violence service, homeless or youth justice service or mental health or other health service)
- where a parent/carer indicates that a student with a disability is vulnerable because they cannot learn from home, and/or informs the school the student is vulnerable due to family stress, the school must provide on-site supervision for that student.

- An authorised worker permit is not required for accessing onsite supervision under Category B.

Authorised worker permits for on-site supervision

Parents and carers will only be able to request on-site supervision for their child/ren in Category A if they hold a permit as an authorised worker. Schools should make an on-site attendance form available to parents/carers who require on-site learning for their child/ren. A copy of a permit/s must be submitted as soon as practicable after issuance for those seeking Category A on-site supervision. A permit is not required for accessing on-site supervision under Category B.

I look forward to seeing you all soon.

Take Care

Gavan

Year 6 2022 Bomber Jackets

The bomber jacket form was sent out via skoolbag yesterday. Orders must be in by next Friday. Please make sure your child tries on the sizing available from the office courtyard. We are unable to exchange sizes once the order has been placed. Forms will be available from tomorrow to fill in and pay.

Sunsmart

As a sunsmart school hats need to be worn to and from school for all students

Second Hand Uniform Shop

The uniform shop will not be open as we are unable to have Wendy in the shop. If there are any orders please email info@sjchelsea.catholic.edu.au

Scholastic Book Club

Issue 8 will come out prior to issue 7. Ordering can be done online now.

Issue 7 has Christmas items and Scholastic book club have chosen to hold off on this issue until the children return and catalogues can be sent out as there are some wonderful Christmas books and games.

Take Care and Keep Safe

Gavan



Helping your family manage uncertainty

by Maggie Dent

Uncertainty is part of life and yet our brain, which creates our thoughts and feelings, loves certainty and predictability.

The pandemic has created more uncertainty in families, schools and communities than most people can recall in their lifetimes. With no clear end point, more stress and anxiety may well be triggered. In small doses anxiety heightens your sense of focus, giving you an increased level of energy, and increases your chances of managing a potential challenge that has appeared. In large doses, this anxiety is problematic, as it can cause feelings of being overwhelmed and even panicked.

The lesson of being real

Many fears and unexpressed emotions lie beneath the stress of navigating uncertainty. Be prepared to share your emotions with your children, especially feelings of sadness. They experience grief every time they lose the opportunity to spend time with loved ones, go on holiday or return to school to see friends.

Grief is not a sign of weakness. It shows you are human. Let your children see you cry and give them the agency to know what to do. They can grab a tissue, they can give you a hug and, if they're old enough, they can make you a cuppa.

Your children need to see that when bad things happen to adults, they can feel upset for a time. There are many ways you can help children cope with uncertainty.

Normalise uncertainty

Teach your children that nothing is permanent. Good things come and go. So will tough times. Change is a part of life and can be positive or challenging. Share stories about how your

family recovered from hard times. Adaptability and flexibility are key components of resilience, which can be nurtured in childhood.

Make choices that ease fear and anxiety

Remind your children and young people that they are not powerless. Resting, reading and relaxing are great tools to ease fear and anxiety. This might include taking deep breaths, listening to music, or making others laugh. Getting outside to play or walk the dog is another simple way to ease the nervous system.

Focus on the things you can control

Simple habits and routines really make a difference. When everything is changing routines and rituals such as regular family mealtimes, bedtimes and wake up times help maintain a sense of normality. These rituals provide an important anchor helping them feel in control.

Encourage your kids to have a 'gratitude attitude'

Though times are no doubt really tough for many, you can choose to feel grateful for the things you have, and the people love, and you can model this mindset with your children.

Maintain hope

Hope is an important antidote to feeling stuck in fear.

Encourage feelings of hope by sharing wonderful memories via photos or videos which can lift everyone's spirit. Plan a new experience to happen when that becomes a possibility.

Children and young people need to understand that life can be an unpredictable ride and together you can adapt and find a way through to each new day.

The greatest tool you have as a parent in these times is to remember that you are the 'safe base' for your children and young people. If you can embody that, and help them feel that no matter what, your love and support is a certainty, then the uncertainty around us all becomes a lot more manageable.



PSW new price list

Please find PSW's new price list attached.

[Download](#)



MACSSIS

Our annual surveys will be completed over the next 3 weeks. All staff and year 4-6 children will be surveyed and a random selection of families have also received an email inviting you to participate. We value all your feedback so please support us by completing this survey.



24 Hour Level Crossing Update....

Please have a read regarding the impacts of the level crossing works....

[Download](#)

Evergreen Christmas Trees sold out early last year....



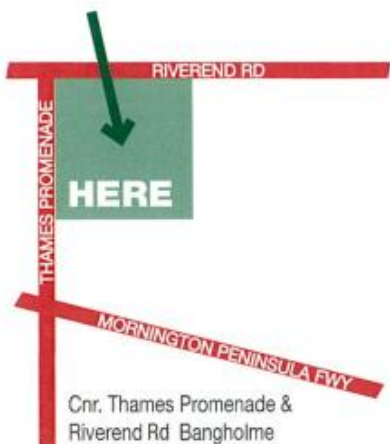
**SUPPORT YOUR SCHOOL
BY PRESENTING THIS**

St Joseph's Primary



**COME DOWN
AND PICK YOUR TREE**

**SHARE WITH FRIENDS AND FAMILY
10% OF TREE SALES GO TO THE SCHOOL**



Hours
Saturday/Sunday
9:00am - 6:00pm
Monday - Friday
2:00pm - 6:00pm



Open last full weekend in November

 Evergreen Christmas Trees
 @evergreen_christmas_trees

Music Program



Presents:

Music lessons

At

St Joseph's Chelsea



Benefits of learning music:

- improves academic skills. ...
- uses every part of the brain. ...
- develops physical skills. ...
- cultivates social skills. ...
- refines discipline and patience. ...
 - boosts self-esteem. ...
- introduces children to other cultures
 - improves lateral thinking
 - improves co-ordination



Students are tutored in one-on-one or group lessons at the piano, violin, flute or guitar during school time.
No driving around after school to take your child to their lessons, it is all done for you.

We cater for all levels from beginners to advanced (15-minute lessons for younger children available)

Study for leisure or study for exams

lessons include the following:

music theory

proper technique

sight reading

preparation for AMEB exams

All lessons include basic music theory

instrument hire available



half hour lessons one-on-one: \$35.20 per lesson, and & \$13.20 for group lessons; payable by the term

Keyboards, flutes, violins and half size guitars that are small and comfortable for young children available to hire for a small fee.

Call Carol 0411 402 102 to enrol

Or email carol@orangetreemusic.com.au

2021 Term Dates

Term 4

Week 3

Children of essential workers

Thurs 21st - All year 1/2 children

Fri 22nd - All year 1/2 children and year 5/6 children

Week 4

Children of essential workers

Mon 25th - All prep children

Tues 26th - All prep children and all year 3/4 children

Wed 27th - All prep children and all year 3/4 children

Thurs 28th - All year 1/2 children and year 5/6 children

Fri 29th - All year 1/2 children and year 5/6 children

Week 5

Mon 1st Nov - School Closure no children

Tues 2nd Nov - Cup Day Holiday

Wed 3rd Nov - **School closure planning 2022 NO children**

Thur 4th Nov - All year 1/2 children and year 5/6 children

Fri 5th Nov - All children at school prep-year 6.

T4 4th October - 15th December