



St Joseph's School, Chelsea

Term 2, Week 3 Thursday 12th May 2022

District Cross Country



Dear Families,

Last Thursday we had a great gathering of Mothers at our special afternoon tea for Mothers' Day. We even had a great Grandmother 97 years of age. Thanks to Angela, Robyn, Carmel, Francesca and Lynsey for all their help organising the event.

NAPLAN

Starting this week and next week our Year 3's and Year 5's will be attending NAPLAN assessments. If you do not wish to have your child sit the assessments please contact me or your child's class teacher before the end of the week.

This week our **Legion of Mary Group** will start up again for the first time in two years. The Parish Legion of Mary group will take the Yr 3-6 classes for a Rosary session during the rest of the term. Each child will attend a session and then in Term 3 we will have the opportunity for those children who wish to attend a session a week.

Working Bee

On Saturday 21st May we will have our second working bee for the year from 8-10am. There is an email that has been sent to all families on Operoo

Free Parent Night next Thursday 19th May 7pm

We have a couple of parent nights. coming up.

Please check and register for the upcoming talk from Georgina Manning on **"Understanding and Supporting children with Anxiety"**. This is a free event for parents. If you have a friend who might like to attend please get them to register or register for them. (see the attached flyer)

Enrolments 2023

Enrolments are officially open! If you have a child starting Prep in 2023 please complete the enrolment form on our website and hand it into the office. We are now taking new enrolments for 2023 and welcome new families to book a tour.

Uniform Shop

The uniform shop will be open on Thursday mornings from 8.45-9.10am.

Sacramental Dates 2022

First Eucharist Yr 4's - Friday 17th June at 6pm

- Saturday 18th June at 4pm and 6pm.

Confirmation Yr 6 - Sunday 9th October at 3pm.

Camps, Sports and Excursions Funding

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid directly to the school and receipted against your account to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child. The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

If you meet the above criteria, please submit your application to the office as soon as possible. The application form is available by clicking on the link below.

Take Care and Keep Safe

Gavan

District Cross Country

On Friday the 6th of May 57 students from St Joseph's competed in the Chelsea and Patterson District Cross Country competition at Cornish College.. A big effort was put in by all and St Joseph's was proudly represented by those who competed.

A special congratulations to the following students who finished in the top 10 in their event and go on to represent the St Joseph's and Chelsea District in the Kingston Division event on Tuesday May 31st.

9/10 girls - Lulu Williams -2nd Madeleine Herbert - 5th

9/10 boys - Sebastian Malcomson - 5th

11 girls - Camille Davutovic - 3rd

12/13 girls - Lucy Malcomson - 4th

12/13 boys - Maddix Michel - 3rd



Does NAPLAN help children succeed academically?

by Dr Justin Coulson

NAPLAN is upon us again, arriving as it does every year, as Term 2 begins to build. And while many parents, teachers, and students are generally ambivalent and nonchalant about this “high-stakes” \$100 million plus test, others take NAPLAN very seriously.

For those who are focused on NAPLAN results, there are NAPLAN preparation books for sale in stores around the country. Learning time in class is being disrupted so students can practice taking NAPLAN exams. And to highlight how high the stakes are in some families, “I’m buying my daughter a puppy if she scores in the top band” one mother informed me.

But is NAPLAN useful for understanding your child’s academic capability? How helpful is NAPLAN when it comes to your child receiving an excellent education?

The short answer: not very.

The trouble with NAPLAN

Since its inception, NAPLAN has been contentious, for a number of reasons.

Let me summarise, very briefly, some of the main concerns about NAPLAN:

1. There have been statistical and moral questions raised about the fairness, equity, reliability, and validity of NAPLAN for many years. (Too many to go into here, but important to mention.)
2. NAPLAN is a ranking system... but education should not be about ranking or competition. It should be about teaching and development, mastery and competence.

3. Kids get stressed about the test. While it's true that kids get stressed about tests all the time – and they do need to learn to manage that stress – NAPLAN seems to create high levels of stress, and based on the points above, it's unnecessary.
4. NAPLAN has been blamed for kids missing class learning, opportunities to perform musicals, sports, and more due to an ever-crowded curriculum and the push for better results.
5. It is not helpful to use NAPLAN diagnostically. The test is completed in May and results are returned at the year's end. To know how your child is performing at school it's more helpful to ask the teacher than to wait for a NAPLAN result.
6. You can actually guess how a school will perform based on the average income of the parents whose children attend.

Additionally, NAPLAN doesn't tell us anything helpful about a school other than how its students scored on that test. It tells us nothing about the teachers and their involvement with students, the culture of the school, what happens on the playground, or how students feel while they're at school.

For all of these reasons – and more – the Gonski Institute for Education issued a report last year suggesting that NAPLAN be scrapped!

If you want your children to thrive at school, NAPLAN results aren't a useful measure. But fortunately we know what is.

Helping Children Thrive at School

The following factors generally matter most when it comes to your child doing well at school:

1. *Reading*. If there is only one thing that you do with your children for their education, read to them. This should start as young as possible and continue through toddler years, preschool years, and into big school. Read to them – and have them read to you – as they go through their early primary years. And keep books around right through high

school. Reading is one of the best predictors of children's academic success, and it is associated with increased resilience, particularly for kids from challenged or traumatic backgrounds.

2. *Be Involved.* Research shows that parents who ask about school, check in on what students are learning, talk with the school teacher from time to time, and continue to monitor and stay up to date on what is happening at school have children who do better academically when compared with students whose parents are uninvolved. Getting involved shows you care.
3. *Relationships with peers.* Children who enjoy a sense of school belonging, according to Dr Kelly Allen at Monash University, do better at school. They also have higher levels of life satisfaction.
4. *A sense of progress and purpose.* These are two separate things, but I'm including them together because they often follow one another. When our children make progress, they feel competent and capable. This increases their motivation, and makes school feel purposeful. If parents can work to help children see the progress they're making, it will boost desire for more progress, and the work becomes easier and more enjoyable.
5. *People who love them.* There is no way of getting around this fact: kids do well for those they love. When a student loves his science teacher, science becomes the best subject ever and he tries hard as a result. Same goes with PE, English, or any other subject. Helping children feel like they are known, numbered, and missed combined with teachers who are enthusiastic about their topics, helps kids do better at school.

Often people will say, "But what about my child?" So many parents are dealing with ADHD, autism, ODD, sensory issues, depression, or other additional health or

developmental needs. My response is always the same: those points above become even more vital. Read, be involved, help them make friends, challenge them to progress and find purpose, and make sure someone loves them.

Your child may (or may not) be about to sit the NAPLAN test any day now. Let them know that it's not about them. It's for the school only. Don't make a deal about their results when they show up in the post. It's old news by then. And when it's done, give them a hug, share a milkshake, and ask them about their friends, their teacher, or their favourite book to read... because those things will matter more for their education than their performance on this year's NAPLAN test.

Justin Coulson is a dad to 6 daughters. He is the parenting expert and co-host of Channel 9's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families podcast. He has written 6 books about families and parenting. For further details visit www.happyfamilies.com.au.

Mothers Day afternoon tea



St Joseph's School Beanie

Our popular beanie is now available
from the school office for \$10 each.

Library helpers needed

The library needs helpers every Wednesday and Thursday from 2:45pm and Friday morning from 8:45am. We shelve over 500 books a week so any help is much appreciated. No regular commitment is needed, just pop in if you can. If you have a current working with children card, please bring this with you. Don't forget to sign in at the office.

Thanks,

Sarah



WE'RE TAKING IT IN OUR STRIDE ON FRIDAY 20 MAY 2022

Well it's that time of year again when our school seriously starts talking about walking!

Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. And although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine.

You can teach your child the healthy habit of walking more by:

- Walking with them the whole way to school
- If they get the bus or train, walk past your usual stop and get on at the next stop
- If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Regular exercise like walking with your child not only helps them (and you!) beat chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes. It also gives you a great opportunity to teach your child safe ways to behave around roads and traffic.

Remember, Active Kids are Healthy Kids so get planning your own Walk Safely to School Day journey for Friday 20 May 2022!

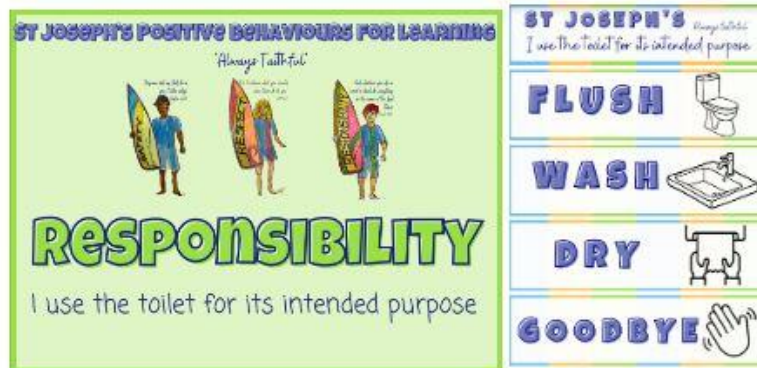
For more information, visit www.walk.com.au

SAFETY **RESPONSIBILITY** **RESPECT**



A positive sense of wellbeing supports a base for rich learning that enables young people to flourish. This holistic view recognises that the sacredness, dignity and giftedness of each person is grounded in the belief that each person is made in the image and likeness of God
(Genesis 1:27)

PBL



This week our PBL focus has been on our core value *“Responsibility”*
We have been learning how to *“use our schools toilets for their intended purpose.”*
by explicitly teaching the students to:

- flush the toilet
- wash their hands
- dry their hands
- place the paper towel into the rubbish bin
- leave the bathrooms tidy (goodbye)



Understanding & Supporting children with Anxiety

Parent Seminar



7pm Thursday 19th May

St. Joseph's Chelsea

(families from neighbouring schools welcome to attend)



Presented by
Georgina Manning
Wellbeing For Kids
peacefulkids.com.au

**Click the link
below to book**

Parents learn:

- The foundations that help to prevent anxiety
- Parenting strategies to develop resilience in children
- How to recognise the signs of anxiety
- Practical strategies to support anxious children

Parent are supported to teach their child how to:

- Lessen anxiety
- Use practical strategies to cope with anxiety
- Simple self-regulation strategies
- Cope with life's ups and downs
- Support their child through anxious feelings
- Become more resilient & face fears



**Click here to book for the Parent Seminar on
19th May 2022**

2023 Enrolments

St Joseph's School

Enrolments at St Joseph's Parish School for children entering Prep in 2023 are open.

OPEN DAYS Thursday 3rd March & 29th April

School open for viewing 9-3pm

Open Day Principal Address at 9.30am and 12.30pm



Call 8773 1111 Anytime to book a tour

School Tours run for 45 min by our Year 6s

**Tours are run at
9.30 and 12.30pm**

Principal is available to talk to after the tour

Please contact the school office to book your preferred time or further information



362 Station Street, Chelsea

☎ 8773 1111

✉ info@sjchelsea.catholic.edu.au

🌐 <http://sjchelsea.catholic.edu.au>

St Joseph's OSHC 2022

- Name of Program: St Joseph's Catholic Primary School OSHC
- Enrolments for 2022 please visit <https://www.kingston.vic.gov.au/Services/Family-and-Children/Before-and-After-School-Program> to enrol.
- The Before School Program will remain onsite at Chelsea Primary School unless demand increases. Please complete this form in regard to finding interest for Before School Care onsite at St Joseph's. Before School Care Use in 2022 at St Joseph



CSEF Application form

[Download](#)



PSW new price list

Please find PSW's current price list attached.

[Download](#)



Canteen Price List

Please find the current Canteen price list. The canteen has reopened today and is open each Thursday and Friday.

[Download](#)



2022 Term Dates

Red indicates a change from last week

Term 2: Tuesday 26th April-Friday 24th June

Week 3 Collect a pack of RATs per child (Wk 3&4)

NAPLAN Yr 3 & Yr 5 this week

Thur 12th May Parent Helpers repeat session 2.15pm library - POSTPONED

Eucharist parent session 7pm

Fri 13th May No Assembly

Week 4 NAPLAN Yr 3 & Yr 5 this week

Thur 19th May Parent Helpers repeat session 2.15pm library
7pm Parent night with Georgina Manning

Fri 20th May Prep Assembly 2.30pm, Walk safely to School Day
Meet at 8.10 at Bicentennial Netball Courts and walk to school

Sat 21st May Working Bee 8-10am

Week 5

Thur 26th May Junior Mayor

Fri 27th May Yr 1/2 Assembly 2.30pm

Week 6 Prep A covered by Luisa Campitelli

Tues 31st May Division Cross Country

Wed 1st June Yr 5 JPC Transition Day

Thurs 2nd June Kate Ashley (Prep A) will be married in Queensland

Fri 3rd June Yr 5/6 Assembly 2.30pm

Week 7

Tues 7th June Yr 4 Reconciliation 9.30am

Wed 8th June Yr 4 Reconciliation 9.30am

Thur 9th June 7pm 1st Eucharist-Maria Forde

Fri 10th June Yr 5/6 Lightning Premiership, No Assembly

Week 8

Mon 13th June School Closure-Queens birthday

Tues 14th June Marine Ambassadors day

Thur 16th June Reports go home

Fri 17th June Yr 3/4 Assembly 2.30pm, 1st Communion 6pm

Sat 18th June 1st Communion 4pm and 6pm

Term 3 Monday 11th July-Friday 16th September

Term 4 Monday 3rd October - Friday 16th December