



St Joseph's School, Chelsea

Term 3, Week 7 Thursday 24th August, 2023

Read, Grow, Inspire....



Dear Families,

What a wonderful celebration of books we have enjoyed today. Thankyou to all of you who went to the effort of dressing your children. I hope the family has survived the stress, but it was well worth it. The children throughly enjoyed the day.

Thanks to all the teachers who have organised special activities for the children today.

Lucas Proudfoot, our Indigeous performer, entertained the children this afternoon with his celebration of music through his Indigeous culture. A great day for all.

A quick reminder to all families that the drop off zones at Woodbine Grove and Argyle Streets are for drop off only before and after school. Please do not park and come into the school. If you wish to come into the school please park in the designated areas.

Thursday 31st August

Next Thursday morning we will be holding our Father's Day stall from 9am. Gifts are \$6 each. Please have a look at the flyer included with the newsletter so children can pick a gift. We are looking for a couple of volunteers to run the stall. If you are available please email info@sjchelsea.catholic.edu.au

Friday 1st September

Next Friday one of our Yr 5/6 Leadership groups would like to hold a dress up in pink day as part of a fundraiser for Cancer Research. Come along dressed in pink with a gold coin donation. We will also be selling zooper doopers for 50 cents and \$1 lolly bgas at the lunch break.

Bomber Jackets Yr 6 2024

An order form will come home shortly for the current Year 5 children to order a bomber jacket for next year. All orders must be completed by Friday 8th September in order for us to receive them in time.

Yr 6 Confirmation

An Operoo form with all information required to be completed was sent out this week. Please complete this form asap as a requirement for Confirmation.

Art Show

Next week we will be celebrating the Art Work the children have done throughout the year. On Friday 1st September from 4-6pm the hall will be open for all families and friends to come and enjoy the art work the children have been doing. The Choir will open the night with a performance at 4pm. The hall will also be open for family and parishioners to come and view between 10am-1pm on Sunday 3rd September.

100 Year Anniversary of St Josephs School

Students will celebrate with activities at school. If you have any ideas or would like to be a part of a group to float ideas please email info@sjchelsea.catholic.edu.au

On 29th July 2024 St Joseph's will be officially 100 years old. We are looking for ideas and volunteers to help co-ordinate a celebration.

At least week's meeting we have decided on Saturday 27th July and Sunday 28th July 2024 we will be holding Open school days and events. Please save these dates. If you have any ideas, memorabilia or you are happy to help please email info@sjchelsea.catholic.edu.au

Learning Conferences

In the final week of term staff will be available for Learning Conferences with your child. Conference bookings via school interviews will open on Friday 1st September at 7.30am: www.schoolinterviews.com.au and use the code hxzuj

Please click on the link below.

Coming home tomorrow will be the Father's Day flyer and a Footy Day sausage sizzle request form.

Kindest Regards,

Gavan



School Interview Family Conferences....

Family Conferences will be held in the last week of term, beginning Monday 11th September. Please click on the download link to see the flyer for full information.

[Download](#)

Save the dates....



ST JOSEPH'S

Art show

2023

COME AND JOIN US!

WHEN:

FRI 1ST SEPT 4:00PM - 6:00PM

SUN 3RD SEPT 10:00AM - 1:00PM

WHERE:

IN OUR SCHOOL HALL

Art Competition

Just a reminder that there is an Art Competition being held now. If you would like to enter please do your art at home and hand them into the office by 1st September or earlier. Please remember to name your piece of artwork and pop your class on. Hope to see your beautiful art soon - Maya, Annabelle, Zanna and Eve.

Father's Day Stall

St Joseph's Father's Day Stall 2023

This year we have a selection of presents for Father's Day for your child to purchase for their father/grand father or special person if they would like to.

Each gift will cost \$6.00. Please send your child with correct money of \$6 on Thursday 31st August. There is no change available from the office.



- 1/ Notebook and Keyring
- 2/ Glass water bottle
- 3/ Coffee mug - assorted
- 4/ Shaving pack
- 5/ Matte ceramic cup - assorted

Children must have a couple of presents in mind as they may not get their first choice. They may be able to buy more than one if there are leftover presents.

If you are available to help please email info@sjchelsea.catholic.edu.au

Children will receive a copy of this flyer tomorrow.



The How-to's of Healthy Parenting

If there's one thing, more than anything else, that our children need to thrive, it's health involvement. It's us. Being there. Not just for them, but with them. We don't

just have their back. We're at their side... in healthy ways.

What involvement looks like

Involvement comes from the Latin: *involvere*. It means "to envelop, surround", or literally to "roll into".

Involvement is showing love, warmth, and affection. In a practical sense, involvement can be ferrying children from one activity to another or eating together; bathing a young child or having bedtime stories. It's being across their academic, sport, or cultural experiences. How are they going at school or on their sports team? Are they aware that you care, and that you're there to support them if they need you? At a deeper level, involvement is being present in their spaces, their conversations, and their activities: their world. This involvement can often be (and probably should most often be) benign background involvement. Perhaps you're in the kitchen while they're in the living room or the back yard. But you're present and aware. You're having regular conversations to know about their daily discoveries, their friendships, and their life. It's also their involvement in your world. Are they cleaning their room with you, or peeling vegetables for dinner with you? Are they involved in dinnertime conversations with you, playing music with you, learning a new game with you, and exercising with you? Our children want to be in our world, particularly when they're young. Are your little ones – and your big ones – welcome at the dinner table while you're chatting with friends after a barbecue? Do they get to be involved in your work, your hobbies, and even your chores?

Healthy vs unhealthy involvement

According to Professor Wendy Grolnick, a psychology researcher at Clark University in the USA, involved parents do three things:

1. invest time, attention, and energy
2. gain knowledge about their children's lives, and

3. provide support.

The crux of this conversation comes down to how we do these things. We can do this in a controlling way, or we can do it in a need-supportive way. Investing time, attention, and energy into our child's school experience can be helpful or harmful. It depends on how we do it. When we invest time and attention in a controlling way, we pore over our children's results, push our child to do better, corral them into extracurricular coaching, and harangue them for failing to win the dux of kindergarten award! It's that whole 'parent harder' kind of approach to involvement. The investment, the knowledge, and the support are set up with the best of intentions. But it's us setting the expected standard for them and pushing (sorry ... supporting) them to achieve it because we have unilaterally determined that it matters. There's that intense and controlling involvement that undermines individual motivation and wellbeing. The involvement we share is targeted towards other ends rather than being an end in itself.

A form of involvement in schoolwork that supports relationship needs looks more like us taking an interest, asking how they're doing, and inviting them to think about how they'd like to do at school, and why. And it's based on developmentally appropriate timing. Our six-year-old doesn't need to be chasing straight As! It's not important for our Grade 3 child to be reading at a high-school level! But ... if they love reading and happen to be doing well, great; because they're volitionally seeking it. Perhaps they're doing it for the sake of the activity itself. It lights them up. Learning is intrinsically motivating! Our support and involvement will facilitate rather than undermine that motivation.

In the mid-1980s, Professor Grolnick completed a study of mothers with their one-year-old children. The mothers were asked to play with their children on the floor with a toy for three minutes while being video recorded. The

results were analysed to show their style of involvement. The researchers found that mothers were involved in their children's play in different ways. Some were controlling, trying to help their child play 'the right way'. Others were supportive, exploring together and allowing their child to experience the natural delight that comes through their own discovery. Involvement that supports children's sense of autonomy and positive relationship creates connection; that sense of being seen, heard, and valued. Involvement that is controlling disrupts the experience of connection and autonomy.

This healthy supportive (but non-controlling) involvement requires effort. We have to break away from the inertia of our screens, the couch, or our agendas. We also have to break away from the inertia of our upbringing, our insecurity, our ego, and our desires for our children to fulfil their potential based on our preferences. Instead we need to focus on just three things:

1. Competence. Support their competence needs by developing structures and boundaries with them.
2. Connection. Helping our child feel seen, heard, and valued. And
3. Autonomy support. Giving our children a voice and the freedom to figure things

Kids thrive under these conditions. And we become better parents.

This is an edited extract from *The Parenting Revolution*, the new book out now from Dr Justin Coulson.

AUTHOR Dr Justin Coulson Dr Justin Coulson is a dad to 6 daughters. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: *The Happy Families Podcast*. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.

PROTECT

Everyone has the right to be safe and be protected from abuse.

No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community.

Tell a teacher or any adult at your school if you feel unsafe.



It's everyone's responsibility. Adults at school must listen and respond to concerns about child abuse.

If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources
www.education.vic.gov.au/protect



Child Safety and Wellbeing

St Joseph's, Chelsea is committed to providing a safe environment for all students and young people and will take active steps to protect them against abuse.

St Joseph's is resolutely committed to promoting the inherent dignity of children and young people and their fundamental right to be respected and nurtured in a safe school environment. This is particularly so for the most vulnerable children, including Aboriginal and Torres Strait Islander children, children from culturally and/or linguistically diverse backgrounds, and children with disabilities.

When allegations of abuse concerning children and young people are raised, St Joseph's will take prompt action to have these appropriately referred and investigated. The fundamental issues of understanding effective practices in child safety and identifying and responding to child harm are paramount for our school. We will strive for continual improvement that is responsive to emerging thinking, evidence and practice, so as to eliminate the possibility of abuse occurring in the first place.

Creating a child-safe school environment is a dynamic process that involves active participation and responsibility by the school, our families and our community. It is marked by collaboration, vigilance and proactive approaches across policies, procedures, curriculum, and practices.

Every person involved at St Joseph's has a responsibility to understand the important and specific role they play individually and collectively to ensure that the wellbeing and safety of all children and young people are at the forefront of all we do and every decision we make.

In accordance with requirements of the Victorian Government's Ministerial Order No 1359, St Joseph's, Chelsea maintains a culture of 'no tolerance' to child abuse.

You will find our policies and procedures related to the eleven standards on our website. We welcome and encourage continued discussion and collaboration from our families to support the young people in our care.

Safety, Responsibility, Respect....

SAFETY **RESPONSIBILITY** **RESPECT**

At St Joseph's, we continue to learn and bring together the whole-school to develop a positive, safe and supportive learning culture.

Remember we have three core expectations: Safety, Respect and Responsibility

This week our focus has been on our core expectation: "Responsibility: I have a growth mindset"

As staff and students at St Joseph's, we have a growth mindset. We use the mindset acronym to help explain what having a growth mindset means.

Our Success Criteria - I have a

- GROWTH
- M: learn from my mistakes
- I: improve by working hard
- N: never give up
- D: am determined to do my best
- S: understand self reflection will help me succeed
- E: overcome challenges with effort
- T: train my brain

Here are some suggested titles that you may like to share with your child:

- The Dot by Peter H. Reynolds
- How to Catch a Star by Oliver Jeffers
- Your Fantastic Elastic Brain by Joann Deak
- Beautiful Oops by Barney Saltzberg
- Whistle for Willie by Ezra Jack Keats
- I Can't Do That Yet by Esther Pia Cordova
- The Girl Who Never Made Mistakes by Gary Rubinstein and Mark Pett
- What do you do with a Problem? By Jodee Creations



Sex Ed 4 Schools

A few weeks ago we had a great turn out for the Sex Ed 4 Schools sessions. It was well attended and hopefully helped parents open up healthy conversations with their children about their bodies and changes as they grow older. We welcome feedback to the sessions via the attached form

feedback form

Please also click on the download button for further resources.

[Download](#)

Victorian Premier's Reading Challenge

....Finishing on 8th September

The Victorian Premiers' Reading Challenge is now open and St Joseph's Primary School is excited to be participating. The PRC application offers a range of exciting features including:

- access to a library catalogue (including book images and blurbs)
- a modern user-friendly interface
- rewarding students with badges as challenge milestones are achieved
- the option for students to mark books as a favourite, give them a star rating or complete a book review

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 8 September 2023.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

To read the Premier's letter to parents, view the booklist and for more information about the Victorian Premiers' Reading Challenge, visit:

<https://www.vic.gov.au/premiers-reading-challenge>

School Fees

Fee statements are emailed each month to your nominated email address. If you have not received your statement please contact the office. If you have no other payment arrangements in place and have not made a payment this year your account is now overdue. We ask that a minimum of 3 payments are made throughout the year with all fee accounts to be finalised by the end of Term 3. If you wish to set up a payment arrangement please download the direct debit (cheque or savings account) or credit authority form (see the links below) and submit to the office.

Camps, Sports and Excursions Funding

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

If you meet the above criteria please contact the school office for the application form. Applications close June 2023.

St Joseph's Concessional Fee Policy

Please read the new Concessional fact sheet information for those families who qualify and meet the criteria. It offers significant savings to families.

Concessional School Fees are available to any family that meets the below eligibility criteria:

- of Aboriginal or Torres Strait Islander heritage
- holding an HCC (Dept of Health Concession Card) and eligible for CSEF
- experiencing severe financial hardship
- holding a DVA Gold Card (Dept of Veterans Affairs Health Card)
- identified as refugees and holding an ImmiCard is strongly encouraged to apply for concessional school fees.

To see St Joseph's School Fees Concession policy please click on the link below.

Students of eligible families are entitled to concessional school fees.

The school fees for eligible students are:

- 1 child: \$15 per child per week, direct debit (\$780 per annum or \$195 per term)
- 2 children: \$23 for the family per week, direct debit (\$1196 per annum, or \$299 per term)
- 3+ children: \$30 for the family per week. direct debit (\$1560 per annum, or \$390 per term)

If your family meets the criteria please click on the application form below and return the completed form to the school office.

Before and After School Program

<https://www.kingston.vic.gov.au/services/families-and-children/before-and-after-school-care>

St Joseph's OSHC 2023

Name of Program: St Joseph's Catholic Primary School OSHC

If you wish your child to attend please book a place on 9581 4867. The sessions start from 6.45am and conclude at 6.00pm. Entry will be from Woodbine Grove gate each morning and afternoon.

The only children allowed onsite before 8.30am will be those booked into Before School Care.

To enrol please click on the link above.

Contact Our School hours Care for further information:

W: kingston.vic.gov.au/beforeandafterschoolprogram

E: beforeandafterschoolprogram@kingston.vic.gov.au

Ph: 9581 4867



Credit card authority form

Credit card authority form is for the payment of school fees. Please fill in and return to the school office if you wish for us to make the payment arrangement on your behalf

[Download](#)



Direct debit form

Direct debit form is for the electronic transfer of funds from your cheque or savings account for the payment of school fees

[Download](#)

Community News

COME AND TRY
Blasters Cricket
at Bonbeach Junior Cricket Club
(Bonbeach Sports Reserve oval 1)
Saturday 14th October
930am to 1030am
Ages 5 - 8

Contact:
Mick Smith ph: 0431394948
president_cricket@bonbeachycw.com.au



Longbeach Place Community News

[Download](#)

2023 Term Dates

Red indicates a change from last week

Term 3 Monday 10th July - Friday 15th September, 2023

Week 7

Bookweek "Read, Grow, Inspire"

Thu 24th Aug P-Yr 6 Dress up for bookweek, 9am Bookweek Assembly

Fri 25th Aug Yr 5/6 Sport vs Seaford P.S, No Assembly

Week 8

Mon 28th Aug 9am-12 noon Yr 5/6 foreshore planting at Chelsea Beach

Wed 30th Aug Yr 6 Reconciliation

Thur 31st Aug Father's Day stall, Yr 6 Reconciliation, 7pm Confirmation night 2

Fri 1st Sep Art Show open 4-6pm with Choir at 4pm, dress up for Pink fundraiser (gold coin for Cancer Research), No Assembly

Sun 3rd Sep Fathers Day, Art show open 10-1pm

Week 9

Thu 7th Sep Bishop Ireland visit Yr 6, Yr 6 Confirmation Retreat

Fri 8th Sept District Athletics Sports, No Assembly

Week 10

Sun 10th Sep Confirmation Sacrament 1pm and 3pm

Mon 11th Sep Learning Conferences

Tues 12th Sep Learning Conferences, Marine Ambassadors-Chelsea Yacht Club

Wed 13th Sep Learning Conferences

Thu 14th Sep Learning Conferences

Fri 15th Sep Footy day sausage sizzle, 12.20pm Footy day assembly, **End of term - 1pm**

Term 4 Tuesday 3rd October - Friday 15th December 2023

Week 1

Mon 2nd Oct School Closure-Staff Professional Learning

Fri 6th Oct 2.30pm Assembly Yr 5/6 performing

Week 2

Mon 9th Oct Teeth on Wheels visiting

Tues 10th Oct Yr 5/6 Lightning Premiership-JPC

Fri 13th Oct Assembly 2.30pm

