



# St Joseph's School, Chelsea

Term 4, Week 6 Thursday 10th November 2022



Dear Families,

**Don't forget tomorrow is a school closure day.**

**Working Bee**

Next Friday the 18th November we will have our final working bee for 2022 from 4 - 6pm. An Operoo notification will come home tomorrow please respond if you are able to come.

## **2023**

As we continue to plan for 2023 Could I ask families, except for the year 6 children, to let me know if you are moving to another school in 2023 asap as we have a number of families making enquiries to move into St Joseph's. We are starting to make waiting lists.

Also as staff start to look at groupings for 2023 classes could I ask if you have any educational needs that need to be considered and you have not mentioned them to the class teacher please do so asap. I do not do teacher requests but will look at any educational needs required. Staffing has not been finalised for 2023 and when it is I will let you all know.

### **Absent students**

We encourage families to continue to monitor your child if unwell. If you require more RAT tests please collect from the office.

Just a reminder if your child is going to be absent for any reason please notify the office **as early as possible** either by calling 8773 1111 or emailing [absences@sjchelsea.catholic.edu.au](mailto:absences@sjchelsea.catholic.edu.au). We also require the reason for the absence.

### **2023 School Fees**

The 2023 Fee pack was sent home with your eldest child last week. Included in the pack is the 2023 fee schedule, 2023 Prepaid levy invoice, direct debit/credit forms, 2023 Parish Development Levy, CSEF information and application form, St Joseph's Concessional Fee policy and Centrepay application form. If you did not receive this pack please contact the office.

If you have an outstanding balance from this year's fees and no payment arrangements are in place your account is now overdue. If you are experiencing difficulty in paying your account please email Gavan [principal@sjchelsea.catholic.edu.au](mailto:principal@sjchelsea.catholic.edu.au)

### **St Joseph's Concessional Fee Policy**

Please read the new Concessional fact sheet information for those families who qualify and meet the criteria. It offers significant savings to families.

Concessional School Fees are available to any family that meets the below eligibility criteria:

- of Aboriginal or Torres Strait Islander heritage
- holding an HCC (Dept of Health Concession Card) and eligible for CSEF
- experiencing severe financial hardship

- holding a DVA Gold Card (Dept of Veterans Affairs Health Card)
- identified as refugees and holding an ImmiCard is strongly encouraged to apply for concessional school fees.

To see St Joseph's School Fees Concession policy please click on the link below.

Students of eligible families are entitled to concessional school fees.

The school fees for eligible students are:

- 1 child: \$15 per child per week, direct debit (\$780 per annum or \$195 per term)
- 2 children: \$23 for the family per week, direct debit (\$1196 per annum, or \$299 per term)
- 3+ children: \$30 for the family per week. direct debit (\$1560 per annum, or \$390 per term)

If your family meets the criteria please click on the application form below and return the completed form to the school office.

Kindest Regards,

Gavan

## Mission Action Day







Congratulations to the Year 5/6 students on the success of their Mission Action Day. The total raised was \$1900.00. This money will be forwarded to local and global charities as nominated by the children. Thank you to the families for supporting this worthwhile event.



# Parish Christmas Lunch

**GET YOUR FREE TV GUIDE INSIDE!**

**Chelsea • Mordialloc • Mentone**

# News

*An independent voice for the community*

**PENINSULA KIDS**  
YOUR GUIDE TO WHAT'S ON THIS WEEKEND FOR PENINSULA FAMILIES  
FACEBOOK: peninsulakids.com.au  
INSTAGRAM: mompenkids

Your weekly community newspaper covering news from Carrum to Mentone **FREE** Wednesday 26 October 2022

For all your advertising and editorial needs, call us on **03 5974 9000** or email: [team@baysidenews.com.au](mailto:team@baysidenews.com.au) [www.baysidenews.com.au](http://www.baysidenews.com.au)

### Christmas lunch is coming up

THE annual Chelsea Community Christmas Lunch will return in 2022.

The free lunch will bring people together on Christmas day for a meal, carols, and a visit from Santa.

In addition to the Christmas meal, guests will be treated to a buffet dessert.

The free communal lunch will be held at St Joseph's School Hall in Chelsea. To book a place visit [trybooking.com/CDGAE](http://trybooking.com/CDGAE)

For enquiries contact St. Joseph's Parish on 9772 2211.

PREP students Annie and Siena working on the Christmas decorations for the annual community lunch in Chelsea. Picture: Supplied



## Prep's Visual Arts

Each students made a different day from the creation of day/night, sky, plants, animals, sea and humans and on the seventh day he rested. It is on aluminium panels which the children pressed their images into.

St Josephs will be putting it in as a submission for the MACS 2023 art expo held next March at the Catholic Leadership Centre.

Well done Preps!



# Mind your language. How what you say creates your child's mindset.

by James Anderson

One of the big ideas in education over the past 10 years has been Professor Carol Dweck's work on Growth Mindset. However, despite (or perhaps because of) the hype, much of Dweck's work has been misunderstood, or misapplied. Too often we've tried to teach about growth mindset, instead of teaching for a growth mindset. Importantly, the role parents play in helping develop a growth mindset in their child has been largely overlooked.

In this article I share a simple way you can help your child develop a more growth-oriented mindset.

## **About Mindsets**

Your child's mindset is how they view their most basic abilities, like their talents and intelligence, and it has a profound impact on their learning.

A child with a fixed mindset believes they are fundamentally limited. Who they are today, is pretty much who'll they be in the future. For them, school and learning is a way to discover those abilities. They'll ask if they are musical, or how smart they are. For these children, school becomes one long test to discover the answers to these questions.

A child with a growth mindset understands they have the capacity to develop their abilities. For them learning becomes a vehicle for creating and developing those abilities. You'll hear this child say things like "I want to become really good at maths, so I'm going to work hard to make that happen."

## **Why parents matter**

Contrary to what social media might say, you can't just tell your child to have a growth mindset. Their mindset is rooted in a lifetime of experiences.

As parents we play an important role in creating the experiences that develop our child's mindset. What we repeatedly say, value, and reward all shape our child's mindset. And I should know because I got it wrong.

## **What I did wrong**

When my daughter was young, I encouraged her to try lots of different activities. She tried music, art, gymnastics, singing, the Maths Olympics. You name it, we tried it. And that's fundamentally a good thing.

The problem wasn't what I was doing. It was the messages I attached to it. Sometimes when she wasn't keen to try a new activity, I'd say something like "Come on sweetheart, give it a go. You never know, you might be good at it!"

Can you hear the fixed message in there? "You might (already) be good at it."

I turned trying something new into a test to find out if she was good at it. I promised her the possibility of instant success. To make things worse, if she didn't have instant success, I'd often console her with something like "Well, don't worry. You can't be good at everything."

In other words, she'd failed that test. Now it was on to the next test to see if she was good at that instead. The unintended lesson: If you're not immediately good, give up.

## **Why did I do that?**

If you just had an "ouch" moment, you're not alone. Parents say these types of things all the time. We say them out of love, and with the best of intentions.

When we see our child upset or struggling, our natural reaction is to want to protect them from that discomfort. But what I did was to provide my daughter with an excuse for struggle by saying “you’re not that type of person.”

Perhaps you’ve provided your child with a similar excuse by saying something similar like “I was never good at that either.” The underlying message being “we aren’t the right type of person to be good at that—we don’t have those abilities.”

### **A nudge in the right direction**

To help us be better parents and nurture a more growth-oriented mindset in our children, we need a little nudge. A reminder that helps us counter any unconscious bias and ensure we create more growth-oriented messages for our children.

I’ve created lots of these nudges, for all types of situations. The one relevant to this situation is to remember that “Learning is about creating, not discovering.”

### **Learning is about creating, not discovering.**

In the context of trying new things, this nudge reminds us that we’re not trying to find out if my daughter has those abilities. We’re trying to decide if she wants to develop those abilities. So, now I might say:

“Darling, getting good at something takes time and the right type of effort. You need to decide if this is something you’re prepared to invest the time and effort into getting good at.”

The nudge helps us repeat this message over and over, slowly creating a more growth-oriented mindset. They become more empowered and see life as being in their control. They recognise they can become whoever they want, or need, to become.

It’s like George Bernard Shaw said, “Life is not about finding yourself. Life is about creating yourself.”

**James Anderson**



James Anderson is an international speaker, author and educator. In an educational landscape focused on teachers, James' work focuses on learners. His signature work defines Learnership™ – the skill of learning. He answers the question: What does it mean to be a skilful learner? For further information visit [www.jamesanderson.com.au](http://www.jamesanderson.com.au) You can also listen to James and Dr Justin Coulson discuss Learnership™ on the Happy Families podcast episode #529 (The Growth Mindset) and #559 (How to Create Skillful Learners).

FREE ONLINE PARENT INFORMATION NIGHT

## Transitioning into Year 7

With Dr Michael Carr-Gregg  
Tuesday 15th November, 2022  
7pm-8pm ZOOM

FOR MORE INFORMATION & TO REGISTER, FOLLOW THE QR CODE

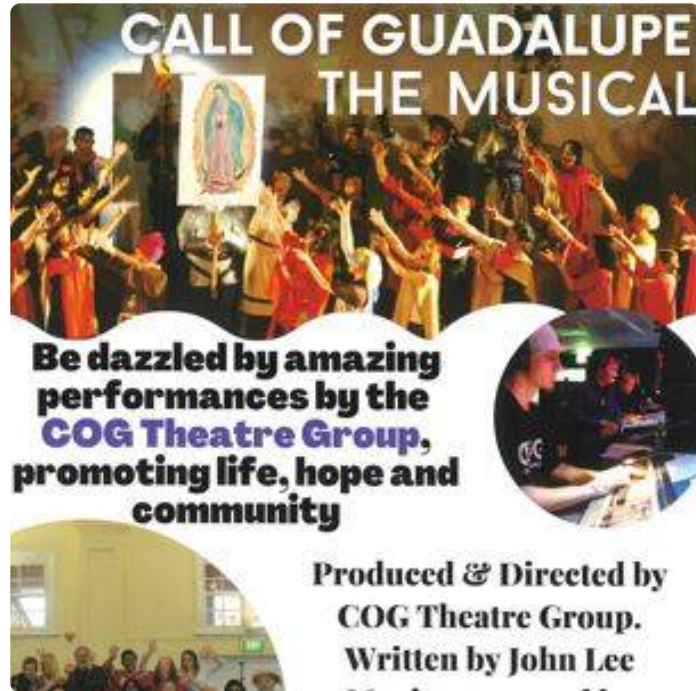
KINGSTON YOUTH SERVICES

## Upcoming Parent Information Night with Dr Michael Carr-Gregg

Kingston Youth Services will be hosting two upcoming free, online Parent Information Night sessions with Dr Michael Carr-Gregg – not to be missed!

Dr Michael Carr-Gregg is one of Australia's highest profile psychologists, author of 14 books, broadcaster and a specialist in corporate mental health, families, parenting, children, adolescents and the use of technology for mental health.

More about him can also be found at <https://michaelcarrgregg.com>



## 2022 Term Dates

Red indicates a change from last week

**Term 4 Tuesday 4th October-Friday 16th December 1pm**

### **Week 6**

**Fri 11th Nov School Closure Planning Day, Remembrance Day**

### **Week 7**

Mon 14th Nov 9am Small Orientation Groups Prep 2023, Big Green Conference Day 2

Tue 15th Nov 12.30pm Whole School Mass

Fri 18th Nov 2.30pm Assembly Preps presenting, 4pm Working Bee

### **Week 8**

Tues 22nd Nov 2pm Prep 2023 Orientation Session

Wed 23rd Nov Preps Zoo

Thu 24th Nov 7pm The Call of Guadalupe Musical Production Chelsea Town Hall

Fri 25th Nov 7pm The Call of Guadalupe Musical Production Chelsea Town Hall, No assembly

Sat 26th Nov 7pm The Call of Guadalupe Musical Production Chelsea Town Hall

Sun 27th Nov 1pm The Call of Guadalupe Musical Production Chelsea Town Hall, 5pm Christmas Carols & BBQ,

### **Week 9**

Tues 29th Nov 2pm Prep 2023 Orientation Session

Wed 30th Nov Prep - Yr 4 swimming commences daily until 8th Dec, 2023 Prepaid Levies due

Fri 2nd Dec No Assembly

### **Week 10**

Mon 5th Dec - Yr 5/6 Lifesaving commences until 8th Dec

Wed 7th Dec Reports/class lists distributed

Fri 9th Dec No assembly

### **Week 11**

Mon 12th Dec 9.30am Preps excursion to Victory Park

Tues 13th Dec 9am Meet your Teacher for 2023

Wed 14th Dec 12.30pm end of year Mass, 2.30pm Graduation Assembly

Thurs 15th Dec Graduation Excursion Yr 6, 6pm Graduation Mass, 7.30pm Graduation Presentations

Fri 16th Dec End of school year 1pm finish