



St Joseph's School, Chelsea

Term 3, Week 6 Thursday 18th August 2022

Students planting in our garden....



Dear Families,

We are looking for a handful of volunteers to run the Father's Day stall on Thursday 1st September from 9-11am. If you are available and would like to help please email info@sjchelsea.catholic.edu.au - we have only had one volunteer so far. It would be a shame if we were unable to run the stall.

We will send home a Father's Day flyer of what is available at the stall this year so the children can decide if they would like to buy a present. Students must have a couple of presents in mind in case their first choice is not available. The flyer will come home tomorrow.

We encourage families to continue to monitor your child if unwell. If you require more RAT tests please collect from the office.

Just a reminder if your child is going to be absent for any reason please notify the office either by calling 8773 1111 or emailing absences@sjchelsea.catholic.edu.au.

Please read the new Concessional fact sheet information for those families who qualify and meet the criteria. It offers significant savings to families.

Life Education sessions with Healthy Harold will be held for all classes over the next three week. These sessions will be held in the Library and the Discovery Center. Harold used to bring his Van for the sessions but is currently unable to. However he still lives with his family in the van

Parents are invited to gain information about the program via the online link below. Live webinars are available to attend as well as recorded sessions. Click on this link to register to attend.

We are hoping Harold will be able to attend a special Assembly tomorrow at 1.05pm for a 15 minute special assembly. I'll let you know if that will occur. We still do not have it confirmed. I will let you know if it will go ahead.

St Joseph's Concessional Fee Policy

Concessional School Fees are available to any family that meets the below eligibility criteria:

- of Aboriginal or Torres Strait Islander heritage
- holding an HCC (Dept of Health Concession Card) and eligible for CSEF
- experiencing severe financial hardship
- holding a DVA Gold Card (Dept of Veterans Affairs Health Card)
- identified as refugees and holding an ImmiCard is strongly encouraged to apply for concessional school fees.

To see St Joseph's School Fees Concession policy please click on the link below.

Students of eligible families are entitled to concessional school fees.

The school fees for eligible students are:

- 1 child: \$15 per child per week, direct debit (\$780 per annum or \$195 per term)
- 2 children: \$23 for the family per week, direct debit (\$1196 per annum, or \$299 per term)
- 3+ children: \$30 for the family per week. direct debit (\$1560 per annum, or \$390 per term)

If your family meets the criteria please click on the application form below and return the completed form to the school office.

Before School Care

Before Schoolcare has been going well this term. If you wish your child to attend please book a place on 9581 4867. We hope we can continue to see it grow.

Enrolments 2023

Enrolments remain open! If you have a child starting Prep in 2023 please complete the enrolment form on our website and hand it into the office as soon as possible.

Uniform Shop

The second hand uniform shop is open Thursday mornings from 8.45-9.10am. Thank you to Wendy and Nidal their help in the running of the shop.

Family Trivia Night

Family Trivia Night - Sunday 21st August. Please click on the link below and see the flyer further in the newsletter.

<https://www.trybooking.com/CBMKI>

Gavan



Calling all St Joey's dads....

The St Joeys Football team are pleased to announce that the dad' group of St Joseph's is yet again coming together to play in our annual football match, where we take on the Dads of St Louis -Aspendale.

This is the 5th year running since its inception and due to the recent implications of Covid 19 we have not been able to play for the previous two years (despite the regular training sessions). We are thoroughly excited to have the opportunity to reunite our community and come together with new friends and old friends once again.

The game will take place at Chelsea Football Club, Beardsworth Avenue at **2:00 PM on Saturday 10th of September 2022.**

All Dad's are welcome to come and play on the day and all they need to do is reach out to myself (0438 757 850, Patty) and we can put your name on the team sheet. The rules for the day are modified to suit our matured bodies such as: no tackling, 12-minute quarters and those that take the game too seriously will be sent from the field.

We encourage as many families and friends to get to the game and enjoy watching your loved ones wind back the clock and relive moments of past glory.

At the end of the game, we will have a mini football game where the children who are in attendance can take part in a mini game of football. Prizes and awards will be handed out upstairs after the game where we can all come together and enjoy a few drinks to finish off what will undoubtedly be a fantastic community day.

Should you have any questions please do not hesitate to contact me.

Look forward to seeing you there!



Leadership activities....

Monday 22nd Lunchtime - Coding in the Lab, SJGT 3-6 (3/4)
Hall

Tuesday 23rd Soccer Yr 1-4 on Grass, Table Tennis 3-6 Hall

Wed 24th Chess Club at Lunch Library, SJGT 3-6 Hall (5/6)
, Zooper Dooper at Lunch on Stage 50c , Lego - Wellbeing
Hub lunch

Thurs 25th SJGT 3-6 Hall (Catch Up)

Friday 26th SJGT 3-6 Finals Hall



St Joseph's School Fees Concession Policy

[Download](#)



St Joseph's School Fees Concession Application form

[Download](#)



Body safety and consent

by Jayneen Sanders

We teach water safety and road safety to the children in our care, but too often 'Body Safety' is left in the 'too-hard basket'. And yes, it is a difficult topic to discuss but our fear of this topic could be placing our children at risk. Below are 8 Body Safety and Consent Skills you can cover with your child formally and informally as your child grows. They're applicable (in different ways) for children at all ages.

1. Encourage your child to talk about their feelings

From the earliest of years, encourage your child to talk about their feelings. This way they will learn from a young age how to express, manage and understand their emotions. Allow time for them to tell you exactly how they are feeling, and listen with empathy and intent. Provide a ready bank of 'feelings' words beyond 'happy' and 'sad'. (see www.e2epublishing.info for free posters on feelings)

2. Talk about feeling 'safe' and 'unsafe'

Children find it hard to distinguish between the two. It is important they understand what it is to feel 'unsafe', so if ever they are feeling this way at any time, they can talk to you or another trusted adult straightaway. Explain that our body is amazing, and when it feels 'unsafe' it always lets us know. For example, we might feel sick in the stomach or our heart might beat really fast. Tell your child that these are called their Early Warning Signs. Reiterate that if your child does feel any of their Early Warning Signs, they need to tell a trusted adult straightaway. Draw a body shape with your child and label their Early Warning Signs and discuss.

3. Allocate time for your child to choose 3 to 5 trusted adults

Your child can tell anything to these adults and they would be believed. These people are part of their Safety Network. One should not be a family member and all should be easily accessible by your child. For younger children, draw a large outline of a hand and have your child draw a picture of each

person on their Safety Network. Add labels and phone numbers. Note: ensure you talk to these adults and let them know your child has chosen them and it is an honour.

4. Explain to your child that everyone has a body boundary

A body boundary is an invisible space around their body. No one should come inside their body boundary without them saying it's okay (consent). Your child has the right to say 'No' to kisses and hugs if they want to. They can always give a hi-five or blow a kiss instead. Have your child outline their body boundary.

5. Teach your child to respect another person's body boundary also, and that they need to ask for consent before entering it

That means, for example, if they want to hold another child's hand, they need to ask permission. And if that child says 'No', they need to respect and accept that child's wishes. Explain also that just because a person may say 'Yes' to handholding or a hug, consent can be withdrawn at any time.

6. Have your child practise the empowering 'pirate stance'

The 'pirate stance' is, hands on hips, legs slightly apart, shoulders thrown back and head held high. This is a very empowering stance and should be practised regularly. Once in the stance, your child can also practise saying 'No' or 'Stop! I don't like that!' Both these phrases are useful in bullying situations and also if anyone does try to touch their private parts. If your child can do this at 4 or 5 years old, then there is a good chance they will be able to do this at 13 or 14, and into adulthood.

7. From day one, call your child's genitals by their correct names

Ensure your child knows that their private parts (including the mouth) are private. Explain that private means 'just for you'. Tell your child that if anyone touches their private parts, asks them to touch their private parts or shows them pictures of private parts, they need to tell a trusted adult straightaway. They also have the right to say 'No!' or 'Stop' before alerting an adult on their Safety Network. At this point, talk about 'public' and 'private' places, for example, the kitchen is a public space, but the bathroom is a private space. Ensure your child knows the difference. Let them know that it is perfectly okay for them to touch their own private parts in a private place such as their bedroom.

8. Talk about the difference between secrets and surprises

Secrets can be asked to be kept indefinitely, whereas surprises will always be told and are only kept for a short time. Discourage the keeping of secrets in your family. Explain that your family has 'happy surprises' instead of secrets because happy surprises will always be told. Explain that if someone does ask them to keep a secret, they should tell that person that they don't keep secrets. Reinforce that if someone does ask your child to keep a secret that makes them feel unsafe or uncomfortable, they must tell an adult on their Safety Network straightaway!

In closing

In a perfect world, our kids would be safe. Full stop. End of story. But we know it's not a perfect world. We need to have the conversations. We must talk. These ideas will help.

Jayneen Sanders is an author, teacher, mother of three and an advocate for the empowerment of children. Her books on Body Safety, consent, gender equality, emotional and social intelligence and many free resources including 'My Body Safety Rules' poster can be found at

www.e2epublishing.info.

WELLBEING

SAFETY

RESPONSIBILITY

RESPECT

'A positive sense of wellbeing supports a base for rich learning that enables young people to flourish.'

(Catholic Education Melbourne 2017, Horizons of Hope: Wellbeing in a Catholic School)

POSITIVE BEHAVIOURS FOR LEARNING

ST JOSEPH'S POSITIVE BEHAVIOURS FOR LEARNING

'Always Faithful!'
How do you do it? Do you do it?

LEARNING AREAS/INDOORS

- I follow the instructions of adults by using whole body listening.
- I ask an adult for help.
- I move safely.
- I keep hands, feet and objects to myself.

ONLINE

- I follow the instructions of adults by using whole body listening.
- I ask a trusted adult for help.
- I follow the Acceptable Use Policy.

TOILETS AREAS

- I move safely.
- I flush, wash and dry my hands.
- I keep the toilets a play free zone.
- I keep hands, feet and objects to myself.
- I ask an adult for help.

OUTDOOR AREAS

- I follow the instructions of adults by using whole body listening.
- I speak and act kindly.
- I keep hands, feet and objects to myself.
- I ask an adult for help.
- I move safely.
- I use equipment for its intended purpose.

SCHOOL GATHERINGS

- I follow the instructions of adults by using whole body listening.
- I ask an adult for help.
- I move safely.
- I keep hands, feet and objects to myself.

ST JOSEPH'S POSITIVE BEHAVIOURS FOR LEARNING

'Always Faithful!'
Do it often and you will see how it is for you!

LEARNING AREAS/INDOORS

- I follow the instructions of adults by using whole body listening.
- I speak and act kindly.
- I include others.

ONLINE

- I follow the instructions of adults by using whole body listening.
- I speak and act kindly.

TOILETS AREAS

- I use others' personal space and privacy.
- I treat the toilet area with care.

OUTDOOR AREAS

- I follow the instructions of adults by using whole body listening.
- I speak and act kindly.
- I include others.
- I use equipment for its intended purpose.

SCHOOL GATHERINGS

- I follow the instructions of adults by using whole body listening.
- I speak and act kindly.

ST JOSEPH'S POSITIVE BEHAVIOURS FOR LEARNING

'Always Faithful!'
Put what you do in mind to what is written in the code of the 3rd Commandment.

LEARNING AREAS/INDOORS

- I follow the instructions of adults by using whole body listening.
- I organise myself and my belongings.
- I have a growth mindset.
- I stay on task.
- I take care of equipment and the school environment.

ONLINE

- I follow the Acceptable Use Policy.
- I take care of equipment and the school environment.

TOILETS AREAS

- I use the toilet for its intended purpose.
- I flush, wash and dry my hands.

OUTDOOR AREAS

- I am Sunsmart.
- I take care of equipment and the school environment.
- I follow the rules of the game being played.

SCHOOL GATHERINGS

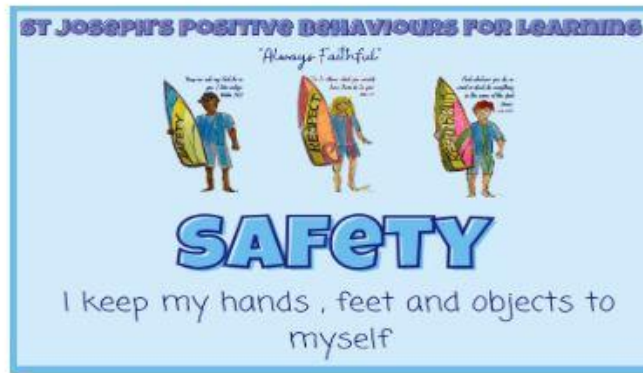
- I take care of equipment and the school environment.
- I represent the school with pride and uphold the school expectations.

SAFETY

RESPONSIBILITY

RESPECT

THIS WEEK WE ARE FOCUSING ON:



This week our PBL lesson is about being safe by keeping our hands, feet and objects to ourselves. This is important because:

- It keeps ourselves and others safe
- It demonstrates understanding of personal space
- It encourages students to express themselves using their words to show their feelings rather than using their hands and feet to show their feelings
- demonstrates respect for their teachers and classmates
- Other students are more likely to want to associate with them
- Students will need to master to form and maintain appropriate relationships
- Students learn to understand and manage emotions and empathy, establish and maintain positive relationships and learn to make smart decisions
- They will learn to understand and manage emotions and empathy, establish and maintain positive relationships and learn to make smart decisions
-

We can be safe by:

- using **safe hands**
- using **safe feet**
- keeping hands and feet to myself
- staying out of other people's space (**do not be a space invader**)
- stopping and taking a deep breath
- walking away
- asking a trusted adult for help

St Joseph's Parish Trivia Night



**Call of Guadalupe Family Trivia Night
at St Joseph's Hall**

Sunday 21st August @ 5pm

BYO dinner to share with your table
Some drinks/pizza available to purchase on the night

**Prizes, give aways and a fun filled night
for all the family!**

Limited seats available. Book early!

Bookings are required:

<https://www.trybooking.com/CBMKI>

**All funds raised will support
The Call of Guadalupe Musical
performances
at Chelsea Town Hall
(24-27 November 2022)
www.cogtheatre.org**





Safe On Social Media Presentation

John Paul College would like to offer parents from our partner parish primary schools the opportunity to attend an informative parent presentation from 'Safe on Social' about child safety on social media. The session delivers real life case studies and strategies to help parents support their children.

Wednesday 24 August

7.00pm

Online via Zoom

Topics covered but not limited to:

Online safety and using social media with awareness. Terms and conditions of use and what they mean. Keeping your personal information private. Sexting and image based abuse and the law.

To find out more about Safe on Socials or presenter Kirra, visit the link below.



JOHN PAUL
COLLEGE
with Him is the fullness of life

Safe on Social Media - Please click on the link to RSVP

<https://www.jpc.vic.edu.au/home/news-item-mosaic/1084-safe-on-social-parent-presentation>

St Joseph's OSHC 2022

Name of Program: St Joseph's Catholic Primary School OSHC

Enrolments for 2022 please visit <https://www.kingston.vic.gov.au/Services/Family-and-Children/Before-and-After-School-Program> to enrol

Before School Care at St Joseph's

Kingston Council Before School Care has commenced from the first day of term 3 onsite in the Hall. The sessions will start from 6.45am and entry will be from Woodbine Grove gate each morning.

The only children allowed onsite before 8.30am will be those booked into Before School Care.

Contact Out School hours Care for further information:

W: [kingston.vic.gov.au/beforeandafterschoolprogram](https://www.kingston.vic.gov.au/beforeandafterschoolprogram)

E: beforeandafterschoolprogram@kingston.vic.gov.au

Ph: 9581 4867



PSW upcoming price changes

Dear Families

Thank you for your partnership and loyal support which we value so highly.

Over the recent years we as a business have been determined to absorb and manage the regular cost increases across raw materials, manufacturing, labour, transport and utilities.

Upon our recent pricing review, we wish to advise on this occasion our business will be amending our pricing with a small increase that will affect the majority of our product lines.

The overall impact is 5% over your entire uniform collection.

This will take affect from the 5th October 2022. As we work together in implementing these changes, we remain committed to our partnerships and offering quality products, competitive prices, exceptional customer service and on-time delivery.



PSW price list (current)

Please find PSW's current price list attached.

[Download](#)



Canteen Price List

Please find the current Canteen price list. The canteen has reopened today and is open each Thursday and Friday.

[Download](#)

Level Crossing Removal Project News...



As part of Victoria's Big Build, we're removing 20 dangerous level crossings and building 13 new stations as part of a more than \$4 billion upgrade on the Frankston Line. It will improve safety, reduce congestion and allow more trains, more often.

Buses replace trains

Buses replace trains on the Frankston Line between Caulfield and Moorabbin from **8:30pm Wednesday 24 August to 4am Saturday 27 August**, while Level Crossing Removal works take place. For more information, visit ptv.vic.gov.au or call **1800 800 007**.

How will this affect you?

There will be additional travel time added to most people's journey. A range of buses will operate to help make your journey as direct as possible.

A number of car park and on-street parking changes will also be in place at stations on the Frankston Line to allow for the safe operation of train replacement buses and construction works.

If you need to discuss alternative travel arrangements prior to travelling, or require assistance with journey planning, service information and up-to-date timetable information, please visit ptv.vic.gov.au or call **1800 800 007**.

We thank you for your patience as we work towards delivering an upgraded transport network for Melbourne's growing population.



Marriage Encounter Weekend

An opportunity to spend a weekend improving your communication.

This experience gives married couples the tools to keep your passion alive in a gentle, nurturing environment, away from pressures and distractions of daily living.

The weekend we offer is based around Catholic values but couples of all faiths are welcome.

Please check our website for more details.

Next on-line weekend is on **19 – 21 August 2022** in the comfort of your own home.

Next Non-Residential weekend is on **22 – 23 October 2022** in Niddrie

Information/Bookings: Phone **Mercy & James 0409 183 676** or

Email: vicbookings@wwme.org.au Website: wwme.org.au



**Apply now for
Year 7 2024**

Applications for Enrolment for Year 7,
2024 are due by Friday 19 August 2022.

Become a part of John Paul College's community
of vibrant learning. At the heart of John Paul College
is the desire for the full flourishing of each student.

2022 Term Dates

Red indicates a change from last week

Term 3 Monday 11th July-Friday 16th September

Week 6

Thur 18th Aug Life Ed 1, Maths Whiz 1.45-3.15pm

Fri 19th Aug Life Ed 2, 5/6 Sport vs St Louis cancelled, No Assembly

Sun 21st Aug Parish Trivia Night 5pm

Week 7

Wed 24th Aug Maths whiz 9-11am

Thur 25th Aug Life Ed 3, 7pm Confirmation Information Session

Fri 26th Aug 5/6 Sport vs Edithvale, Assembly Science Week Presentations 2.30pm

Week 8

Wed 31st Aug Life Ed 4

Thur 1st Sept Life Ed 5, Father's Day stall 9-11am, Maths whiz 1.45-3.15pm

Fri 2nd Sept District Athletics, No Assembly

Sat 4th Sept Father's Day

Week 9

Tues 6th Sept Yr 6 Confirmation Retreat Day at St Joseph's

Week 10

Tues 13th Sept Marine Ambassadors

Fri 16th Sept Footy Day, End of Term **3.15pm**

Term 4 Tues 4th October - Friday 16th December