



# St Joseph's School, Chelsea

Term 3, Week 10 Friday 16th September, 2022

## Today is Footy Day, Health and PE Day



Dear Families,

**Learning Conferences**

Unfortunately class 1/2JD conferences did not go ahead and have been rescheduled for Tuesday 4th Oct and Wednesday 5th Oct. These bookings are now open for you to re-book your child's conference. The event code to use is ztfsd. We would prefer you to attend the conference with your child in person if possible but are also offering the online option for those who cannot attend in person.

### **Footy Day**

Today is our annual footy day. Students can dress in their favourite footy team or wear their sports uniform. The canteen will be organising a sausage sizzle for \$2 each. The canteen will not be open for hot food on this day, but will sell drinks and snacks as usual.

### **Harold Assembly**

Recently all classes attended a Life Education session with a Life Education facilitator and all were asked to make a healthy change to their behaviour. Today Harold will be attending a whole school assembly and we will hear changes some children have made.

### **Term 4 School Closure Days**

Professional Learning days for our whole staff occur 4/5 times a year. We have only had one so far this year and in preparation for 2023 and as our review year we have some days coming up in term 4. These school closure days are:

**Monday 3rd October** (Curriculum Culture and Professional learning)

**Friday 14th October** (Review 2023)

**Monday 31st October** (Traditional Melbourne Cup long weekend)

**Friday 11th November** (Planning 2023)

### **School Hats**

From September 1st hats are compulsory for the students. Hats must be worn to/from school and during play, lunch and outdoor activities. Students who don't have a hat will be asked to play in Woodbine Grove play area.

### **Absent students**

We encourage families to continue to monitor your child if unwell. If you require more RAT tests please collect from the office.

Just a reminder if your child is going to be absent for any reason please notify the office **as early as possible** either by calling 8773 1111 or emailing [absences@sjchelsea.catholic.edu.au](mailto:absences@sjchelsea.catholic.edu.au).

Please read the new Concessional fact sheet information for those families who qualify and meet the criteria. It offers significant savings to families.

### **St Joseph's Concessional Fee Policy**

Concessional School Fees are available to any family that meets the below eligibility criteria:

- of Aboriginal or Torres Strait Islander heritage
- holding an HCC (Dept of Health Concession Card) and eligible for CSEF
- experiencing severe financial hardship
- holding a DVA Gold Card (Dept of Veterans Affairs Health Card)
- identified as refugees and holding an ImmiCard is strongly encouraged to apply for concessional school fees.

To see St Joseph's School Fees Concession policy please click on the link below.

Students of eligible families are entitled to concessional school fees.

The school fees for eligible students are:

- 1 child: \$15 per child per week, direct debit (\$780 per annum or \$195 per term)
- 2 children: \$23 for the family per week, direct debit (\$1196 per annum, or \$299 per term)
- 3+ children: \$30 for the family per week. direct debit (\$1560 per annum, or \$390 per term)

If your family meets the criteria please click on the application form below and return the completed form to the school office.

### **Enrolments 2023**

Enrolments remain open! If you have a child starting Prep in 2023 please complete the enrolment form on our website and hand it into the office as soon as possible.

### **Uniform Shop**

The second hand uniform shop is open Thursday mornings from 8.45-9.10am. Thank you to Wendy and Nidal their help in the running of the shop.

Kindest Regards,

Gavan

## Grandparents in the library



## Dad's Annual Footy Match

Last Sunday the annual Dad's footy match between St Joseph's Chelsea and St Louis' Aspendale took place. After a two year hiatus the third match between these dads took place at Chelsea Heights. St Joseph's Chelsea Dads were victorious 4.11.35 to 4.7.31.

Big thanks to all involved.



## Curriculum Day Monday 3rd October

St Joseph's Primary School Before and After School Program

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St Joseph's Primary School has a pupil free day on **Monday 3rd October 2022**. Kingston will provide a full-day program on this day. The program hours will be from 6.45am - 6.15pm to cater for families that require care - pending we have a minimum of 20 enrolments for the day. The daily cost of the program is **\$73.00**. Fees attract the Commonwealth Government's Child Care Subsidy for eligible families.

### ENQUIRIES AND ENROLMENTS

To book online, please log into your 'My Family Lounge' account via our website and use the 'Casual Booking Calendar' to enrol your child for the Curriculum Day. Alternatively, contact our administration team on 9581 4867 or email us at [beforeandafterschoolprogram@kingston.vic.gov.au](mailto:beforeandafterschoolprogram@kingston.vic.gov.au). Enrolment forms and additional information can be found here.

### IMPORTANT INFORMATION

We require a minimum of 20 enrolments to provide the full-day program. We will confirm whether the curriculum day is operating one week prior, on **Monday 26 September**. Children must have completed a re-enrolment or new enrolment for the 2022 school year in order to attend the full day program.



## The Importance of Family Meals

Sharing family meals does more than satisfy physical needs; it also fuels emotional needs and draws the family closer together. Having family meals as often as possible will help ensure that your kids grow up healthy and have strong bonds with you and each other.

### 1. Time to Catch Up

Family meals provide time for conversations and the opportunity to listen to each other. Turning

off phones and the television will allow the family members to focus on each other and the

conversation.

## 2. Involve the Family in Meal Preparation

Some of the best conversations will happen as you prepare the meal together and allow you to

develop team skills as a family. You can also give each family member a chance to suggest or

even prepare their favourite dish.

## 3. Develop a Routine

Preparing and serving meals around the same time each day helps develop a sense of

routine and structure in the home.

## 4. Allow Each Member time to Talk

Ask about each members day and encourage them to speak up. They will value knowing

that you are genuinely interested in them and what they have to say.

## 5. Discuss Events

Mealtimes provide a valuable opportunity for the family to discuss what is happening in your

community and in the world. Give everyone a chance to share their thoughts.

## 6. Develop Good Eating Habits

Set a positive example by providing balanced meals with plenty of vegetables, fruits, whole

grains, and protein. Talk about why certain foods are served and how to make healthy

choices.

## 7. Improves Learning

Studies confirm that children are more likely to excel at school when they grow up in homes

where family dinners are routine. It improves language skills for younger children as they

talk with adults.

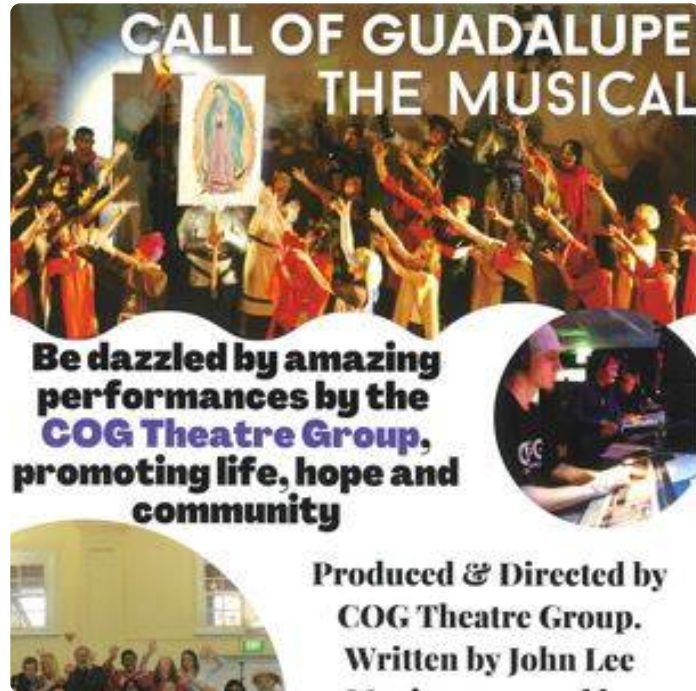
#### 8. Improves Emotional Well-Being.

Research has also shown that children who eat with their families have significantly lower

risks of depression, substance abuse, suicide, and early sexual activity.

When you keep daily communication flowing, your children are more likely to feel loved and come to you with sensitive issues.

Acknowledgement: Pam Myers. "8 Reasons Why Sharing Family Meals is Important" in Child Development, August 2022



## 2022 Term Dates

Red indicates a change from last week

**Term 4 Tuesday 4th October-Friday 16th December 1pm**

### Week 10

Fri 16th Sept Health & PE Day 11.20-12.50pm lots of fun activities. Wear sports uniform or your favourite footy colours, Harold Live at 1.05pm, Footy Day assembly 2.30pm, **End of Term 3.15pm**

**Term 4 Tues 4th October - Friday 16th December**

### Week 1

Mon 3rd Oct Professional Development day - no students

Tues 4th Oct Start of Term 4-Students return, Yr 6 Reconciliation 9.30am

Wed 5th Oct Yr 6 Reconciliation 9.30am



Fri 7th Oct Division Athletics, Bishop Ireland visit Yr 6 12.15pm

**Week 2**

Sun 9th Oct Yr 6 Confirmation 3pm

Tues 11th Oct Yr 5/6 JPC Lightning Premiership

Fri 14th Oct School Closure Day