

## St Joseph's School, Chelsea

Term 1, Week 4 Thursday 23rd February, 2023

## Last week's Swimming Carnival



Dear Families,

Tomorrow there is a planned power outage in the area. This will impact on some services including the canteen. A limited range of food will be available. **There will be no pasta, no party pies or large pies available.** 

Gymnastics 4 Hire (come and watch)

Next week is our final week for Gymnastics. All parents are invited to come and watch. See the timetable below to see what time your child is doing gymnastics:

Monday 27th Feb: 9.30am 3/4 B 10.30am 3/4 W 12.10pm 3/4 S 1.00pm 3/4 CS 2.20pm 3/4 E

Tuesday 28th Feb: 10.30am 5/6 BC 12.10pm 5/6 RW 1.00pm 5/6 F

2.20pm 5/6 E

Wednesday 1st March: 8.50am 1/2 OF 9.40am Prep CM 10.30am Prep S

12.10pm 1/2 GB 1.00pm 1/2 B 2.20pm 1/2 LC

#### Tomorrow night's Working Bee 24th Feb 4-6pm

#### Come along to our working bee tomorrow night - we have lots to do!

Come along to one of our four Working Bees and receive a \$100 rebate on your school fees. Help clean up our school, meet a few parents and enjoy a sausgae and drink after. Please don't forget to sign in upon arrival.

Term 1 Friday 24th Feb 4-6pm

Term 2 Saturday 27th May 8-10am

Term 3 Saturday 12th Aug 8-10am

Term 4 Friday 10th Nov 4-6pm

#### **Reconciliation 2023**

Is your child in Year 3 and making their First Reconciliation this year. If so please complete the form sent on Operoo last week. Our Information night is on Wednesday 1st March 2023 at 7pm in the St Joseph's hall. The ceremonies will take place on Wednesday 29th March at 10am and 6pm.

#### St Joseph's OSHC 2023

Name of Program: St Joseph's Catholic Primary School OSHC

Before and After School Care

If you wish your child to attend please book a place on 9581 4867. The sessions start from 6.45am and conclude at 6.00pm. Entry will be from Woodbine Grove gate each morning and afternoon.

The only children allowed onsite before 8.30am will be those booked into Before School Care.

To enroll please visit before and after school care to enrol

Contact Our School hours Care for further information:

W: kingston.vic.gov.au/beforeandafterschoolprogram

E: beforeandafterschoolprogram@kingston.vic.gov.au

Ph: 9581 4867

#### **PSW Price list**

Please see the attached price list.

#### School Fees

Statements have been sent out via email. If no payment arrangement has been made and you are paying over 3 terms, the first instalment is due by today 23rd February, 2023. Electronic transfer of funds (EFT) is the easiest method of paying fees. We accept payment by credit card/eftpos/cash or Bpay (please refer to your statement for details), or we can arrange for your bank to pay the fees on your behalf directly out of your nominated credit card or savings/cheque account. The forms are available to download below.

#### Camps, Sports and Excursions Funding

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

If you meet the above criteria please contact the school office for the application form. Applications close June 2023.

### St Joseph's Concessional Fee Policy

Please read the new Concessional fact sheet information for those families who qualify and meet the criteria. It offers significant savings to families.

Concessional School Fees are available to any family that meets the below eligibility criteria:

- of Aboriginal or Torres Strait Islander heritage
- holding an HCC (Dept of Health Concession Card) and eligible for CSEF
- experiencing severe financial hardship
- holding a DVA Gold Card (Dept of Veterans Affairs Health Card)
- identified as refugees and holding an ImmiCard is strongly encouraged to apply for concessional school fees.

To see St Joseph's School Fees Concession policy please click on the link below.

Students of eligible families are entitled to concessional school fees.

The school fees for eligible students are:

• 1 child: \$15 per child per week, direct debit (\$780 per annum or \$195 per term)

- 2 children: \$23 for the family per week, direct debit (\$1196 per annum, or \$299 per term)
- 3+ children: \$30 for the family per week. direct debit (\$1560 per annum, or \$390 per term)

If your family meets the criteria please click on the application form below and return the completed form to the school office.

## The Biggest Playdate

Last Friday at assembly former students Taylah, Sean and Kirah Miranda spoke about the Cancer fundraiser they are holding on Sunday 5th March.

"The Biggest Playdate" raises crucial funds for research into childhood cancer.

Taylah, a cancer survivor, is doing a great job in putting this event together. To help out she has asked if children at St Joseph's could donate lolly jars as prizes for games at the Biggest Play Date.

These can be dropped off at the office with your child's class written on it. The class with the most jars will receive two tickets each to spend on games at the Biggest Play Date.

Dress up the jars if you like.

Kindest Regards,

Gavan

## Yr 5/6 Camp Ash Wednesday Liturgy....



## Some happenings in our school



Shrove Tuesday

## **Prep 2024 Enrolments**

Do you have a child starting school in 2024? It is now time to complete an enrolment form and confirm their enrolment. Please read the attached flyer and let the office know as soon as possible.



Enrolments at St Joseph's Parish School for children entering Prep in 2024 are open.

OPEN DAYS Thursday 2nd March & 27th April School open for viewing 9-3pm Open Day Principal Address at 9.30am and 12.30pm







Call 8773 1111 Anytime to book a tour School Tours run for 45 min by our Year 6s Tours are run at 9.30 and 12.30pm Principal is available to talk to after the tour

Please contact the school office to book your preferred time or further information

362 Station Street, Chelsea 2 8773 1111 info@sjchelsea.catholic.edu.au http://sjchelsea.catholic.edu.au

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Glways Faithful

Respect





# Positive Behaviour for Learning (PBL)

At St Joseph's this week continue to learn and bring together the whole-school to develop a positive, safe and supportive learning culture.

Remember we have three core values: Safety, Respect and Responsibility

This week our focus has been on our core value "Responsibility"

We have been learning about our school's "Acceptable Use Policy". Everytime we use technology at school or use our schools Google accounts we have a responsibility to:

- use all digital technology with care at all times
- only access devices and services with permission
- only use my personal school logins when working in the digital space
- always log out of any device when not being used
- follow protocols for Google Meetings, including having my camera switched on and muting my microphone until I need to speak

- report any damage to devices to a teacher
- report any inappropriate images, websites, emails or messages that make me uncomfortable to a trusted adult

It is important that we are responsible when we use technology because it:

- keeps students and our school safe
- allows students to be respectful and look forward to being in an safe environment that promotes social and creative learning
- · students access safe and respectful websites
- equipment is respected
- · creates an open space for kids to explore, learn and grow
- Students are ready to learn

## Important information for Parents....

Inform & Empower Digital Safety & Wellbeing

## INCURSIONS

#### Dear Parents & Carers,

In 2023 our students will be participating in the Inform & Empower digital safety & wellbeing program. This means that your child/children will be tuning in to live streamed brave and kind. They incursions (with their teachers) every term that will focus on topics focus on healthy and safe digital habits. The incursion content is all written and delivered by gualified teachers who are endorsed by the eSafety Commissioner as a Trusted eSafety Provider.



These sessions aim to help children better navigate the online world and become more aware, clever,



including navigating unwanted contact, cyberbullying, help-seeking strategies, unsafe content, balancing screen time with "green time" and sharing personal information. While Foundation (Kinder/Prep) students do not participate in live streamed sessions, they will be exploring the basics of the online world through guided activities.



You, the parents and carers, will also be given resources to support conversations with your children at home. You will receive a concise "tip sheet" each term that outlines what your child learned about in class and how you might open up these important conversations.

#### **Student Surveys**

In Years 3-6, Inform & Empower will invite students to complete anonymous surveys asking them about their digital habits. No identifying information, such as name or school, is collected. This survey is optional. You or your child may choose to opt out at any stage, please inform the school if you do not wish your child to complete these surveys. Questions examples include: What online games do you like to play? How many hours do you spend online each day/week? What are the best/worst things about the internet? The survey data will be used by Inform and Empower to help improve their programs and may be published online.

As a school, participation in this digital safety and wellbeing program forms part of our ongoing commitment to child safety.

## Come to our Parent night....

## PARENT NJGHT

"RAJSJNG KJDS JN A DJGJTAL WORLD" **PARENT CYBERSAFETY NJGHT** 

DATE: Wednesday 31st May

VENUE: St Joseph's School Hall

TJME: 7-8.30pm

# School belonging starts at home



Belonging is a hot topic right now. It's on posters and internet memes, with some schools making it their number
one priority. A sense of belonging at school has been linked to many benefits – including better grades, improved
physical and mental health, and positive outcomes for future education or employment. But what does
school belonging mean and what steps can you, as a parent, take to encourage it?
In psychology, a sense of belonging refers to the feeling that you form an integral part of your surroundings.
Humans can be highly motivated to seek out a sense of belonging.
For many people belonging emerges from
relationships and bonds with other people. These bonds come from many sources. Most children first begin

to form bonds with their family circle. As they grow up, their social connections expand beyond the household.

Naturally, since kids spend a significant portion of their days at school, the school becomes a key environment

to form connections and experience feelings of belonging.

## Benefits of school belonging

The most accepted definition of school belonging comes from psychologists Goodnow and Grady (1993). They describe school belonging as "the extent to which students feel personally accepted, respected, included, and supported by others in the school social environment." Psychologists often view school belonging from an ecological perspective. In other words, multiple supports (teachers, parents, peers, etc.) come together to encourage school belonging. Overall wellbeing, academic achievements, better physical and mental health, and increased self-esteem are often cited as benefits of school belonging. Similarly, prosocial behaviours, including participation in classroom and extracurricular activities have been reported in students who feel connected to their schools. School belonging can also have the potential to prevent negative outcomes such as school dropout, low academic achievement, low self-esteem, behavioural issues, and feelings of anxiety and loneliness. Now that we've established the importance of school belonging, let's explore the role that parents play. The following

suggestions are actions that you can take to support your kid's sense of belonging at school.

## Offer academic support and encouragement

In a 2007 study of American middle school girls, Pauline Garcia-Reid found that parental support is directly related

to school engagement. School engagement (e.g., participation in class or extracurriculars) is a facilitator of

school belonging. The students in Garcia-Reid's study who reported higher levels of supportive parental behaviours

were more positively engaged in school.

Examples of academic support and encouragement include having regular conversations about school, classes

your kid is taking, and plans for the future. These conversations can help nurture a desire to engage and achieve

at school and inspire plans for higher education.

### Get involved

There are many ways to get involved in your kid's education – at home and at school. Ideally, your kid's school

will provide opportunities for involvement, such as invitations to school activities or opportunities to provide

input in educational decisions. Other examples of at-home involvement include sharing educational values and

supervising school activities (e.g., monitoring homework).

Contrary to popular belief, research suggests that parental school involvement is just as important during the

middle and later years of education as it is for younger years (Mo & Singh, 2008). Of course, that may be easier

said than done. As teens gain more independence and busy schedules get in the way, it is common for parents

to step back from school involvement. But remember – school involvement comes in many forms. Small steps,

like attending a parent evening or getting in touch with a teacher, can still go a long way for your kid's engagement

and performance in school.

### Form close family relationships

Positive family relationships, for example, parent-child relationships, incorporate all of the strategies we have

explored so far. Supportive behaviour, encouraging communication, and active involvement in your kid's life – at

school and beyond – all contribute to a strong relationship.

Close family relationships may not seem especially relevant to education. However, research shows that family

relationships directly affect school connectedness and academic performance (Kelly et al., 2012; Mo & Singh,

#### 2008).

At the end of the day, it's about being there for your kids. When kids feel like they can come to you for support

and advice in their everyday lives, that feeling will extend to support for school. A sense of belonging at home,

in the community, and at school can do wonders for your kid's academic engagement and achievement.

Most of us take the first steps to a healthy sense of belonging at home, closely followed by school. Although we

continue to form our sense of belonging throughout our lives, school belonging plays a crucial role in kids' development

and motivation to belong moving forward. Teachers, educational policymakers, and parents all have a role to play in encouraging school belonging.

#### References

Garcia-Reid, P. (2007). Examining social capital as a mechanism for improving school engagement among low income hispanic girls. Youth & Society, 39, 164-181.

Goodenow, C., & Grady, K. E. (1993). The relationship of school belonging and friends' values to academic motivation among urban adolescent students. Journal of Experimental Education, 62(1), 60-71.

Kelly, A. B., O'Flaherty, M., Toumbourou, J.W., Homel, R., Patton, G. C., White, A. & Williams, J. (2012). The influence of families on early adolescent school connectedness: evidence that this association

varies with adolescent involvement in peer drinking networks. Journal of abnormal child psychology, 40(3), 437-447.

Mo, Y., & Singh, K. (2008). Parents' relationships and involvement: Effects on students' school engagement

and performance. Research in Middle Level Education Online, 31(10), 1-11.

## AUTHOR

Dr Kelly-Ann Allen

Dr Kelly-Ann Allen, PhD FAPS, is an Educational and Developmental Psychologist, a Senior Lecturer

in the Faculty of Education, Monash University, and an Honorary Senior Fellow at the Centre for

Wellbeing Science, University of Melbourne. Her research underscores the importance of a sense of

belonging as a universal human need and she has built an international reputation for her work in the area of school belonging.



## **Credit card authority form**

Credit card authority form is for the payment of school fees. Please fill in and return to the school office if you wish for us to make the payment arrangement on your behalf

Download



## **Direct debit form**

Direct debit form is for the electronic transfer of funds from your cheque or savings account for the payment of school fees

Download



## **Canteen Price List 2023**

Please find our updated Canteen Price List for 2023. Lunch orders are available on Thursdays and Fridays.

As we have new lunch and eating times it is imperative your child's lunch order is put in the blue satchel as soon as your child arrives for the day.

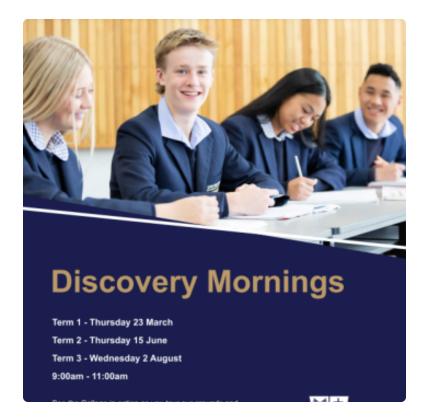
Download



## **PSW Uniform Shop Price List**

Please finda uniform list attached.

Download



## **2023 Term Dates**

Red indicates a change from last week

## Term 1 Monday 30th January-Thursday 6th April

2023	
Week 4	
Thur 23rd N	o Preps, Yr 5/6 Camp Sovereign Hill
Fri 24th Y	r 5/6 Children return from camp, possible power outage, Term 1 Working Bee 4pm
Week 5	
Mon 27th G	ym4Hire5 - Families welcome to watch, timetable in newsletter above.
Tues 28th G	ym4Hire5 - Families welcome to watch, timetable in newsletter above.
Wed 1st Mar Parent/Child ii	Gym4Hire 5, Families welcome to watch, timetable in newsletter above. Reconciliation nfo night 7pm
Thur 2nd Mar	Open day
Fri 3rd Mar	District Swimming, 2.30pm Assembly Yr 5/6 performing
Sun 5th Mar	Biggest Playdate Aspendale Gardens Community Centre
Week 6	
Mon 6th Mar	Learning Conferences 2-6pm
Tue 7th Mar	Learning Conferences 2-6pm
Wed 8th Mar	Learning Conferences 2-6pm
Thurs 9th Mar	Learning Conferences 3.30-6pm
Fri 10th Mar	Yr 5/6 sport vs Chelsea
Week 7	
Mon 13th Mar	Labour Day Public Holiday
Fri 17th Mar	Yr 5/6 Sport vs Asp Gardens, 2.30pm Assembly 1/2 performing
Week 8	
Fri 24th Mar	Yr 5/6 Lightning Premiership, No Assembly
Week 9	
Wed 29th Mar	First Reconciliation Sacrament 10am or 6pm

SCHOOL PHOTOS, JPC Van 5-7pm		
Prep - Yr 6 Athletics Sports Carnival		
Palm Sunday		
Week 10		
Thurs 6th April Holy Thursday - END OF TERM 3.15pm finish		
Good Friday		
Easter Sunday		