



St Joseph's School, Chelsea

Term 1, Week 5 Friday 25th February 2022

Gymnastics



Dear Families,

Open Gymnastics Sessions

Next week we are inviting parents to come and view their child's final gymnastics session. please enter via the office and head over to the hall. We ask you keep behind the barriers to keep everyone safe.

Session times are:

Tuesday:

8.50am 5/6BC

9.50am 5/6B

11.20am 5/6E

12.20pm 5/6RW

2.15pm 1/2JD

Wednesday:

8.50am 3/4CS

9.50am 3/4B

11.20am 3/4S

12.00pm 3/4W

12.40pm Ash Wednesday Mass for children

2.15pm 3/4KG

Thursday

8.50am Prep CG

9.50am Prep A

11.20am 1/2M

12.20pm 1/2OF

2.15pm 1/2LC

Working Bee

Our first working bee for 2022 will be held 4-6pm on Friday 4th March. Please read the Operoo form we are sending out last week and complete.

Shrove Tuesday Tuesday 1st March

We will be organising pikelets for the children to have on Shrove Tuesday. Below is a list of ingredients. If your child is unable to have the pikelets for allergy reasons they can bring their own in.

Ingredients: Water, Wheat Flour, Sugar, Canola Oil, Non Fat Milk Solids, Acidity Regulator (575), Wheat Starch, Whole Egg Powder, Raising Agent (500), Salt, Preservatives (202, 234), Natural Flavouring, Emulsifier (471), Natural Colour (161b), Vitamins (Thiamin, Folic Acid)

Allergen: Egg, Milk, Gluten

QR Codes

We no longer need to QR code at school. However, you will need to show evidence of vaccinations when asked. We are still encouraging all families to limit access to school buildings unless necessary. Thanks to all our families for your support.

Rapid Antigen Tests - to continue

The Government announced last week the RAT surveillance tests will continue until the end of term 1. This means each week each child will be tested twice.

You can collect more RATS for weeks 6&7 from Friday 25th Feb. Thank you for your cooperation and support.

Enrolments 2023

If you have a child starting Prep in 2023 please complete the enrolment form on our website and hand it into the office. We are currently taking new enrolments for 2023 and welcome new families to book a tour and/or attend our Open day next Thursday 3rd March (see flyer).

Ash Wednesday Mass

The children will be attending Mass next Wednesday at 12.40pm. This is a school only Mass. No parishioners will be in attendance due to covid restrictions. Parents are also unable to attend.

School Photos

School photos will be taken next Monday 28th February. All children are to wear their summer school uniform (not sports).

Those children who have their P.E on Monday need to wear their summer school uniform and bring their runners to change into.

An order form has been sent home with each child on how to order. Eldest children have also received a family photo form to order online. Extra forms are available from the office. Please ensure your child returns the form on the day if paying by cash. Please note there is no change available from the school office.

Uniform Shop

The uniform shop will be open on Thursday mornings from 8.45-9.10am.

Sacramental Dates 2022

Reconciliation Yr 3's - Wednesday 23rd March at 10am and 6pm. Parent/child preparation night details have been released on Operoo. Please complete the form to let us know which session you want to attend.

First Eucharist Yr 4's - Friday 17th June at 6pm

- Saturday 18th June at 4pm and 6pm.

Confirmation Yr 6 - Sunday 9th October at 3pm.

Riding to School

We have had a number of people let us know that some children are riding to school without wearing their helmet. Could all parents please check with their child that they are wearing their helmets to and from school. Thank you.

John Paul II the Musical

Expressions of interest are invited for the musical ***John Paul II***

Singers, actors, dancers, backstage technicians ...**Roles available for students in grade 5/6, high school and above**

Please email raffymazzeo@gmail.com if you wish to be involved.

Rehearsals and performances will be held at St Joseph's Hall.

Take Care and Keep Safe

Gavan



Help Needed! We have purchased material for new liturgical prayer clothes for each of our class prayer spaces. We would love some talented people, handy with a sewing machine to help hem each of the clothes to prevent fraying. There will be approximately 60 panels of coloured cotton material, measuring about 1 metre in length and width. If you have time and can help, please contact the office. The material will be available to collect from Monday 28th February. Your help and support is greatly appreciated. Thank you, Kelly Riddle.



How to help your child be a good friend

by Shona Hendley

Winnie the Pooh once said that “a day without a friend is like a pot without a single drop of honey left inside,” and my bet is that when he said this, that he wasn’t talking about any friend, he was talking about a good friend.

Being a good friend and knowing what a good friend entails is an integral component of friendship. Research says that kids start making meaningful friendships from around the age of four and from that point onwards, friendships will contribute to their wellbeing, learning, confidence and mental health.

But understanding what a good friend is can be tricky, so here are some strategies you can use to help explain what being a good friend means to your child and how they can be one.

Defining what it means to be a good friend

While most adults know instinctively what a good friend is, explaining this to kids can be difficult, says Reach Out's Online Community Coordinator Janine Nelson.

Pinpointing some of those elements of what being a good friend means can be a great way to start.

For example, "being a good friend means including concepts of respect, loyalty, providing support and having fun together", Nelson explains.

"Good friends typically display behaviours such as being trustworthy, someone who is around for the hard times not just the good times, and someone you can laugh with. Good friends respect your boundaries, and make you feel comfortable being yourself."

Healthy Harold and the team at Life Education add that "generally, being a good friend involves loyalty, empathy and trust. A good friend would listen, be an upstander instead of a bystander, be forgiving, be patient, and respect your opinion. They are empathetic, and able to put themselves in your situation."

What a good friend is can vary and change

It is also critical for kids to know that a good friend can be different for different people and that what we view as a good friend can change over time and as we grow.

"As kids grow older, it's important to help them understand that there are many different types of friends and that these relationships can change over time," says Nelson.

Helping your kids understand that this is normal and that it doesn't equate to failure, while also supporting them through these changes is important.

Teach your child friendship values.

Life Education says that helping your kids understand what specific values are associated with friendship is key to understanding what a good friend looks like and how to be

one.

“Friendship values include being a loyal friend, accepting differences in a friend, standing up for a friend, being kind and supportive to a friend and including a friend in games,” they explain.

Teach and model the social skills that underpin successful friendships

While knowledge and values are a key underpinning, consolidating these with skills is the next step.

Life Education suggest you “explain to your child that just as they can get better at swimming by practising, they can also get better at making and keeping friends by practising social skills such as smiling and greeting classmates, sharing, cooperating, negotiating, being positive, having an interesting conversation, playing games well (e.g., being a good winner and loser).”

Praise the good stuff

Provide positive feedback when you observe your child using social skills or values that have the potential to contribute to the development of their friendships. This will help reinforce the values that make a good friend.

Empower them to find their own solutions

Don't always try to fix every problem that arises, be present and support the children as they try to find a resolution.

Create an environment where no questions are off limits so that nothing is too uncomfortable to discuss.

Friendships in adolescence are different

As your kids grow into teens, friendships often take on a different significance and influence. Reach Out advises some additional strategies for parents with pre-teens and teenagers to use to help support them being a good friend. Work with your teen to set expectations around how they should treat their friends. A reminder of the values of a good friend and the skills that a good friend utilises can be helpful.

Be supportive if your teen comes to you about an issue with one of their friends without necessarily always trying to solve the problem. Listen openly and non-judgmentally without jumping into solution mode can be helpful. Model the behaviours of being a good friend. For example, you could get your teen involved if you are cooking a meal to support a friend and use the opportunity to talk about why that is important to you.

In closing

Helping your child understand the distinction between being a friend and being a good friend is important but supporting them to become one can be a tricky process. It can vary depending on you, your child/ren, the friendships and over time. Experiment with different strategies and techniques and see what works best for you and your child/ren.

Shona Hendley

Shona Hendley is a freelance writer and a former secondary school teacher. Her work appears in Kidspot, ABC Everyday, The Guardian, Body + Soul, and News.com.au amongst others. Shona currently lives in regional Victoria with her family, including husband, two daughters, two cats, and three super cheeky goats. You can follow her on Instagram.

Yr 5/6 Friday Sport



A positive sense of wellbeing supports a base for rich learning that enables young people to flourish.'

(Catholic Education Melbourne 2017, Horizons of Hope: Wellbeing in a Catholic School)



POSITIVE BEHAVIOUR FOR LEARNING (PBL)



SAFETY

RESPONSIBILITY

RESPECT

At St Joseph's this week continue to learn and bring together the whole-school to develop a positive, safe and supportive learning culture.

Remember we have three core values: *Safety, Respect and Responsibility*

This week we continue our focus on our core value "*Responsibility*"

The students continue to follow the "*Acceptable Use Policy*" while using technology at school and also while using the school Google accounts at home.

LUNCHTIME CLUBS

The school playground has been designed to support the engagement of all students during lunchtime by providing a number of different zones or spaces that are used for different purposes.

This includes:

- ☐ Junior and senior play equipment for students to climb, hang and balance
- ☐ Sand pit in Woodbine playground
- ☐ Grass area
- ☐ Downball walls
- ☐ Basketball courts
- ☐ Sustainable garden
- ☐ Gaga pit
- ☐ Library
- ☐ Computer Lab

During lunchtimes, students also have the opportunity to join one of many lunchtime clubs on offer. The lunchtime clubs offer students the opportunity to engage and participate in activities that they enjoy and are passionate about, socialise with groups of multi-age students, 'take a break' from the playground or try something new.

Staff and different members of senior leadership teams at St Joseph dedicate their lunchtimes to run clubs for the students, as places where they can feel connected and part of a group that share similar interests. There are a number of activities available for students to participate in this term. You may like to discuss these with your child and encourage them to be involved.

Lunchtime Clubs At St Joseph's			
Day	Activity	Where	Who
Monday	Computers	Computer Lab	5/6BC
	Chickens	Sustainable Garden	
Tuesday	LEGO, mindful colouring, card games, reading, drawing	Wellbeing Hub	5/6RW
	Garden/chickens	Sustainable Garden	
Wednesday	Reading, Drawing Club, Script writing group	Library	5/6B
	LEGO, mindful colouring, card games, reading, drawing	Wellbeing Hub	5/6RW
	Garden/chickens	Sustainable Garden	
Thursday	LEGO, mindful colouring, card games, reading, drawing	Wellbeing Hub	5/6RW
	Chickens	Sustainable garden	
Friday	Chickens	Sustainable garden	
	Computers	Computer Lab	5/6BC

2023 Enrolments

St Joseph's School

Enrolments at St Joseph's Parish School for children entering Prep in 2023 are open.

OPEN DAYS Thursday 3rd March & 29th April

School open for viewing 9-3pm

Open Day Principal Address at 9.30am and 12.30pm



Call 8773 1111 Anytime to book a tour

School Tours run for 45 min by our Year 6s

**Tours are run at
9.30 and 12.30pm**

Principal is available to talk to after the tour

Please contact the school office to book your preferred time or further information

362 Station Street, Chelsea

☎ 8773 1111

✉ info@sjchelsea.catholic.edu.au

🌐 <http://sjchelsea.catholic.edu.au>



St Joseph's OSHC 2022

- Name of Program: St Joseph's Catholic Primary School OSHC
- Enrolments for 2022 please visit <https://www.kingston.vic.gov.au/Services/Family-and-Children/Before-and-After-School-Program> to enrol.
- The Before School Program will remain onsite at Chelsea Primary School unless demand increases. Please complete this form in regard to finding interest for Before School Care onsite at St Joseph's. Before School Care Use in 2022 at St Joseph

St Joseph's Dads Football team

Happy new year and welcome to all parents and friends of the St Joseph's School Community.

My name is Patrick Donnellan, and I am one of the many proud fathers that has helped establish the St Joseph's Dads Football team. Each year (since 2017) the St Joseph's dads, in conjunction with Dads from local schools, embark on an annual match against the Dads from St Louis Primary School.

This yearly match of (AFL code) Football is a modified rules football game with no tackling to suit our experienced bodies. We are a mixed demographic of parents ranging in ages from 30 – 50 years plus and welcome Dads of ANY AGES!!! We have some dads that have played football their whole lives and we also have parents that have never played before which speaks to the welcoming culture of our group where our ethos for everyone is "Who can you bring along"? This ethos has been fully embraced and has seen our group grow from strength to strength.

Our commitment to skills and fitness is almost non-existent however, our focus on comradery and forming new friends is paramount!

So, we especially would like to welcome the new Fathers of St Josephs to the School and invite you to come down to one of light hearted training sessions. The first 4 scheduled training sessions dates (subject to ground availability) for the start of 2022 are:

- 23/2/2022
- 9/3/2022

- 21/3/2022

- 4/4/2022

Training will take place at the Chelsea Football Club, 13 Beardsworth Avenue, Chelsea at 6:00 PM.

Naturally training will be followed by a couple of refreshments that fall under the banner of relationship building.

For those that would like to be involved from a non-playing perspective please reach out to myself as there are many other useful aspects in which others can contribute.

Should you have any question please feel free to contact myself or one of the other listed Dad's as outlined below.

- Patrick Donnellan – 0438 757 850

- Rohan Anstey – 0402 327 511

- Trevor Clancy – 0405 109 321

- Martin O'Donnell – 0407 666 116

- Taylor Irish – 0418 519 878

- Andrew Ferguson – 0415 956 366

- Patrick Campion – 0412 479 185

- David Sheehan – 0435 623 296

Kind Regards

Patrick Donnellan



CSEF Application form

[Download](#)



PSW new price list

Please find PSW's current price list attached.

[Download](#)



Canteen Price List

Please find the current Canteen price list. The canteen has reopened today and is open each Thursday and Friday.

[Download](#)



**Come and join the fun
at Chelsea JFC
Players wanted in
all teams
Born 2005-2015
Auskick 5-12yrs
Click on the link below
to register
For all enquiries email
registrar@chelseajfc.com.au**

PIC•COLLAGE

Chelsea Junior Football Club

We are currently looking for players for our football club from our local communities.

Please copy and paste the following link to register

<https://www.playhq.com/afl/org/chelsea-junior-football-club-afl-south-east/14a21b89/register>



CARRUM BOWLING CLUB-NEPEAN HIGHWAY, KEAST PARK, CARRUM

Your community gathering place for a most enjoyable lawn bowls experience

BOWLING BY THE BAY-AFTER SCHOOL JUNIOR PROGRAM

The Carrum Bowling has been operating as a sporting and recreational club for over 90 years in a picturesque beach and park setting on Port Phillip Bay.

The Club continues to offer a bowling program for children in the local area with our Fridays @ Five, which includes **skill development** and **fun activities** for children of Primary and Secondary School age. Qualified Coaching and free use of equipment is included in the program.

Students and Parents are most welcome to come along for an hour on Friday evenings

The Club will recommence Fridays @ Five on Friday 11th February at 5pm and continue on Fridays during first term

For further information please contact the club

Club Telephone: 9772 2437, email: enquiries@carrumbowlingclub.org.au

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2022 Term Dates

Red indicates a change from last week

TERM 1 - 31st January - 8th April 2022

Week 5

Fri 25th Feb 2.30pm Assembly online, Father blessing class candles

Week 6 - Collect third pack of RATS per child (twice a week in WK 6&7)

Mon 28th Feb School Photos

Tues 1st Mar Open Gym4Hire 5, parents welcome see timetable

Shrove Tuesday, pikelets supplied

Wed 2nd Mar 12.40 Ash Wednesday Mass, Open Gym4Hire 5

parents welcome see timetable

Thurs 3rd Mar Open Gym4Hire 5, parents welcome see timetable

7pm Parent only Reconciliation session

Fri 4th Mar District Swimming, 2.30pm Assembly online, Working Bee 4-6pm

Week 7

Week 8 Collect fourth pack of RATS per child (twice a week in WK 8&9)

Mon 14th Mar Labour Day Holiday

Tues 15th Mar 7pm Maria Forde Reconciliation (1 parent & Yr 3 Child)

Wed 16-Fri 18 Mar Yr 5/6 Mt Evelyn Camp

Fri 18th Mar No assembly

Week 9

Tues 22nd Mar 12.35pm St Joseph's Feast day Mass

Wed 23rd Mar 10am and 6pm Reconciliation

Friday 25th Mar No assembly

Week 10 Collect fifth pack of RATS per child (twice a week in WK 10&11)

Tues 29th Mar 2pm parent helpers in the P-6 Visible Learning Classroom - library and online

Week 11

Wed 6th Apr P-Yr 6 Athletics Carnival

Thur 7th Apr Paraliturgy Easter 2.30pm

Fri 8th Apr 1pm finish end of term.

Term 2 Tuesday 26th April-Friday 24th June

Term 3 Monday 11th July-Friday 16th September

Term 4 Monday 3rd October - Friday 16th December