



St Joseph's School, Chelsea

Term 4, Week 6 Thursday 9th November, 2023

MISSION ACTION DAY

HIT THE TARGET
SMOOTHIES
SALADY SNACKS
CARNIVAL GAMES
COLD DRINKS
TEMPORARY TATTOOS
LOLLIES
POPCORN
ICE CREAM
SPIDERS
TRASH + TREASURE
RC CAR RACING
CRAZY HAIR

THURSDAY 16TH NOVEMBER

(TO BE HELD DURING MORNING LUNCHTIME)

ALL MONEY RAISED GOES TO SUPPORT CHARITIES IN OUR LOCAL AND GLOBAL COMMUNITY
PLEASE SUPPORT THESE WORTHY CAUSES!

STUDENTS ARE INVITED TO BRING NO MORE THAN \$10 TO SPEND ON THE DAY

PLEASE ENSURE WALLETS ARE CLEARLY LABELLED WITH STUDENT'S NAME

PERMISSION FORM REQUIRED FOR TEMPORARY TATTOOS COLOURED HAIR

Dear Families,

Masterplan

The School/Parish is updating its masterplan after a number of years of building and refurbishing. Simon Le Nepveu from Clarke Hopkins and Clarke Architects is presenting and seeking feedback from our families at 7-7.30pm next Tuesday in the library. Please feel free to come along and have a say!

Foundation Information Night 2024

The 2024 Foundation Information night is being held tonight in the library at 7pm. The 2024 Foundation families will be attending and will receive important information about 2024. Please make sure you are there.

Remembrance Day

On Saturday 11th November the Longbeach RSL has invited all members of our community to attend the Remembrance Day Service at the Chelsea Centopath from 10.30-11.00am. They have also invited two students to lay a single rose floral tribute on behalf of the school.

Planning 2024

As we are in the swing of planning for 2024 I ask all parents to let me know if there will be any changes to their child/ren's enrolment for 2024.

We are also starting to form classes for 2024. If you have any educational needs that have not already been mentioned to your child's class teacher please do so as soon as possible. I do not take teacher requests. All placements are based on best possible learning environments for your child. Teachers are yet to be placed for 2024.

Canteen News

PLEASE NOTE: the last day for canteen lunch orders will be Friday 24th November. The canteen will have a modified menu for the last 3 weeks of term. This menu will be included in the newsletter on Thursday 16th November.

100 Year Anniversary of St Josephs School

Students will celebrate with activities at school. If you have any ideas or would like to be a part of a group to float ideas please email info@sjchelsea.catholic.edu.au

On 29th July 2024 St Joseph's will be officially 100 years old. We are looking for ideas and volunteers to help co-ordinate a celebration.

We have decided on Saturday 27th July and Sunday 28th July 2024 we will be holding Open school days and events. Please save these dates.

If you have any ideas, memorabilia or you are happy to help please email info@sjchelsea.catholic.edu.au

Kindest Regards,

Gavan

Year 3/4 at Scienceworks



Preps at the Werribee Zoo



2023



Year 6 Graduation Disco

Year 6 Disco Tickets

Please click on the above link to book your year 6 child a ticket for the Disco, to be held on Sunday 10th December from 6.00pm-9.00pm.

Only current year 6 students are permitted (sorry no siblings).

The event is being organised by parents. Tickets are \$20 (.50c booking fee) and includes a DJ, photo booth, prizes, pizza, drink, lollies, custom 2023 cookie and decorations. Security will be provided and please note inappropriate behaviour will not be tolerated and parents will be called and asked to collect your child.

Students will need to be signed in and out of the event. Please provide contact details during the ticket purchase process.

Between 5-6pm at Woodbine grass area we welcome parents, year 6 student and siblings to gather for BYO drinks and nibbles. Year 6 students will then assemble in the hall for their disco at 6pm.

Working Bee - Tomorrow 10th November 4-6pm

A note has come home on Operoo last week asking for volunteers to come to our final working bee for the year on Friday 10th November 4-6pm. Looking forward to seeing you there.

Don't forget you receive a \$100 discount off your fees if you attend a working bee during the year. Please ensure you sign in upon arrival.



Inside Story, Outside Behaviour

“There’s usually an “inside” story to every “outside” behaviour. Though we may not be able to know that “inside story”, there’s generally some inner reason for what children do.” - MR ROGERS

Today, I want to share 2 stories.

First, a story about me.

I had a tough moment a few weeks ago. I wasn’t getting quality sleep, I had a lot of pressure with my work and volunteering commitments, I was just getting over yet another cold (hasn’t this cold and flu season been just the worst?).

For 2 whole days, I was a raging ball of irritability. I was snappy with everyone. I got angry over tiny little things. I almost cried when my husband gave me a compliment because I didn’t think he was being genuine.

In short, my outside behaviour was atrocious. I didn’t want to be cranky with everyone, but I really couldn’t help it. I tried to exercise to stimulate endorphins... nothing. I tried going to bed early... didn’t help. I tried taking deep, calming breaths... which gave me about 2 seconds of calm. I tried eating too much chocolate... yeah, that didn’t work either.

Luckily for me, my husband was incredibly tolerant. When I snapped at him, or was short with the kids, or stormed off for a break, he never once made me feel worse because of the way I was behaving. He didn’t insist that I say sorry, or go to my room for a time out, and he didn’t push me to talk about my feelings if I wasn’t ready. Instead, he gave me what I needed – space to regulate myself, a hug when I was ready, and soft words.

Now for the second story.

I took my eldest shopping for some new clothes, and we decided that because his younger brother mostly gets hand-me-downs, we should buy him something too. Together, we spent a long time browsing the aisles, trying to find something that we thought he would love. Eventually, we settled on a warm, red Spiderman hoodie. I was sure that we were on to a winner, given that he was just reminding me that very morning that he wants a spiderman suit for his birthday (which is in 102 days and counting... he's very excited to turn 5).

Well, we picked him up from kinder, excitedly showed him his new jumper... and he lost it.

He yelled at me that he didn't want a jumper! He wanted a t-shirt!

He quickly escalated into hitting, and kicking, and trying to knock over tables. He was completely disappointed and angry, and boy was he was showing it.

Some other parent, or even me in some other moment, might have snapped back at him. Might have told him that his behaviour wasn't ok and if he didn't calm down, he wouldn't get a new t-shirt or even keep his new jumper.

But I didn't do that. Because I knew that there was something deeper going on than just not liking the jumper. So, while I didn't know all the moments that led to this meltdown, this I did know.

It was the end of the week and he's tired. He was just getting over being sick. He's been dealing with the constant disappointment that his birthday is still 102 days away. Then his reality didn't meet his expectation, and he was disappointed.

And I remembered... I remembered how my outside behaviour wasn't good the other day. And I remembered how much better I felt by knowing that no matter how angry and cranky and irrational I was, I had someone in my corner who loved me unconditionally.

So I gave that to my son.

I did restrain him from him hitting and throwing things around. But I didn't scold him, or yell at him, or make him feel worse.

Instead, I did my best to hold space for his disappointment. I let him get his angry out, and once he moved past the anger to the underlying sadness, we cuddled.

There is always an inner story.

We just won't always know what it is.

But we'll never find out if we go straight to scolding and focus on 'correcting' the behaviour. Kids (and grownups!) act right when they feel right.

To improve behaviour, we need to work from the inside out.

AUTHOR: Rebekah Delahoy. Beck Delahoy is a homeschooling mum of 3 and microadventure enthusiast who somehow finds time to read and write about parenting. Find her on Instagram @beckdelahoy or beckdelahoy.substack.com about families and parenting.

Leadership Activities...



Dear Families,

Exciting News!

The Seesaw app is getting a fresh new icon.
On **October 27**, you will see this change.
Don't worry, everything inside the app will stay the same.



The diagram shows two icons side-by-side. On the left is the 'OLD ICON', which is a white rounded square containing a colorful, multi-colored bow-like shape. On the right is the 'NEW ICON', which is a purple rounded square containing a white dollar sign. A red curved arrow points from the old icon to the new icon.

OLD ICON **NEW ICON**

Seesaw | www.seesaw.com

Our School Expectations: Safety, Responsibility and Respect

At St Joseph's, we continue to learn and bring together the whole school to develop a positive, safe and supportive learning culture.

This week the focus has been on our expectation:

"Safety: I keep my hands, feet and objects to myself."

WALT: keep my hands, feet and objects to ourselves

Success Criteria: I can:

- use safe hands
- use safe feet
- use objects for their intended purpose
- keep hands and feet to myself
- stay out of other people's personal space (do not be a space invader)
- stop and take a deep breath if I am having big feelings
- walk away
- ask a trusted adult for help
- do not hit or make contact with a person using my hands or another object

WHY IS THIS IMPORTANT?

- To keep everyone safe
- Students need to demonstrate understanding of personal space
- For students to be able to use their words to express their feelings
- For students to demonstrate respect for their teachers and classmates



- So that students learn to manage emotions, empathy and establish and maintain positive relationships

2024 School Fees

Today you will receive through your child's classroom the 2024 Fee Schedule and invoice for 2024 Levy prepayments. If you do not receive the paperwork, please contact the office. Prepayments are due by 30th November, 2023.

Fee statements are emailed each month to your nominated email address. If you have not received your statement please contact the office. If you have no other payment arrangements in place and have not made a payment this year your account is now overdue. We ask that a minimum of 3 payments are made throughout the year with all fee accounts to be finalised by the end of Term 3. If you wish to set up a payment arrangement please download the direct debit (cheque or savings account) or credit authority form (see the links below) and submit to the office.

Camps, Sports and Excursions Funding

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

If you meet the above criteria please contact the school office for the application form. Applications close June 2023.

St Joseph's Concessional Fee Policy

Please read the new Concessional fact sheet information for those families who qualify and meet the criteria. It offers significant savings to families.

Concessional School Fees are available to any family that meets the below eligibility criteria:

- of Aboriginal or Torres Strait Islander heritage
- holding an HCC (Dept of Health Concession Card) and eligible for CSEF
- experiencing severe financial hardship

- holding a DVA Gold Card (Dept of Veterans Affairs Health Card)
- identified as refugees and holding an ImmiCard is strongly encouraged to apply for concessional school fees.

To see St Joseph's School Fees Concession policy please click on the link below.

Students of eligible families are entitled to concessional school fees.

The school fees for eligible students are:

- 1 child: \$15 per child per week, direct debit (\$780 per annum or \$195 per term)
- 2 children: \$23 for the family per week, direct debit (\$1196 per annum, or \$299 per term)
- 3+ children: \$30 for the family per week. direct debit (\$1560 per annum, or \$390 per term)

If your family meets the criteria please click on the application form below and return the completed form to the school office.

Before and After School Program

<https://www.kingston.vic.gov.au/services/families-and-children/before-and-after-school-care>

St Joseph's OSHC 2023

Name of Program: St Joseph's Catholic Primary School OSHC

If you wish your child to attend please book a place on 9581 4867. The sessions start from 6.45am and conclude at 6.00pm. Entry will be from Woodbine Grove gate each morning and afternoon.

The only children allowed onsite before 8.30am will be those booked into Before School Care.

To enrol please click on the link above.

Contact Our School hours Care for further information:

W: kingston.vic.gov.au/beforeandafterschoolprogram

E: beforeandafterschoolprogram@kingston.vic.gov.au

Ph: 9581 4867



School Uniform Price Update

Please see a new pricelist, effective 01 November 2023.

[Download](#)



Credit card authority form

Credit card authority form is for the payment of school fees. Please fill in and return to the school office if you wish for us to make the payment arrangement on your behalf

[Download](#)



Direct debit form

Direct debit form is for the electronic transfer of funds from your cheque or savings account for the payment of school fees

[Download](#)

Community News



2023 Term Dates

Red indicates a change from last week

Term 4 Tuesday 3rd October - Friday 15th December 2023

Week 6

Prep 2024 Parent info night 7pm

Fri 10th Nov Prep incursion-Responsible Pet Ownership, 2.30pm Assembly prep performing, Term 4 working bee 4-6pm

Sat 11th Nov Remembrance Day, 10.30-11am Ceremony at Chelsea Centotaph

Week 7

Mon 13th Nov Prep 2024 Orientation

Tues 14th Nov School Advisory Board 6.30pm, Parish Pastoral Council, 7pm Masterplan Presentation in the Library

7.30pm

Thurs 16th Nov Mission Action Day (lunchtime)

Fri 17th Nov 2.30pm Assembly yr 3/4, yr 5/6 sport vs Chelsea Heights

Week 8

Thurs 23rd Nov Prep Orientation 2-3pm

Fri 24th Nov Yr 5/6 sport vs Patterson Lakes, Last day of hot food for canteen (a modified menu to be advised), 2.30 final general assembly

Week 9

Wed 29th Nov Prep Orientation 2-3pm

Wed 29th Nov - Fri 8th Dec Swimming Prep - Year 4

Fri 1st Dec Yr 5/6 sport vs Bonbeach

Week 10

Sun 3rd Dec 5pm Carols and BBQ, 1st Sunday of Advent

Mon 4th Dec - Wed 6th Dec and Fri 8th Dec Lifesaving Year 5/6

Thur 7th Dec St Bede's Orientation Year 7 2024

Sun 10th Dec Year 6 Disco 6-9pm in the school hall, 5-9pm InterChurch District Council Christmas Carols

Week 11

Mon 11th Dec Reports and class lists to be distributed electronically

Tues 12th Dec 1pm end of year School Mass

Wed 13th Dec 9am Meet your Teacher for 2024, 2.30pm Graduation Assembly

Thur 14th Dec Prep, Yr 1/2 excursion, Year 6 Big Day Out, 2.30pm Assembly-Orange Tree Music, 6pm Graduation Mass, 6.50pm Dinner and 7.30pm Presentations

Fri 15th Dec 1pm end of term 4.

