



St Joseph's School, Chelsea

Term 4, Week 9 Thursday 1st December, 2022

Yr 1/2's incursion - Mini Boss



Dear Families,

December has arrived and the year is quickly drawing to a close. The end of year swimming is in full swing for P-Yr 4 and Yr 5-6 will commence lifesaving next Monday. End of year excursions are also in place for the year levels.

It is really important at this busy time to maintain our routines at school and enjoy this period of the year.

The reports and class lists we plan to send home next Wednesday. The staff have been working hard to produce well balanced classes for the children in 2023. The whole class lists will be sent through Skoolbag at about 5pm next Wednesday 7th December.

All children will go into their new classes on Tuesday 13th December from 9.00-10.00am and meet their 2023 teachers.

Interschool Council Christmas Cards

On Sunday 11th December at the Town Hall the Interchurch Christmas carols will be held from 6.30-8.15pm. St Joseph's children have been invited to sing a song at the carols. If you would like your child to sing there is a practice tomorrow at 11.00am in the 1/2OF classroom with Ms Finck. Parents will need to take their children on the night. Further information will be available tomorrow.

Christmas Tree

Thank you to Lou from Evergreen Christmas Trees for donating our Christmas tree. The tree is in the school office and we are asking all families to donate a decoration to place on the tree. At the end of the year the tree will be on display at the annual Community Christmas lunch.

Swimming Program 2022

The Year 5-6 Lifesaving program will commence next Monday 5th December at Chelsea Lifesaving club. Details regarding this also came home via Operoo. Please complete the permission form as soon as possible.

Please note there will be **no lunch orders available** during the Prep - 4 swimming and 5/6 lifesaving program. The canteen will only be open for snacks during this period.

2023

As we continue to plan for 2023 Could I ask families, except for the year 6 children, to let me know if you are moving to another school in 2023 asap as we have a number of families making enquiries to move into St Joseph's. We are starting to make waiting lists.

Also as staff start to look at groupings for 2023 classes could I ask if you have any educational needs that need to be considered and you have not mentioned them to the class teacher please do so asap. I do not do teacher requests but will look at any educational needs required. Staffing has not been finalised for 2023 and when it is I will let you all know.

Absent students

We encourage families to continue to monitor your child if unwell. If you require more RAT tests please collect from the office.

Just a reminder if your child is going to be absent for any reason please notify the office **as early as possible** either by calling 8773 1111 or emailing absences@sjchelsea.catholic.edu.au. We also require the reason for the absence.

St Joseph's Concessional Fee Policy

Please read the new Concessional fact sheet information for those families who qualify and meet the criteria. It offers significant savings to families.

Concessional School Fees are available to any family that meets the below eligibility criteria:

- of Aboriginal or Torres Strait Islander heritage
- holding an HCC (Dept of Health Concession Card) and eligible for CSEF
- experiencing severe financial hardship
- holding a DVA Gold Card (Dept of Veterans Affairs Health Card)
- identified as refugees and holding an ImmiCard is strongly encouraged to apply for concessional school fees.

To see St Joseph's School Fees Concession policy please click on the link below.

Students of eligible families are entitled to concessional school fees.

The school fees for eligible students are:

- 1 child: \$15 per child per week, direct debit (\$780 per annum or \$195 per term)
- 2 children: \$23 for the family per week, direct debit (\$1196 per annum, or \$299 per term)
- 3+ children: \$30 for the family per week. direct debit (\$1560 per annum, or \$390 per term)

If your family meets the criteria please click on the application form below and return the completed form to the school office.

Lost Property

Our lost property basket is overflowing! If your child has an article of clothing missing please encourage them to look through the basket located in the school office. All unclaimed items will be donated to the second hand uniform shop at the end of the year.

Kindest Regards,

Gavan

Library news

Thank you to all students and families for your enthusiastic borrowing this year. As the end of Term 4 is rapidly approaching, can all families please have a good look at home (under the bed, in the car!) for any St Joseph's library books that can be returned along with any St Joseph's library bags which may have come home with your children - these are often labelled SJL.

Some children may come home with a printed list of overdue books as a reminder. Please just do your best in locating these, but do not worry if you really can't find them. We do not issue fines!

Ms Morey and Sarah.

St Vincent de Paul Class Hampers List

CHRISTMAS HAMPERS / ST JOSEPH'S CHELSEA/VINNIES 2022

ALL HAMPERS TO THE STAFF ROOM BY THURSDAY 8th DECEMBER

NUMBER		CLASS
1	Girl 4 , Boy 4 mths	Prep CG
2	Girl 11 , Girl 10	1/2OF
3	Boy 10 , Girl 19 , Girl 7	3/4KG
4	Boy 16, Girl 14, Boy 4	5/6B
6	Boy 13, Girl 2	3/4CS
6	Girl 12, Boy 11	5/6E
7	Boy 10, Boy 6, Boy 4, Boy 1	3/4S
8	Boy 16, Boy 11, Girl 13	5/6RW
10	Boy 13, Girl 8	3/4B
11	Girl 17, Boy 11, Boy 9, Girl 1 mth	1/2JD
12	Boy 14, Boy 12	STAFF
9	Girl 5, Boy 1	Prep A
13	Girl 12, Boy 10, Boy 8	5/6BC
14	Girl 17, Boy 16, Boy 7, Girl 6	1/2LC
15	Girl 5, Boy 3	3/4W
16	Boy 9, Girl 6, Boy 4	1/2M

Christmas Mass Times

Christmas Masses

Saturday 24 December

Christmas Carols 5.30pm

Vigil Mass 6pm

Christmas Carols 8.30pm

Christmas Night Mass 9pm

Sunday 25 December

Morning Mass 10am

Reconciliation

Holy Hour and Confessions

21-23 December 6–7 pm

Saturday 24 December

8.30am –10.30am

or by appointment

Please note: there will be no confessions available before any of the Mass times on Christmas Eve or Christmas Day

Scholastic Book Club

Issue 8 was sent out last week through your child's class. This is the last issue for 2022. All orders must be **finalised by tomorrow 2nd December** to allow time for the books to be delivered before the end of the school year. If you wish for your order to be held at the office please email info@sjchelsea.catholic.edu.au.



No No No

Beck Delahoy is a neuroscientist, writer, and home-educator. When she's not researching and writing about parenting, she's outside exploring the wonder of nature with her three kids. Find her @beckdelahoy on Instagram

My husband and I are looking to buy a new car. I'm dreaming of an electric vehicle, and with 3 kids in car seats, a 7 seater would be ideal. So I'd been doing some research when I found it – the perfect car. It had an impressive range for an electric vehicle, the required 7 seats, and with falcon wing doors I would be the coolest mum in the kinder car park.

I excitedly showed my husband and told him that I want this car! And he oohed and aaahed at the car with me, and then I went back to looking at cars that were realistically in our budget. Because my dream car had one issue. It cost twice as much as we earn in a year.

How often do our kids ask us for things that they can't realistically have?

A 5-year-old wants to read books at bath time.

A 7-year-old wants to kick their soccer ball in the living room.

A 12 year-old wants the latest smartphone, with the 6.1" screen and a camera that can record in 4K – perfect for filming TikToks!

But in these moments, when our kids tell us what they want, how often do we immediately say "no"?

"No way"

"Not now"

"No...no...NO"

The problem is, when we are constantly telling our kids "no", they don't feel full of gratitude for having such reasonable and logical parents. Instead, they feel unheard and frustrated.

They feel as though we don't trust their decision making. They feel as though we are taking away their capacity to make choices. And they feel disconnected from us. What if we could do for our kids what my husband did for me, and show them that we honour their wishes and trust them to make reasonable decisions?

Next time a "no" jumps to your lips when your child wants something they can't have, try one of these three strategies instead:

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Engage in problem-solving to find win-win solutions

Instead of pushing our will onto our kids, we can work with them to find a solution that works for everyone. This involves hearing their perspective, voicing your own concerns, and then working to come up with possible solutions together.

That might look like this:

"You want to read books right now. You really love reading books. I'm worried that if we read all of our books right now, we won't have time for a bath. What do you think we can do so that we have time for books and a bath?"

By working with our kids to find solutions, we give them power over their own lives, and show that we trust them to make good decisions.

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Find the yes in the no.

Sometimes what our kids want is almost ok. It might be ok to kick the soccer ball around, just not in the living room. Or it might be ok to eat ice cream, just not right before dinner.

When that happens, we can say yes to what is ok with their desire, while redirecting the rest. That might look like this:

"I can see that you want to kick the soccer ball around! You sure can kick that ball really well. I'm a bit worried that there's not enough room inside our house for you to kick the ball

around safely. Let's take the ball outside where you have more room. Would you like some help to set up some goals?"

When we say yes to what we can, we help our kids feel heard and understood.

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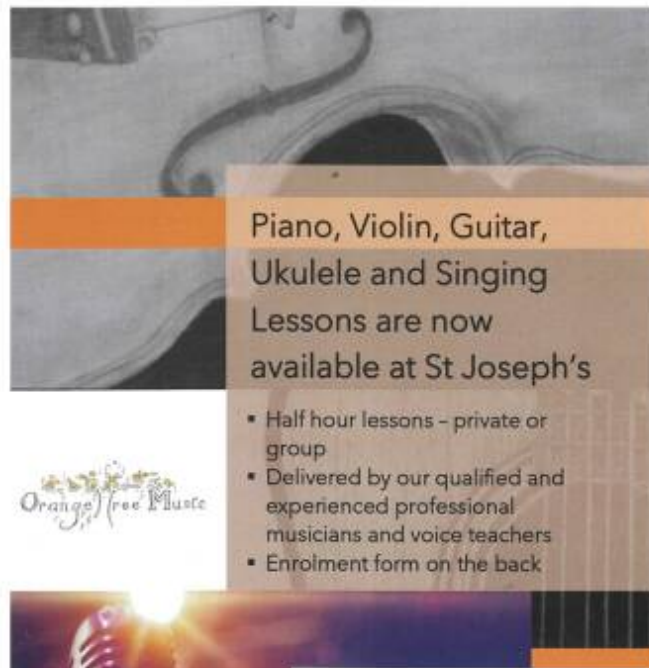
Give it to them in fantasy.

Joanna Faber and Julie King, authors of *How to Talk So Little Kids Will Listen*, suggest that when your child wants something they can't have, our first impulse is to explain why they can't have it... which often doesn't work out very well for us. Instead, we can give to our child in fantasy what they can't have in reality. That might look like this:

"You want to buy that new smartphone? Wow, I can see why! That camera is fantastic. Look, it says here that it's the same quality as what you see in the movies! Maybe we can go to the shops tomorrow and record a TikTok on the display phone. That could be a bit of fun!"

By acknowledging that our child wants something, and joining them in their fantasy, we're not building them up for disappointment like we think we might be doing. We're actually giving them a healthy outlet for experiencing their desire.

Taking "no" out of our vocabulary doesn't mean that we need to buy the latest smartphone for our tweens, eat dessert at every meal, and spend all of our life savings on a fancy car. It's not a recipe for indulgence. It does mean that we honour our kids' feelings and help them make good choices. And boosting our kids' sense of autonomy and competence is something we can say "yes!" to.



2022 Term Dates

Red indicates a change from last week

Term 4 Tuesday 4th October-Friday 16th December 1pm

Week 9

Thur 1st Dec Prep - Yr 4 swimming continues daily until 9th Dec, 2023

Fri 2nd Dec No Assembly

Week 10

Mon 5th Dec Yr 5/6 Lifesaving commences until 9th Dec (not Tuesday 6th Dec)

Wed 7th Dec Reports/class lists distributed

Fri 9th Dec No assembly

Week 11

Mon 12th Dec 1/2 Excursion to Victory Park 11.20-1.20pm

Tues 13th Dec 9am Meet your Teacher for 2023, 10.30am Preps excursion to Victory Park

Wed 14th Dec 12.30pm end of year Mass, 2.30pm Graduation Assembly

Thurs 15th Dec Yr 3/4 beach excursion 10.30-2pm, Graduation Excursion Yr 6, 6pm Graduation Mass, 7.30pm Graduation Presentations

Fri 16th Dec End of school year 1pm finish

2023

Mon 30th Jan First day of school (Preps 8.45-1.00pm)

Thurs 2nd Feb NO SCHOOL PREPS, YEAR 1 & 2