



St Joseph's School, Chelsea

Term 4, Week 9 Thursday 30th November, 2023

ST JOSEPH'S SCHOOL

2023 Carols Celebration

*Please join us on Sunday 3rd December at 5pm,
followed by a sausage sizzle!*

Come and enjoy a free sausage in bread

Dear Families,

We look forward seeing you all on Sunday.

Performing Arts Shed

We are looking for volunteers to help clean, clear and organise the Performing Arts shed next Tuesday 4th December from 9am. If you are available either arrive Tuesday ready to help or email info@sjchelsea.catholic.edu.au

Thanks

Fruit

Please ensure your child/children has extra fruit and snacks over the next couple of weeks.

Chicken Helpers

We will be sending an Audiri app message out tomorrow for chicken helpers.

If families would like to look after the chickens over the Christmas break please fill in the form with your availability and we will confirm the dates you will be required and ask you to collect a key from the office.

Canteen News

The canteen will have a modified menu for the last 2 weeks of term. Please see the menu attached below.

End of Year Celebration Mass & Parent Thankyou afternoon Tea

On Tuesday 12th December at 1pm we will have our end of year celebration Mass followed by a Parent thankyou afternoon tea. All parents are welcome to join us for Mass and afternoon tea on Tuesday 12th December in the hall.

100 Year Anniversary of St Josephs School

Students will celebrate with activities at school. If you have any ideas or would like to be a part of a group to float ideas please email info@sjchelsea.catholic.edu.au

On 29th July 2024 St Joseph's will be officially 100 years old. We are looking for ideas and volunteers to help co-ordinate a celebration.

We have decided on Saturday 27th July and Sunday 28th July 2024 we will be holding Open school days and events. Please save these dates.

If you have any ideas, memorabilia or you are happy to help please email info@sjchelsea.catholic.edu.au

Christmas Hampers

This week each class had received a family in need to collect Christmas Gifts for a hamper. The family make up has been given to us by St Vincent de Paul. They do a great job supporting over 300 families in the Chelsea area each week. The children will know the age

and number of children in each family and will brainstorm with their class the types of gifts they might like. Please see each class allocation below. Staff are also contributing to a hamper for 1A 2C family.

Kindest Regards,

Gavan

St Vincent de Paul Class Hampers:

CLASS

3/4E - 1A 2C Girl 2 Boy 16

1/2B - 1A 2C Girl 7 Boy 6

3/4W - 1A 4C Girls 7,13,15 Boy 17

3/4S - 1A 4C Boys 2,4,7,11

PCM - 2A 2C Girl 6 Boy 2

1/2OF - 1A 3C Girls 3,6,10

5/6RW - 2A 2C Girl 11 Boy 4

1/2LC - 1A 2C 1/2LC Boy 8,12

5/6F - 1A 2C Girl 14 Boy 10

PREP R - 2A 4C Girl 7 Boy 10,6,2 months

3/4CS - 1A 2C Girl 13 Boy 10

5/6BC - 1A 3C Girl 13 Boy 9,11

STAFF - 1A 2C Girl 10 Boy 16

3/4B - 2A 2C Girl 11 Boy 12

1/2GB - 1A 5C Girls 1,3,8 Boys 10,12

5/6E - 2A 2C Girls 10,12



Kingston full day program

18th - 20th December

EDIT: WE MUST KNOW BY TOMORROW FRIDAY 1ST DECEMBER

St Joseph's Primary School has a pupil free days on the following:

Monday 18th December 2023

Tuesday 19th December 2023

Wednesday 20th December 2023

Kingston will provide a full day program if we receive a **minimum of 20** bookings. The program hours will be 6.45am - 6.15pm. The daily cost of the program is **\$75.00**. Fees attract the Commonwealth Government's Childcare Subsidy for eligible families.

ENQUIRIES AND ENROLMENTS

To book online, please use your Xap Smile Guardian app or Xap Guardian Portal. Instructions on how to make this casual booking can be found here:

Smile App - Marking your Child Absent | fleeq.io - Smile App

Web Portal - Adding Casual Days | fleeq.io - Guardian Portal Alternatively, respond to this email to book your child in.

IMPORTANT INFORMATION

1. We require a minimum of 20 bookings to provide the full day program.
 - We will confirm whether the full day program is operating on **Monday 4th December 2023**.
 - Children must be enrolled via Xap for the 2023 school year

· Breakfast and Afternoon Tea is provided. Children are required to bring their own lunch, drink bottle and addition snacks (if required)

Kind Regards,

Outside School Hours Programs

City of Kingston

9581 4867



Library News

Hello families,

The end of the year is fast approaching. Could you please start to return any St Joseph's Library books that have come home with your children this year, along with any borrowed Library Bags (these are usually labelled "SJL").

The books can be returned to your child's classroom or dropped into the school office where there will be a labelled Library Returns tub.

Thanks so much for your help, as this makes the end of year a smoother process for everyone. Sarah and Renae



Netball....

A big congratulations to Zoe, Maya and Olivia who play for Patterson Lakes Ruby Netball Team.

The girls, along with them team mates, won the Grand Final against Aspendale Arrows Seals Netball Club.

The score was 24-19.

Well done to all involved.



Our Christmas Tree

Thank you to Lou from Evergreen Christmas Trees for donating a beautiful Christmas tree to St Josephs. This tree will be used at the Chelsea Community Christmas lunch. See Lou's business flyer below.

The children have done a great job decorating. Thank you to all the families who kindly donated a decoration.

Thank you for your support.



Wed 29 th Nov – Friday 8 th Dec 2023	Lesson Start Time	Class Group	Numbers	Class Group	Numbers	Total Chn
Session 1 10.40 PU from School 11.40 PU from Pool	11.00am	PrepCG	18	1/2GB	9	27
Session 2 11.10 PU from School 12.15 PU from Pool	11.30am	PrepR	19	1/2GB	14	33
Session 3 11.40 PU from School 12.40 PU from Pool	12.00pm	1/2LC	23	1/2B	13	36
Session 4 12.10 PU from School 1.15 PU from Pool	12.30pm	1/2OF	22	1/2B	10	32
Session 5 12.40 PU from School 1.40 PU from Pool	1.00pm	3/4S	23	3/4CS	12	35
Session 6 1.10 PU from School 2.15 PU from Pool	1.30pm	3/4B	22	3/4CS	10	32
Session 7 1.40 PU from School 2.45 PU from Pool	2.00pm	3/4E	23			23
Session 8 2.10 PU from School 3.10 PU from Pool	2.30pm	3/4W	23			23
Students in Session 8 will be back at school by approx. 3.20pm			Total Number of Children:			241

Canteen Menu - weeks 9-11

NO HOT FOOD WILL BE AVAILABLE. Snacks and drinks will be available during the swimming program.

Available to order are:

- Cheese & Bacon rolls
- Cheese & Vegemite rolls



SPOTLIGHT Book Club ISSUE 8

Why reading books in a series is so much fun!

- **Endless Adventures** - Series books offer non-stop adventures. The fun doesn't end with just one book!
- **Connect with the Characters** - Go on a journey and get to understand your favourite characters. With each book, you can see them grow, learn, and face challenges.
- **Unleash your Imagination** - Each book in a series adds a new and exciting chapter to the story, where you can imagine yourself as part of another world.

Here are some fun examples of books in a series in Issue 8...

ACES 6+ TOT TIME! (HOT DOG #18) ITEM 010
Holding and his friends are entering a Top-Making Contest! The winners score a trip to Doc Sport's Toy Factory! Toy-fally Awesome! Can they turn their trash into treasure and snatch the prize?

ACES 7+ UNDERWATER HEIST (DIARY OF A MINECRAFT WOLF #2) ITEM 015
Winston is a Minecraft wolf on a mission: to be the best secret agent the Overworld has ever seen! So when a distress signal from the Drowned requests urgent help, he jumps at the chance to prove his skills. Can Winston recover the stolen item before anything more happens?

ACES 8+ BABY-SITTERS SUMMER VACATION (THE BABY-SITTERS CLUB SUPER SPECIAL #2) ITEM 015
This summer, the Baby-sitters and a bunch of the kids they sit for are going to camp. With the girls at Campfire on Seawing, it's far past like baby-sitting - in the woods! Anything can happen at camp. Clavin gets lost in the wilderness. Stacey spends two weeks with poison ivy... and Claude falls in LUV with a boy CSI. This is one summer vacation the Baby-sitters will never forget!

ACES 10+ NO BRAINER (DIARY OF A WIMPY KID #18) ITEM 009
Up until now, middle school hasn't exactly been a joyride for Greg Heffley. So when the town threatens to close the crumbling building, he's not too broken up about it. But when Greg realizes this means he's going to be sent to a different school than his best friend, Rowley Jefferson, he changes his tune. Can Greg and his classmates save their school before it's shuttered for good?

REMINDE STUDENTS WHEN TO HAVE THEIR ORDERS PLACED BY:

Scholastic Book Club

This year's final Scholastic bookclub catalogue was sent home with your child last week. All orders must be made online using your credit card. The closing date for ordering is 1st December to ensure delivery is made before the end of the school year.

2023



Year 6 Graduation Disco

ST JOSEPH'S CLASS OF 2023

ST JOSEPH'S HALL SUNDAY | 6-9 PM
RSVP BY 02/12/23 DECEMBER 10, 2023
TICKET INCLUDES: DINNER, DRINKS, DJ & PHOTO BOOTH

Year 6 Graduation Disco

Year 6 Disco Tickets

Please click on the above link to book your year 6 child a ticket for the Disco, to be held on Sunday 10th December from 6.00pm-9.00pm.

Only current year 6 students are permitted (sorry no siblings).

The event is being organised by parents. Tickets are \$20 (.50c booking fee) and includes a DJ, photo booth, prizes, pizza, drink, lollies, custom 2023 cookie and decorations. Security will be provided and please note inappropriate behaviour will not be tolerated and parents will be called and asked to collect your child.

Students will need to be signed in and out of the event. Please provide contact details during the ticket purchase process.

Between 5-6pm at Woodbine grass area we welcome parents, year 6 student and siblings to gather for BYO drinks and nibbles. Year 6 students will then assemble in the hall for their disco at 6pm.



HALTS

It doesn't matter if you have just one child or six, there is one thing that you're guaranteed to have to handle: big emotions in your child.

It doesn't matter how good of a parent you are, you can even be a parenting expert, and your children will STILL have big emotions. It's just a fact of life when you're parenting a 1-year-old or a 12 year old. Teens have their big emotions, and if we're honest, so do parents! Everyone feels sad, cranky, scared, or stressed from time to time.

Big emotions are simply unavoidable in family life. And so we all need effective strategies for dealing with them.

First, however, we need to know what triggers them. If we can focus on prevention, we can spend less time on the cure.

Where do big emotions come from?

Big emotions arise for many reasons. I like the acronym HALTS to help me consider why my child might be emotionally triggered:

H is for Hungry. A is for Angry. L is for Lonely. T is for Tired. And S is for Stressed.

Sometimes our child is one of these. Sometimes our child is all of them. Perhaps they've eaten, but their meal was lacking in nutritional value. Maybe they're angry about something that we think is silly but it matters to

them. Perhaps they're in a room full of people but they feel disconnected and lonely. It could be that last night's TV show went late, their mind was buzzing, and they haven't slept. Or maybe school, family life, our explosive moods, or a friendship drama is creating stress in their life.

Spending time reducing the likelihood of these triggers means we experience fewer big emotions at home. But try as you might, you can't (and shouldn't) eliminate all stress for your kids. After all, stress creates opportunities for growth.

Regulating big emotions

When those big emotions strike, we must remember that high emotions = low intelligence. Our kids act a bit crazy when emotions are high. And because emotions are contagious, we often catch our children's crazy, cranky, and chaos and become less intelligent as well. Two or three emotional and unintelligent people in a power struggle never works out well.

Since big emotions happen, here are some simple ways that we can respond to our children when they're feeling sad, cranky, scared, or stressed.

1. Be Intentional If you think back to the HALTS acronym, there are a handful of simple and intentional things we can do to reduce the likelihood of emotional blow-ups.

For example, you could:

- ▶ Bring a snack for your child to eat while you do the shopping
- ▶ Don't demand that chores be done alone, or right before bed
- ▶ Take five minutes for cuddles and connection before moving into the bedtime routine or once they're in bed
- ▶ Consider your timing when you make simple requests of them.

2. Remember that emotions are contagious

When our children are feeling chaotic, there's two ways we can go. We can catch their cranky and join them in an escalating cycle of chaos. Or we can stay calm. Easier said than done, but realistically we can't parent anybody if we can't parent ourselves first. Do your best to hold it together.

3. Don't try to fix things in the moment

Have you ever been angry, had someone say, "Just calm down!", and responded "Good point, I needed that logic, I will just calm down."? Of course not! When emotions are big, don't try to fix things. Instead...

4. Focus on connection or space

Some kids want a hug when they're feeling mad. Other kids want space. Most of the time, they want space first, then connection. If it's possible, move your child to a private area. Say to them, "I can see you're having a tough time. Do you want a hug or do you want me to give you some space?" They'll probably tell you to go away. Give them some space, but let them know that you'll be just around the corner ready to give them a hug when they're ready. Then once they're regulated again you can move onto problem solving.

5. Problem solve collaboratively

When things are calm – whether it takes ten minutes or ten hours – sit with your child and ask if you can discuss what happened, and problem-solve so that things go better next time. Then listen. Remember, too, that sometimes these conversations work best when your child is drinking a milkshake or enjoying another treat you picked up for them.

Big emotions in our children aren't an indication that we're lousy parents. Every single child and teen on the planet cries, stomps their feet, and pushes their parents away. We need to normalise this as part of being human!

Fortunately for us, our children also have the best laughs, give the biggest snuggles, and say the funniest things. So next time you're in the midst of a child's emotional meltdown, take a big breath and remind yourself that on the other side of this big moment is the sweetest thing you can experience with your child – the opportunity for growth.

Author

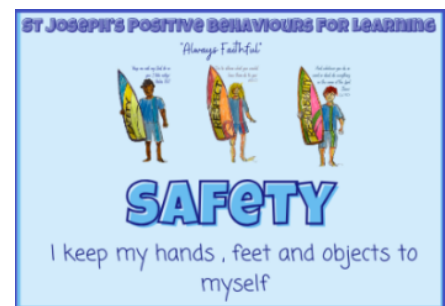
Justin Coulson



Our School Expectations: Safety, Responsibility and Respect

At St Joseph's, we continue to learn and bring together the whole school to develop a positive, safe and supportive learning culture.

This fortnight the explicit focus has been on our expectation:



"Safety: I use equipment for its intended purpose."

WALT: use equipment for its intended purpose.

Success Criteria: I can:

- use the schools sports equipment in the correct way and for the correct purpose eg: we use a basketball to play basketball and a soccer ball for soccer, cricket stumps
- identify how to use digital technology equipment safely eg: websites, carry equipment, charging, placement
- use the garden equipment in the correct way and put it away after use
- take care of 'after school' resources and equipment

WHY IS THIS IMPORTANT?

When students feel safe and secure, they are more comfortable in their schools, are better able to learn and succeed, and have better opportunities to grow academically, emotionally, and socially. Therefore students need to be taught explicitly how to use school equipment safely. This includes how to use it, where it belongs after they have used it and why it is important to be safe.

2024 School Fees

The 2024 Fee Schedule and invoice for 2024 Levy prepayments have been distributed through your child's class. If you did not receive the paperwork, please contact the office. Prepayments are due by 30th November, 2023. A copy of the 2024 Fee Schedule is available to download below.

Fee statements are emailed each month to your nominated email address. If you have not received your statement please contact the office. If you have no other payment arrangements in place and have not made a payment this year your account is now overdue. We ask that a minimum of 3 payments are made throughout the year with all fee

accounts to be finalised by the end of Term 3. If you wish to set up a payment arrangement please download the direct debit (cheque or savings account) or credit authority form (see the links below) and submit to the office.

Camps, Sports and Excursions Funding

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$150 for primary school students
- \$250 for secondary school students

If you meet the above criteria please contact the school office for the application form. Applications close June 2023.

St Joseph's Concessional Fee Policy

Please read the new Concessional fact sheet information for those families who qualify and meet the criteria. It offers significant savings to families.

Concessional School Fees are available to any family that meets the below eligibility criteria:

- of Aboriginal or Torres Strait Islander heritage
- holding an HCC (Dept of Health Concession Card) and eligible for CSEF (The card must be issued in the name of the fee payer and list the students for whom the concession is to be applied).
- experiencing severe financial hardship
- holding a DVA Gold Card (Dept of Veterans Affairs Health Card)
- identified as refugees and holding an ImmiCard is strongly encouraged to apply for concessional school fees.

To see St Joseph's School Fees Concession policy please click on the link below.

Students of eligible families are entitled to concessional school fees.

The school fees for eligible students are:

- 1 child: \$15 per child per week, direct debit (\$780 per annum or \$195 per term)
- 2 children: \$23 for the family per week, direct debit (\$1196 per annum, or \$299 per term)
- 3+ children: \$30 for the family per week. direct debit (\$1560 per annum, or \$390 per term)

If your family meets the criteria please click on the application form below and return the completed form to the school office.

Before and After School Program

<https://www.kingston.vic.gov.au/services/families-and-children/before-and-after-school-care>

St Joseph's OSHC 2023

Name of Program: St Joseph's Catholic Primary School OSHC

If you wish your child to attend please book a place on 9581 4867. The sessions start from 6.45am and conclude at 6.00pm. Entry will be from Woodbine Grove gate each morning and afternoon.

The only children allowed onsite before 8.30am will be those booked into Before School Care.

To enrol please click on the link above.

Contact Our School hours Care for further information:

W: kingston.vic.gov.au/beforeandafterschoolprogram

E: beforeandafterschoolprogram@kingston.vic.gov.au

Ph: 9581 4867



School Uniform Price Update

Please see a new pricelist, effective 01 November 2023.

[Download](#)



2024 Fee Schedule

Please click on the link for the 2024 Fee Schedule

[Download](#)



St Joseph's Concessional Fee Policy

[Download](#)



Credit card authority form

Credit card authority form is for the payment of school fees. Please fill in and return to the school office if you wish for us to make the payment arrangement on your behalf

[Download](#)



Direct debit form

Direct debit form is for the electronic transfer of funds from your cheque or savings account for the payment of school fees

[Download](#)

Kingston Before and After School Care program

SCHOOL HOLIDAY PROGRAM

SOUTHMOOR PRIMARY SCHOOL
21 Dec 2023 to 25 Jan 2024

CHELSEA PRIMARY SCHOOL
2 Jan 2024 to 25 Jan 2024

City of KINGSTON

ENROLMENTS now open!

Community News

Evergreen Christmas Trees

25th November Opening weekend
Freshly Cut

SUPPORT YOUR SCHOOL BY PRESENTING THIS

CODE: BBQ Egg and Bacon rolls
Chelsea rotary club

COME DOWN AND PICK YOUR TREE

SHARE WITH FRIENDS AND FAMILY
10% OF TREE SALES GO TO THE SCHOOL

RIVEREND RD

2023 Term Dates

Red indicates a change from last week

Term 4 Tuesday 3rd October - Friday 15th December 2023

Week 9

Wed 29th Nov - Fri 8th Dec Swimming Foundation - Year 4

Fri 1st Dec Yr 5/6 sport vs Bonbeach

Week 10

Sun 3rd Dec 5-7pm Carols celebration and BBQ at St Josephs, 1st Sunday of Advent

Mon 4th Dec - Wed 6th Dec and Fri 8th Dec Lifesaving Year 5/6

Thur 7th Dec St Bede's Orientation Year 7 2024, Marine Ambassadors Excursion

Sun 10th Dec Year 6 Disco 6-9pm in the school hall, 5-9pm InterChurch District Council Christmas Carols

Week 11

Mon 11th Dec Reports and class lists to be distributed electronically

Tues 12th Dec 1pm end of year Celebration School Mass, Parent thankyou afternoon tea 2-3pm - All welcome to attend Mass and afternoon tea.

Wed 13th Dec 9am Meet your Teacher for 2024, 2.30pm Graduation Assembly and Farewell teachers leaving

Thur 14th Dec Foundation, Yr 1/2 excursion, Year 6 Big Day Out, 2.30pm Assembly-Orange Tree Music, 6pm Graduation Mass, 6.50pm Dinner and 7.30pm Presentations

Fri 15th Dec 1pm end of term 4.

2024 TERM DATES

Term 1 - Tues 30th January - Thur 29th March

Term 2 - Mon 15th April - Fri 28th June

Term 3 - Mon 15th July - Fri 20th September

Term 4 - Mon 7th October - Wed 18th December