



St Joseph's School, Chelsea

Term 2, Week 9 Thursday 23rd June 2022

First Holy Communion....





Dear Families,

Last weekend we celebrated three beautiful ceremonies for our first Communion candidates. Thank You to the parents who supported their children with this Sacrament and the students teachers who helped prepare them. Special thanks to Kelly Riddle for her leadership in this area and to Father Williams. The children can now access their photos via the following link [Link to first Communion photos](#)

Tomorrow will be the final day of term 2. School will finish at 3.15pm tomorrow. Canteen lunches will be available tomorrow.

We will celebrate Mass at 12.30pm in honour of the feast of the Sacred Heart (Poorman's Mass) which all parents are welcome to attend. Thankyou for all the donations for the St Vincent de Paul winter appeal. These are gratefully received and will help keep many families fed and warm during these cold months ahead.

Congratulations to everyone for your efforts in what has been a challenging 6 months as we learn to live with COVID and now an extra virulent flu season. The staff, students and families have all followed protocols to keep everyone safe. (See COVID Update attached via link)

The Learning Conferences held this week have acknowledged the growth that the children have made and will continue to make moving forward. We still have our challenges ahead and together we will resiliently support our children's learning.

I want to publicly thank all the staff for their efforts that they have made to maintain calm learning environments for all our children during these challenging times.

I have been booked up by my daughter to look after our grandchildren who are 3 and 5 quite a bit over the holidays which will be a pleasant distraction for me. I hope all families have time to rest and spend some positive family time together over the break in preparation for term 3.

Before School Care at St Joseph's

We are pleased and excited to announce that the Kingston Council Before School Care will commence from the first day of term 3 onsite in the Hall. (See attached Flyer). The sessions will start from 6.45am and entry will be from Woodbine Grove gate each morning.

The only children allowed onsite before 8.30am will be those booked into Before School Care.

Contact Out School hours Care for further

information kingston.vic.gov.au/beforeandafterschoolprogrambeforeandafterschoolprogram@kingston.vic.gov.au 9581 4867

Enrolments 2023

Enrolments are open! If you have a child starting Prep in 2023 please complete the enrolment form on our website and hand it into the office as soon as possible.

Uniform Shop

The second hand uniform shop is open Thursday mornings from 8.45-9.10am. Thank you to Wendy and Nidal their help in the running of the shop.

Gavan

Congratulations



to the girls footy team who won 5 out of their 6 games today and made it through to divisions.



COVID Update

Please have a read of updates....

[Download](#)

Before School Care here at St Joseph's School



Kingston's Before School Program

Coming to St Joseph's Primary School in Term 3!



Our Before School Program operates from 6:45 - 8:45am each morning. Our After School Program operates from 3.15 - 6.15pm each afternoon.



Child Care Subsidy is available to eligible families. BSC begins at \$5.50 per session for parents/caregivers receiving the highest level of Child Care Subsidy.



Delicious and nutritious breakfast served each morning.



Casual and permanent bookings are available.



Enrolments open Tuesday 21 June, at this stage you will be able to enrol your child via our website.



Kingston's dedicated and consistent educators will plan and implement fun and engaging BSC Programs for your children.

Contact us!

🌐 kingston.vic.gov.au/beforeandafterschoolprogram
✉ beforeandafterschoolprogram@kingston.vic.gov.au
☎ 9581 4867



NCCD Information Sheet for Parents



Nationally Consistent Collection of Data (NCCD) On School Students with Disability

What is the Nationally Consistent Collection of Data?

Schools must now complete the Nationally Consistent Collection of Data on School Students with Disability (NCCD) every year. It counts the number of students who receive additional adjustments or “help” at school because of a disability. The NCCD helps governments plan for the needs of students with disability.

Who is counted in the data collection?

To count a student in the NCCD, schools must think through some key questions:

1. Is the student getting help at school so that they can take part in education on the same basis as other students?
2. Is the help given because of a disability? The word ‘disability’ comes from the Disability Discrimination Act 1992 (DDA) and it can include many students.
3. Has the school talked to you or your child about the help that they provide?
4. Has the school kept records about the help they provide, the student needs and the reasons that the student needs this help? The school will need to keep copies of tests, student work, assessments, records of meetings, medical reports or other paperwork and information about how the student’s learning is moving along over time.

Once the school decides that the student should be counted in the NCCD, they then choose a disability group and one of four levels of help that has been given to the student.

What does the word ‘disability’ mean in the NCCD?

In the NCCD the word ‘disability’ comes from the Disability Discrimination Act 1992 (DDA). There are four types of disability that the school can choose from: sensory, cognitive, social-emotional and physical.

Many students that need help at school can be counted in the NCCD. For

example, students with learning problems, e.g. specific learning disability or reading difficulty (sometimes called dyslexia), health problems (e.g. epilepsy or diabetes), physical disability (e.g. cerebral palsy), vision/hearing loss and social-emotional problems (e.g. selective mutism, Autism Spectrum Disorder, anxiety).

Letters from doctors or specialists can be very helpful for schools as they plan how to support students with their learning. Schools do not need to have these letters before they can count a NCCD Information Sheet for Parents, Carers and Guardians CECV NCCD Information Sheet for Parents, Carers and Guardians Page | 2 student in NCCD. Teachers can use all that they know about the student's learning and the records that they have collected over time to decide if a student can be counted in the NCCD.

What sort of help does the school give students?

Students need different types of help at school. Some students need a little help sometimes while other students need a lot of help nearly all the time. The type of help given depends on the needs of the student. The help can include changes to the school buildings or grounds (e.g. ramps or things like special desks or chairs), extra teacher help in classes, special learning programs, changes to the work they give the student or extra adult help.

How will the NCCD be different this year?

All schools have been counting students in the NCCD since 2015. The government will use the NCCD data as part of the funding to schools.

What will the school need to know about my child for the NCCD?

Schools work together with families to understand the needs of each child. It is helpful if families give their child's teacher a copy of any letters or reports they have. The letters or reports will help the school understand the child and the help that they might need. Letters from doctors, psychologists, speech pathologists, doctor, and occupational therapists etc. can be very helpful for schools. These reports along with information that the teacher has (i.e. school based tests, your child's work and learning plans) helps the school to understand and meet your

child's needs.

What happens to the NCCD data?

Who will have the NCCD information? Each school principal must check the NCCD data in August of each year. The school will give the information to the Catholic Education Office. The school will work with the Catholic Education Office to make sure that the NCCD data is OK before they give the data to the government. The government will not be given the names of any students or any letters or records. Please ask your school for their privacy policy if you need to know more.

Does the school need me to agree with them about counting my child in the NCCD?

Amendments were made to the Australian Education Act 2013 and Australian Education Regulation 2013). Schools do not need you to agree to let them count a child in the NCCD. You cannot ask the school not to count your child.

Where can I find out more?

Please contact your child's school if you have further questions about the NCCD and/or refer to the national NCCD Portal.

[Download](#)

Thank you for the wonderful support....



On the Feast of the Sacred Heart of Jesus, we celebrate God's love bursting forth into the heart of creation and into the heart of humanity. It is a day to reflect on the boundless love that God has for each of us.

God's love reaches out to us, invites us, and draws us into



the very heart of God where our lives are transformed into being the hands and feet, the gentle voice and the listening ear of Christ in the world today.

Thank you for your generosity and kindness towards those less fortunate than ourselves this Winter, we had made a considerable contribution to support St Vincent De Paul good work in helping many families in our local community.

St Joseph's efforts in supporting St Vincent De Paul Winter Appeal hampers.



Parenting introverts and quiet kids

Michael Grose

Many parents worry when their child is shy, quieter than others or not the outgoing type. The thought that their child may be a loner turns parents into social organisers who arrange playdates and parties or friendship coaches. They may upskill their kids to start conversations, manage conflict and play with others. This flurry of activity can be exhausting, and they cause a great deal of angst for kids. However, it may be that their child is introverted by nature, and they are trying to make them fit the extrovert mould.

It's genetic

Introverts are wired differently to extroverts. Introverts have closer links to the para-sympathetic nervous system, which is responsible for calm and relaxation, so they feel more at home in quieter, less stimulating environments. Extroverts, on the other hand, are more closely aligned with the sympathetic nervous system, which is responsible for high arousal levels, so they seek stimulating environments to keep their energy levels high.

Extroverts work hard to get their dopamine hits, those little shots of happiness the brain releases to reward behaviour and keep them coming back for more. Introverts, on the other hand, who only have to read a book to get a dopamine hit, feel more comfortable in low stimulus environments.

Birth order plays a role

While nature plays a huge part in temperament development, genetics can't claim all the credit for creating introverts and extroverts. In birth order studies, eldest borns repeatedly score higher on introversion than children in other birth order positions, while later-borns consistently lean towards extroversion. Being born last in a family usually means time

alone is a rarity, while eldest children usually spend a great deal of time in their own company in the early formative years when personality is being shaped.

The world is skewed toward extroverts, so knowing how to raise introverts means that you may need to discard many parenting rules of thumb you've taken for granted. Here are some parenting ideas to get you started.

Welcome introspection

Introverts like to go within to process daily events and find solutions to their problems. In an era when we encourage kids to discuss rather than bottle problems up, introspection can be disconcerting for parents. But giving introverts space to think through adverse events before they seek help, enables them to get their thoughts in order and feel more in control of their lives. Welcome quiet times and remember that introverts need time to refresh and replenish away from the hustle and bustle of school and family life.

Provide silence and solitude

Extroverts like to keep company of others, while introverts like to keep their own company, or keep friendship circles small. Introverted kids appreciate quiet time and spaces away from others to recharge, reconnect and relax. This may seem strange to extroverted parents, or siblings who want to hang out or play with their siblings. Giving kids permission to seek solitude, balanced with activity to prevent brooding, is an introvert-friendly family habit.

Use stepladders not escalators

Extroverts tend to jump boots and all into new social situations. School camp coming up. "Great. It'll be fun." Family holiday approaching. "Terrific! I hope we go where there's heaps of other kids." Joining a new sports team. "I can't wait. I bet I'll know heaps of kids already."

Introverts, on the other hand, are more tentative entering new social situations. School camp. "I hope some of my friends are going." Family holiday. "Who else will be there?" Joining a new sports team. "Will I know anyone?"

Give introverts plenty of information about new situations and don't expect them to immediately embrace the whole scenario. Give them time to make new friends and become comfortable in social situations.

Quietly celebrate quiet achievers

Introverts can easily feel that something is wrong with them. Mainstream entertainment and social media celebrates extroverts in all walks of life. Brain surgeons don't receive standing ovations, yet they do their best work on their own. When introverts do well in any field shout it out (but quietly!) as they need someone to aspire to as much as extroverts.

Chess anyone?

Help your introverted child discover their strengths and interests and resist pushing them down common leisure paths such as sport or drama that may not hold strong appeal. When they join clubs and groups they may be really interested in, such as chess, crafts or reading, they will more than likely form friendships with like-minded souls... as birds of a feather really do flock together.

It's a balancing act

Too much solitude can lead to depression so introverted children and teenagers need to be challenged at times to leave the comfort of their own company and spend time with friends, or even the rest of the family. Firm but gentle persuasion and nudging works better with introverts than heavy-handedness so work on your persuasion skills to ensure your introvert lives a socially balanced life.

In closing

Parenting introverts can be a challenge particularly if you are an extrovert yourself. Adopt the mindset that introversion is normal, indeed a strength, and put steps in place to help an introverted child feel both comfortable in their own skin and confident navigating the world at large.

2023 Enrolments

St Joseph's School

Enrolments at St Joseph's Parish School for children entering Prep in 2023 are open .



Call 8773 1111 Anytime to book a tour
School Tours run for 45 min by our Year 6s

**Tours are run at
9.30 and 12.30pm**



Principal is available to talk to after the tour

Please contact the school office to book





St Joseph's OSHC 2022

- Name of Program: St Joseph's Catholic Primary School OSHC
- Enrolments for 2022 please visit <https://www.kingston.vic.gov.au/Services/Family-and-Children/Before-and-After-School-Program> to enrol.
- The Before School Program will remain onsite at Chelsea Primary School unless demand increases.

Thankyou for completing the online form. We are hoping to start operating Before School Care from the beginning of Term 3. More details to follow shortly.



PSW new price list

Please find PSW's current price list attached.

[Download](#)



Canteen Price List

Please find the current Canteen price list. The canteen has reopened today and is open each Thursday and Friday.

[Download](#)



Longbeach Place Community News

Download



Spark your curiosity!
Spark your interest in STEM!
Spark your passion!

Join us for Kilbreda College's **GIRLS IN STEM** Holiday Program.
Open to all girls in Grades 4, 5 and 6. Friday 8 July from 9.00am - 3.30pm.
Ten workshops to choose from! Hurry! Limited places available.

2022 Term Dates

Red indicates a change from last week

Term 2: Tuesday 26th April-Friday 24th June

Week 9 **Collect RATS**

Thurs 23rd June Prep - 6 Learning Conferences

Fri 24th June Sacred Heart mass 12.30pm - donations for St Vinnie's due

End of Term 2 at 3.15pm

Term 3 Monday 11th July-Friday 16th September

Week 1

Mon 11th July Students return

Fri 15th July 2.30pm Assembly 5/6 presenting

Week 3

Wed 27th July Preps 100 days celebration

Term 4 Monday 3rd October - Friday 16th December