



St Joseph's School, Chelsea

Term 4, Week 5 Thursday 2nd November, 2023

MISSION ACTION DAY

HIT THE TARGET
SMOOTHIES
SALADY SNACKS
CARNIVAL GAMES
COLD DRINKS
TEMPORARY TATTOOS
LOLLIES
POPCORN
ICE CREAM
SPIDERS
TRASH + TREASURE
RC CAR RACING
CRAZY HAIR

THURSDAY 16TH NOVEMBER

(TO BE HELD DURING MORNING LUNCHTIME)

ALL MONEY RAISED GOES TO SUPPORT CHARITIES IN OUR LOCAL AND GLOBAL COMMUNITY
PLEASE SUPPORT THESE WORTHY CAUSES!

STUDENTS ARE INVITED TO BRING NO MORE THAN \$10 TO SPEND ON THE DAY

PLEASE ENSURE WALLETS ARE CLEARLY LABELLED WITH STUDENT'S NAME

PERMISSION FORM REQUIRED FOR TEMPORARY TATTOOS COLOURED HAIR

Dear Families,

Tomorrow is a school closure day for students while staff have a 2024 planning day.

If any family is going to the Remembrance Day service at 10.30am on Saturday 11th November and would like to lay a wreath on behalf of the school please email Gavan on godonnell@sjchelsea.catholic.edu.au

Two weeks ago we sent home with the eldest child an envelope containing raffle tickets for a Melbourne Cup Sweep. This is organised by The Knights of the Southern Cross Longbeach Parish Group who sponsor our Yr 6 Leadership Awards (3 local Parish schools) at the end of the Year. In order to help them continue to support these annual awards we would be grateful to families who are able to help out by purchasing a book or offering family and friends a ticket.

We still have a large number of tickets that have not been returned. Could you please send the sold or unsold tickets back to the office tomorrow. Each ticket is \$2 and the book has 5 tickets.

ALL tickets, sold or unsold, must be returned by TOMORROW.

We thank Keith, Les and the Knights of the Southern Cross for their ongoing support.

Saturday 11th November Remembrance Day

Please bring a \$2 gold coin on Thursday 9th November for the Returned Services and receive a poppy .

On Saturday 11th November the Longbeach RSL has invited all members of our community to attend the Remembrance Day Service at the Chelsea Centopath from 10.30-11.00am. They have also invited two students to lay a single rose floral tribute on behalf of the school. If you plan to attend the Service on Saturday 11th November and would like to lay the tribute please email godonnell@sjchelsea.catholic.edu.au by next Thursday 2nd Nov. Preference will be given to senior students.

Planning 2024

As we are in the swing of planning for 2024 I ask all parents to let me know if there will be any changes to their child/ren's enrolment for 2024.

We are also starting to form classes for 2024. If you have any educational needs that have not already been mentioned to your child's class teacher please do so as soon as possible. I do not take teacher requests. All placements are based on best possible learning environments for your child. Teachers are yet to be placed for 2024.

Canteen News

Frozen yoghurt is now available, however, there is no blackcurrent juice available at the moment. PLEASE NOTE: the last day for canteen lunch orders will be Friday 24th November. The canteen will have a modified menu for the last 3 weeks of term. This menu will be

included in the newsletter on Thursday 16th November.

100 Year Anniversary of St Josephs School

Students will celebrate with activities at school. If you have any ideas or would like to be a part of a group to float ideas please email info@sjchelsea.catholic.edu.au

On 29th July 2024 St Joseph's will be officially 100 years old. We are looking for ideas and volunteers to help co-ordinate a celebration.

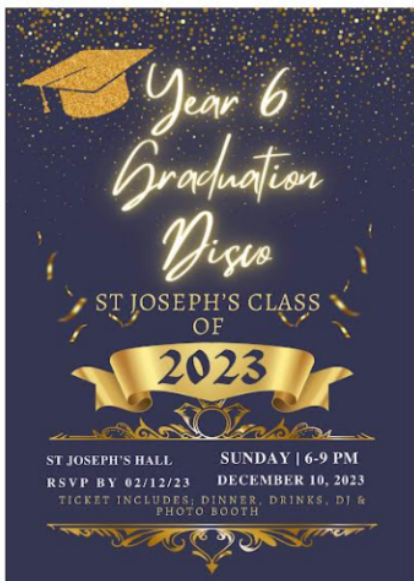
We have decided on Saturday 27th July and Sunday 28th July 2024 we will be holding Open school days and events. Please save these dates.

If you have any ideas, memorabilia or you are happy to help please email info@sjchelsea.catholic.edu.au

Kindest Regards,

Gavan

2023



Year 6 Graduation Disco

Year 6 Disco Tickets

Please click on the above link to book your year 6 child a ticket for the Disco, to be held on Sunday 10th December from 6.00pm-9.00pm.

Only current year 6 students are permitted (sorry no siblings).

The event is being organised by parents. Tickets are \$20 (.50c booking fee) and includes a DJ, photo booth, prizes, pizza, drink, lollies, custom 2023 cookie and decorations. Security will be provided and please note inappropriate behaviour will not be tolerated and parents will be called and asked to collect your child.

Students will need to be signed in and out of the event. Please provide contact details during the ticket purchase process.

Between 5-6pm at Woodbine grass area we welcome parents, year 6 student and siblings to gather for BYO drinks and nibbles. Year 6 students will then assemble in the hall for their disco at 6pm.

Working Bee - Friday 10th November 4-6pm

A note has come home on Operoo this week asking for volunteers to come to our final working bee for the year on Friday 10th November 4-6pm. Looking forward to seeing you there.

Don't forget you receive a \$100 discount off your fees if you attend a working bee during the year.

Overcoming FOMO – Fear of Missing Out

In today's digital age, it's essential for both students and parents to find a healthy balance between screen time and real-life activities. Here are some practical tips to help you overcome the Fear of Missing Out (FOMO) and maintain a healthy relationship with technology.

For Students:

1. Do an Audit: Take a moment to estimate your daily phone usage and then check your phone's settings to see the actual numbers. You might be surprised at the difference.
2. Make Your Phone Boring: Move apps that distract you onto a separate device, like a tablet or computer, and set time limits for their use.
3. Quiet the Noise: Turn off most notifications and fine-tune the rest so you only hear from the people who matter.
4. Prioritize: Identify what truly matters to you – it's unlikely to be what's happening on social media.
5. Put the Phone Down: Make time for activities where you can't use your phone or are less likely to, like sports, exercise, playing musical instruments, or art and craft.
6. Learn to Be Bored: Resist the urge to reach for your phone when you have nothing else to do. Embrace moments of boredom.
7. Be Selective: Choose your online groups carefully and don't hesitate to mute or leave them if needed.

For Parents:

1. Cold Turkey Won't Work: Taking the phone away from a child with an unhealthy relationship with it can lead to conflict. Find a more constructive approach.
2. Phones Equal Responsibility: When giving your child their first phone, set clear expectations for its use.
3. Be Aware: Stay informed about how high-school-age children behave on social media and have regular conversations with your child about their online activities.
4. Set a Good Example: Demonstrate healthy phone use as a parent, as children often model their behaviour after their parents.
5. Not All Bad: Let your children know that feeling FOMO is a natural human emotion.
6. IRL First: Encourage your child to engage in non-screen-based hobbies and face-to-face social interactions.
7. Quality over Quantity: Advise them to be selective in their online friendships and engage only in groups where they feel supported.
8. Healthy Goals: Help your child identify what truly matters to them and how to prioritize their goals in a balanced way.

Remember, finding the right balance between screen time and real-life experiences is essential for overall well-being. By following these tips, both students and parents can develop healthier relationships with technology and reduce FOMO.

Acknowledgement: The Educator 12 October 2023 from a media release from Macquarie University.

[Full article here](#)

Leadership Activities....



Our School Expectations: Safety, Responsibility and Respect

At St Joseph's, we continue to learn and bring together the whole school to develop a positive, safe and supportive learning culture.

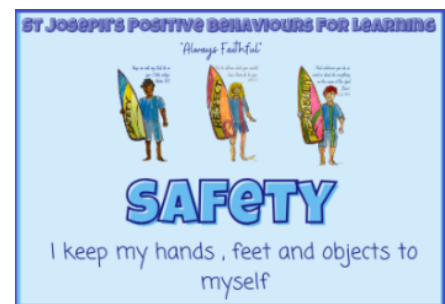
This week the focus has been on our expectation:

"Safety: I keep my hands, feet and objects to myself."

WALT: keep my hands, feet and objects to ourselves

Success Criteria: I can:

- use safe hands
- use safe feet
- use objects for their intended purpose
- keep hands and feet to myself



- stay out of other people's personal space (do not be a space invader)
- stop and take a deep breath if I am having big feelings
- walk away
- ask a trusted adult for help
- do not hit or make contact with a person using my hands or another object

WHY IS THIS IMPORTANT?

- To keep everyone safe
- Students need to demonstrate understanding of personal space
- For students to be able to use their words to express their feelings
- For students to demonstrate respect for their teachers and classmates
- So that students learn to manage emotions, empathy and establish and maintain positive relationships



World Teacher's Day



Parent Fact Sheet Yr 3/4

[Download](#)



Parent Fact Sheet Yr 5/6

[Download](#)

School Fees

Fee statements are emailed each month to your nominated email address. If you have not received your statement please contact the office. If you have no other payment arrangements in place and have not made a payment this year your account is now overdue. We ask that a minimum of 3 payments are made throughout the year with all fee accounts to be finalised by the end of Term 3. If you wish to set up a payment arrangement please download the direct debit (cheque or savings account) or credit authority form (see the links below) and submit to the office.

Camps, Sports and Excursions Funding

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

If you meet the above criteria please contact the school office for the application form. Applications close June 2023.

St Joseph's Concessional Fee Policy

Please read the new Concessional fact sheet information for those families who qualify and meet the criteria. It offers significant savings to families.

Concessional School Fees are available to any family that meets the below eligibility criteria:

- of Aboriginal or Torres Strait Islander heritage
- holding an HCC (Dept of Health Concession Card) and eligible for CSEF
- experiencing severe financial hardship
- holding a DVA Gold Card (Dept of Veterans Affairs Health Card)
- identified as refugees and holding an ImmiCard is strongly encouraged to apply for concessional school fees.

To see St Joseph's School Fees Concession policy please click on the link below.

Students of eligible families are entitled to concessional school fees.

The school fees for eligible students are:

- 1 child: \$15 per child per week, direct debit (\$780 per annum or \$195 per term)
- 2 children: \$23 for the family per week, direct debit (\$1196 per annum, or \$299 per term)
- 3+ children: \$30 for the family per week. direct debit (\$1560 per annum, or \$390 per term)

If your family meets the criteria please click on the application form below and return the completed form to the school office.

Before and After School Program

<https://www.kingston.vic.gov.au/services/families-and-children/before-and-after-school-care>

St Joseph's OSHC 2023

Name of Program: St Joseph's Catholic Primary School OSHC

If you wish your child to attend please book a place on 9581 4867. The sessions start from 6.45am and conclude at 6.00pm. Entry will be from Woodbine Grove gate each morning and afternoon.

The only children allowed onsite before 8.30am will be those booked into Before School Care.

To enrol please click on the link above.

Contact Our School hours Care for further information:

W: kingston.vic.gov.au/beforeandafterschoolprogram

E: beforeandafterschoolprogram@kingston.vic.gov.au

Ph: 9581 4867



School Uniform Price Update

Please see a new pricelist, effective 01 November 2023.

[Download](#)



Credit card authority form

Credit card authority form is for the payment of school fees. Please fill in and return to the school office if you wish for us to make the payment arrangement on your behalf

[Download](#)



Direct debit form

Direct debit form is for the electronic transfer of funds from your cheque or savings account for the payment of school fees

[Download](#)

Community News



2023 Term Dates

Red indicates a change from last week

Term 4 Tuesday 3rd October - Friday 15th December 2023

Week 5

Thur 2nd Nov Preps excursion-Werribee Zoo, Yr 3/4 Excursion-Scienceworks

Fri 3rd Nov School Closure-2024 Planning

Week 6

Mon 6th Nov School Closure

Tues 7th Nov School Closure-Melbourne Cup day

Thurs 9th Nov Marine Ambassadors excursion to Ricketts Point, Casual clothes \$2 gold coin Remembrance Day (all children receive a poppy), Prep 2024 Parent info night 7pm

Fri 10th Nov Prep incursion-Responsible Pet Ownership, 2.30pm Assembly prep performing, Term 4 working bee 4-6pm

Sat 11th Nov Remembrance Day, 10.30-11am Ceremony at Chelsea Centotaph

Week 7

Mon 13th Nov Prep 2024 Orientation

Tues 14th Nov School Advisory Board 6.30pm, Parish Pastoral Council
7.30pm

Thurs 16th Nov Mission Action Day (lunchtime)

Fri 17th Nov 2.30pm Assembly yr 3/4, yr 5/6 sport vs Chelsea Heights

Week 8

Thurs 23rd Nov Prep Orientation 2-3pm

Fri 24th Nov Yr 5/6 sport vs Patterson Lakes, Last day of hot food for canteen (a modified menu to be advised), 2.30 final general assembly

Week 9

Wed 29th Nov Prep Orientation 2-3pm

Wed 29th Nov - Fri 8th Dec Swimming Prep - Year 4

Fri 1st Dec Yr 5/6 sport vs Bonbeach

Week 10

Sun 3rd Dec 5pm Carols and BBQ, 1st Sunday of Advent

Mon 4th Dec - Wed 6th Dec and Fri 8th Dec Lifesaving Year 5/6

Thur 7th Dec St Bede's Orientation Year 7 2024

Sun 10th Dec Year 6 Disco 6-9pm in the school hall, 5-9pm InterChurch District Council
Christmas Carols

Week 11

Mon 11th Dec Reports and class lists to be distributed electronically

Tues 12th Dec 1pm end of year Mass

Wed 13th Dec 9am Meet yr Teacher for 2024, 2.30pm Graduation Assembly

Thur 14th Dec Prep, Yr 1/2 excursion, Year 6 Big Day Out, 6pm Graduation Mass, 6.50pm
Dinner and 7.30pm Presentations

Fri 15th Dec 1pm end of term 4.