

St Joseph's School, Chelsea Term 3, Week 8 Thursday 31st August, 2023



Dear Families,

Camino

I am heading to Spain this Sunday to make a pilgrimage walk from Saria to Santiago. I will provide you with updates and hope to come back a renewed person. While away please feel free to contact Lisa Kneise, my deputy, who will be covering for me. I wish all the Year 6 students a Holy and Spirit filled Confirmation next week. Enjoy your last weeks and I look forward to seeing you all in term 4, Tuesday 3rd October.

Happy Father's day to all the father's and grandfathers on Sunday. We hope you have a special day. The children have purchased some special items for Father's day. If you missed out today children can purchase in the morning.

Friday 1st September

Tomorrow one of our Yr 5/6 Leadership groups would like to hold a dress up in pink day as part of a funraiser for Cancer Research. Come along dressed in pink with a gold coin donation. We will also be selling zooper doopers for 50 cents and \$1 lolly bags at the lunch break.

Bomber Jackets Yr 6 2024

An order form came home today with the current Year 5 children to order a bomber jacket for next year. All orders must be completed by Friday 8th September in order for us to receive them in time.

Art Show

Tomorrow we will be celebrating the Art Work the children have done throughout the year. On Friday 1st September from 4-6pm the hall will be open for all families and friends to come and enjoy the art work the children have been doing. The Choir will open the night with a performance at 4pm. The hall will also be open for family and parishioners to come and view between 10am-1pm on Sunday 3rd September.

100 Year Anniversary of St Josephs School

Students will celebrate with activities at school. If you have any ideas or would like to be a part of a group to float ideas please email info@sjchelsea.catholic.edu.au

On 29th July 2024 St Joseph's will be officially 100 years old. We are looking for ideas and volunteers to help co-ordinate a celebration.

At the last meeting we have decided on Saturday 27th July and Sunday 28th July 2024 we will be holding Open school days and events. Please save these dates. If you have any ideas, memorabilia or you are happy to help please email info@sjchelsea.catholic.edu.au

Learning Conferences

In the final week of term staff will be available for Learning Conferences with your child. Conference bookings via school interviews will open on Friday 1st September at 7.30am:

www.schoolinterviews.com.au and use the code hxzuj

Please click on the link below.

Don't forget to get your order in if your child would like a sausage in bread on footy day.

School hats

School hats are compulsory from Monday 5th September.

OSHC Program Survey

We are seeking feedback from all parents regarding the use of our Before and After school care program.Please complete the google form OHSC Form Kindest Regards,

Gavan



Fatherhood Redefined

Dads of all kinds are important contributors to families. Biological fathers, step-fathers, legal guardians, foster fathers, grandfathers, even close family friends acting as faux fathers can all perform important roles in families. There is even a YouTuber who acts as "Dad" to 4.6 million subscribers, who turn to him for "Dadvice" about everything from how to shave a beard to how to inflate a tubeless wheelbarrow tire.

However, the benefits of having a present and involved dad go far beyond having someone around to teach wheelbarrow maintenance. In fact, Harvard family scholars Marc Grau Grau and Hannah Riley Bowles state that "The importance of engaged fatherhood is now undismissable in ways it was not in earlier decades."

Fathers are not like mothers. Fathers parent in unique ways, which offers unique and important benefits to their families and children. Here's a few things dads can do to be uniquely helpful:

Take paternity leave

Fathers who take paternity leave, especially if they take at least two weeks, are significantly more likely to dedicate their time to childcare and housework, not only during their leave period, but at least until the child is two to three years old!

Be present

It seems simple, but remember that having a present father in the home is a protective factor for reducing antisocial behaviour in boys, and reducing teen pregnancy, depression, and early sexual activity in girls.

Share the load

It's highly likely that the distribution of childcare and housework tasks isn't as even as you might like to believe it is. By stepping up and sharing the load, fathers can help close the gender gap even further, model for their children how healthy relationships function, and set expectations for their children's future relationships.

Play

Dads play in unique ways, particularly by encouraging risk taking and exploration. The sort of vigorous, stimulating rough-housing play that dads are so great at predicts enhanced social competence, while decreasing externalising and internalising behaviour problems.

Read to the kids

Reading books together, telling stories, and singing songs to the kids are all important forms of cognitive stimulation which have established benefits for improving literacy outcomes in children. Interestingly, these benefits are more pronounced when dad does the storytelling.

Talk with the kids

Dads also engage in a unique communication style with their kids. Fathers seem more likely to use bigger words when they speak to their children. Mums keep it simple. Both forms of communication are valuable for kids, but this report from the American Academy of Pediatrics points out data showing that "at 3 years of age, fatherchild communication was a significant and unique predictor of advanced language development in the child but mother-child communication was not."

Engage in discipline

To discipline means to instruct, teach, and guide. Parents can effectively discipline their kids by setting limits in a way that explores what's going on, explains our reasoning for desired behaviour, and empowers kids to problem solve and come up with reasonable ways forward. Fathers are typically more authoritarian than mothers, so may need to work harder to move away from coercive and punitive discipline methods.

There's so many other things dads can do to be excellent fathers. But... here's the vital thing:

Fatherhood matters. Period. Even if dad is not in the family home. Even if dad is not married or together with mum. Even when it's not part of the 'package' deal. (Which is, by the way, ideal... but the world is far from perfect.)

In Australia, there are more than 1 million single parent families, and 86% of those families are mother-led. Additionally, data from the US suggests that 27% of nonresident fathers don't see their kids at all. That is a lot of kids who are growing up with absent fathers.

Living away from the kids does not mean that a father can't provide them with the benefits of being involved. This meta-analysis of 52 studies finds clear support that non-resident fathers can still have a positive impact on their children's academic achievement, behavioural adjustment, and emotional well-being. Being involved matters. Having a positive father-child relationship matters. Taking an interest in child-related activities matters. Spending time with the kids matters.

Mothers are not fathers. Mothers can't fill in for absent fathers; they can't provide their children with all the benefits that come from having involved and present fathers in their lives.

And fathers are not mothers. They don't parent in the same way. Instead, they provide unique, important contributions to their families; contributions that should not be dismissed or devalued.

Dr Justin Coulson is a dad to 6 daughters. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.



School Interview Family Conferences OPEN tomorrow morning....

Family Conferences will be held in the last week of term, beginning Monday 11th September. Please click on the download link to see the flyer for full information.

Download

Yr 5/6 foreshore tree planting



On the 28th of August the 5/6s went to Chelsea foreshore to plant shrubs and pick up rubbish on the beach. We were guided by the wonderful team from Kingston council that supplied us with tools, 800 native plants, and lots of their support!

We separated into two groups and started on our rotations which were planting and litter pick up. We were supplied with 800 native Australian plants that were laid out on the dunes ready for us to plant. We dug up holes in the dunes to place the small vegetation in, then we patted the soil and made a shallow well for water to seep through. Planting was a pleasure to take part in and we hope to see our plants thriving in the future.

After planting all the trees we went on to cleaning up the beach. We went off in pairs to collect as much rubbish as we possibly can in the time span of 30 minutes. The majority of the rubbish we found was on the dunes, which is why we need them. Dunes are not just used for stopping erosion but also for catching most of the rubbish that was going to end up in the sea. We had bags and little contraptions we used to pick up the litter that was provided for us.

Overall it was a great morning that none of us will forget, and a great experience to know how the environment works and what you have to do to take care of it. We would like to say a big thank you to all the teachers and parent helpers that came on the day, and especially to Laran, Catlen, Haden and Gem for helping us and guiding us through the activities.

Written by Zanna Breed, Jacinta Vo and Maya Sheahan :)



Fire Carriers Excursion

Children were invited to participate in a cultural immersion experience at McClelland Art Gallery, 390 McClelland Dr, Langwarrin today:

Students have been involved in:

- Art Discovery/Sculpture with McClelland guide
- Encounters- First Nations Culture for schools
- Exhibition Current tour
- Self-guided walks





St Josephs after school tennis ProgramThursday 3:30 - 4:30pm, On school grounds

James @ Set4success tennis coaching is pleased to inform you that we will be delivering an after school tennis program at St Joseph's catholic primary School. The program will be conducted on Thursdays at St Joseph's on the basketball courts. The program will commence Term 4, 2023. James has also been co-running PE lessons with Ms Coletti this term with great response from the kids.

Tennis Australia Club Professional Coach James Reid and his team will be running the program. With over 7 years of coaching experience and a strong playing background James and his team have programmed and run many development programs at primary schools in the south eastern suburbs of melbourne. James also operates Set4Success tennis coaching in Carrum Downs, if you are interested in programs at a club.

Classes will run for one hour and will be run the same way as we run our lessons at our club. Class will start at 3:30pm and finish at 4:30pm. The cost per class is \$20inc GST x 10 classes for term 4. It is recommended your child brings their own racquet however we have several available should your child not have one.

Coach to student ratio will be kept at 1:6 and the program will be split up by grades and/or playing ability with different equipment for each group to ensure that kids are engaged, learning and having fun.

If you're interested in this afterschool program please text or call James on 0474 971 928 or for any questions you may have.

Kind Regards, James Reid @ Set4success Tennis Coaching

Art Competition

Just a reminder that there is an Art Competition being held now. If you would like to enter please do your art at home and hand them into the office by tomorrow. Please remember to name your piece of artwork and pop your class on. Hope to see your beautiful art soon -Maya, Annabelle, Zanna and Eve.



Child Safety and Wellbeing

St Joseph's, Chelsea is committed to providing a safe environment for all students and young people and will take active steps to protect them against abuse.

St Joseph's is resolutely committed to promoting the inherent dignity of children and young people and their fundamental right to be respected and nurtured in a safe school environment. This is particularly so for the most vulnerable children, including Aboriginal and Torres Strait Islander children, children from culturally and/or linguistically diverse backgrounds, and children with disabilities.

When allegations of abuse concerning children and young people are raised, St Joseph's will take prompt action to have these appropriately referred and investigated. The fundamental issues of understanding effective practices in child safety and identifying and responding to child harm are paramount for our school. We will strive for continual improvement that is responsive to emerging thinking, evidence and practice, so as to eliminate the possibility of abuse occurring in the first place.

Creating a child-safe school environment is a dynamic process that involves active participation and responsibility by the school, our families and our community. It is marked by collaboration, vigilance and proactive approaches across policies, procedures, curriculum, and practices. Every person involved at St Joseph's has a responsibility to understand the important and specific role they play individually and collectively to ensure that the wellbeing and safety of all children and young people are at the forefront of all we do and every decision we make.

In accordance with requirements of the Victorian Government's Ministerial Order No 1359, St Joseph's, Chelsea maintains a culture of 'no tolerance' to child abuse.

You will find our policies and procedures related to the eleven standards on our website. We welcome and encourage continued discussion and collaboration from our families to support the young people in our care.

Safety, Responsibility, Respect....



At St Joseph's, we continue to learn and bring together the whole-school to develop a positive, safe and supportive learning culture.

Remember we have three core expectations: Safety, Respect and Responsibility

This week our focus has been on our core expectation: "Responsibility: I have a growth mindset"

As staff and students at St Joseph's, we have a growth mindset. We use the mindset acronym to help explain what having a growth mindset means.

Our Success Criteria - I have a

- GROWTH
- M: learn from my mistakes
- I: improve by working hard
- N: never give up
- D: am determined to do my best
- S: understand self reflection will help me succeed
- E: overcome challenges with effort
- T: train my brain

Here are some suggested titles that you may like to share with your child:

- The Dot by Peter H. Reynolds
- How to Catch a Star by Oliver Jeffers
- Your Fantastic Elastic Brain by Joann Deak
- Beautiful Oops by Barney Saltzberg
- Whistle for Willie by Ezra Jack Keats
- I Can't Do That Yet by Esther Pia Cordova
- The Girl Who Never Made Mistakes by Gary Rubinstein and Mark Pett
- What do you do with a Problem? By Jodee Creations



Victorian Premier's Reading Challenge

....Finishes next week 8th September

The Victorian Premiers' Reading Challenge is now open and St Joseph's Primary School is excited to be participating. The PRC application offers a range of exciting features including:

• access to a library catalogue (including book images and blurbs)

- a modern user-friendly interface
- rewarding students with badges as challenge milestones are achieved

• the option for students to mark books as a favourite, give them a star rating or complete a book review

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 8 September 2023.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

To read the Premier's letter to parents, view the booklist and for more information about the Victorian Premiers' Reading Challenge, visit:

https://www.vic.gov.au/premiers-reading-challenge

School Fees

Fee statements are emailed each month to your nominated email address. If you have not received your statement please contact the office. If you have no other payment arrangements in place and have not made a payment this year your account is now overdue. We ask that a minimum of 3 payments are made throughout the year with all fee accounts to be finalised by the end of Term 3. If you wish to set up a payment arrangement please download the direct debit (cheque or savings account) or credit authority form (see the links below) and submit to the office.

Camps, Sports and Excursions Funding

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

If you meet the above criteria please contact the school office for the application form. Applications close June 2023.

St Joseph's Concessional Fee Policy

Please read the new Concessional fact sheet information for those families who qualify and meet the criteria. It offers significant savings to families.

Concessional School Fees are available to any family that meets the below eligibility criteria:

- of Aboriginal or Torres Strait Islander heritage
- holding an HCC (Dept of Health Concession Card) and eligible for CSEF
- experiencing severe financial hardship
- holding a DVA Gold Card (Dept of Veterans Affairs Health Card)
- identified as refugees and holding an ImmiCard is strongly encouraged to apply for concessional school fees.

To see St Joseph's School Fees Concession policy please click on the link below.

Students of eligible families are entitled to concessional school fees.

The school fees for eligible students are:

- 1 child: \$15 per child per week, direct debit (\$780 per annum or \$195 per term)
- 2 children: \$23 for the family per week, direct debit (\$1196 per annum, or \$299 per term)
- 3+ children: \$30 for the family per week. direct debit (\$1560 per annum, or \$390 per term)

If your family meets the criteria please click on the application form below and return the completed form to the school office.

Before and After School Program

<u>https://www.kingston.vic.gov.au/services/families-and-children/before-and-after-school-</u> <u>care</u>

St Joseph's OSHC 2023

Name of Program: St Joseph's Catholic Primary School OSHC

If you wish your child to attend please book a place on 9581 4867. The sessions start from 6.45am and conclude at 6.00pm. Entry will be from Woodbine Grove gate each morning and afternoon.

The only children allowed onsite before 8.30am will be those booked into Before School Care.

To enrol please click on the link above.

Contact Our School hours Care for further information:

W: kingston.vic.gov.au/beforeandafterschoolprogram

E: beforeandafterschoolprogram@kingston.vic.gov.au

Ph: 9581 4867



Credit card authority form

Credit card authority form is for the payment of school fees. Please fill in and return to the school office if you wish for us to make the payment arrangement on your behalf

Download



Direct debit form

Direct debit form is for the electronic transfer of funds from your cheque or savings account for the payment of school fees

Download

Community News





Share your thoughts

Kingston Council are excited to be planning for a Summer Pop-Up Plaza at The Strand in Chelsea - and they want to hear from you! The aim of the temporary pop-up is to enhance outdoor dining and activation opportunities and support the local community over the 2023/24 summer period.

What would you like to see in this space over the summer?

Share your thoughts at yourkingstonyoursay.com.au/strand-plaza This consultation is open until Sunday 10 September 2023.

2023 Term Dates

Red indicates a change from last week

Term 3 Monday 10th July - Friday 15th September, 2023

- Week 8
- Thur 31st Aug Father's Day stall, Yr 6 Reconciliation, 7pm Confirmation night 2

Fri 1st Sep Art Show open 4-6pm with Choir at 4pm, dress up for Pink fundraiser (gold

coin for Cancer Research), No Assembly

Sun 3rd Sep Fathers Day, Art show open 10-1pm

Week 9

Thu 7th Sep Bishop Ireland visit Yr 6, Yr 6 Confirmation Retreat

Fri 8th Sept District Athletics Sports, No Assembly

Week 10

- Sun 10th Sep Confirmation Sacrament 1pm and 3pm
- Mon 11th Sep Learning Conferences
- Tues 12th Sep Learning Conferences, Marine Ambassadors-Chelsea Yacht Club
- Wed 13th Sep Learning Conferences
- Thu 14th Sep Learning Conferences
- Fri 15th Sep Footy day sausage sizzle, 12.20pm Footy day assembly, **End of term 1pm**

Term 4 Tuesday 3rd October - Friday 15th December 2023

Week 1

- Mon 2nd Oct School Closure-Staff Professional Learning
- Tues 2nd Oct First day of term 4 for students
- Fri 6th Oct 2.30pm Assembly Yr 5/6 performing

Week 2

Mon 9th Oct Teeth on Wheels visiting

Tues 10th Oct Yr 5/6 Lightning Premiership-JPC

Fri 13th Oct Assembly 2.30pm